



**SCHOOL OF HEALTH, PHYSICAL  
EDUCATION, AND RECREATION**

**INDIANA UNIVERSITY**

# Athletic Training Non-teaching

**B.S. in Kinesiology degree (124 credit hours)**

**Department of Kinesiology**

Application required for admission. 2.0 GPA required for graduation.  
Effective for students matriculating fall 2006 (revised 2008)

## Major (70 Credit Hours)

**SKILL / THEORY COURSES (70 credit hours)**

*A C or higher grade is required in each skill/theory course*

**Required:**

- \_\_\_ 1 HPER-A 269 Preceptorial in Athletic Training I\*
  - \_\_\_ 1 HPER-A 270 Preceptorial in Athletic Training II\*\*
  - \_\_\_ 3 HPER-A 279 Recog & Eval-Lower Extrem Injury in Physically Active\*
  - \_\_\_ 3 HPER-A 281 Recog & Eval-Upper Extrem Injury in Phys Active\*\*
  - \_\_\_ 3 HPER-A 282 Strapping & Bandaging of the Physically Active\*
  - \_\_\_ 2 HPER-A 283 General Medical Issues in Athletic Training\*\*
  - \_\_\_ 2 HPER-A 381 Laboratory Practice in Athletic Training I\*
  - \_\_\_ 2 HPER-A 382 Laboratory Practice in Athletic Training II\*
  - \_\_\_ 3 HPER-A 383 Principles & Techniques of Therapeutic Modalities\*
  - \_\_\_ 3 HPER-A 384 Principles & Techniques of Therapeutic Exercise\*\*
  - \_\_\_ 1 HPER-A 481 Laboratory Practice in Athletic Training III\*
  - \_\_\_ 1 HPER-A 482 Laboratory Practice in Athletic Training IV\*\*
  - \_\_\_ 3 HPER-A 490 Organization & Administration of Athletic Training\*\*
  - \_\_\_ 1 HPER-A 491 Senior Seminar in Athletic Training\*
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- \_\_\_ 3 HPER-H 160 First Aid and Emergency Care (B minimum)
  - \_\_\_ 3 HPER-H 263 Personal Health
  - \_\_\_ 1 HPER-H 404 Emergency Medical Technician Laboratory
  - \_\_\_ 3 HPER-H 401 Emergency Medical Technician
  - \_\_\_ 3 HPER-N 231 Human Nutrition
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- \_\_\_ 3 HPER-P 212 Introduction to Exercise Science
  - \_\_\_ 2 HPER-P 280 Principles of Athl Training & Emerg Care (B minimum)
  - \_\_\_ 2 HPER-P 316 Theories of Advanced Conditioning
  - \_\_\_ 3 HPER-P 391 Biomechanics
  - \_\_\_ 3 HPER-P 405 Introduction to Sport Psychology
  - \_\_\_ 3 HPER-P 409 Basic Phys of Exercise(P: ANAT-A 215 & P215)
  - \_\_\_ 3 HPER-P 452 Motor Learning
  - \_\_\_ 3 HPER-P 488 AT Assmnt & Adapt for Indiv w/ Physical Disabilities\*
  - \_\_\_ 3 HPER-P 490 Motor Development & Learning\*

**Select one (1) of the following:**

- \_\_\_ 3 BUS-K 201 The Computer in Business
- \_\_\_ 3 CSCI-A 110 Introduction to Computers and Computing
- \_\_\_ 3 HPER-P 200 Microcomputer Application in Physical Education
- \_\_\_ 3 HPER-R 237 Computers in Park, Recreation, & Tourism Mngt

\* Generally fall only

\*\* Generally spring only

## General Education (48 – 50 Credit Hours)

**HUMANITIES (12 credit hours)**

- \_\_\_ 3 CMCL-C 121 Public Speaking
- \_\_\_ 3 ENG-W 131 Elementary Composition 1 (C- minimum)

**Select 6 credit hours from the following:**

- \_\_\_ 3 CMCL-C 223 Business and Prof Communication
- \_\_\_ 3 CMCL-C324 Persuasion
- \_\_\_ 3 ENG-W 103 Introduction to Creative Writing
- \_\_\_ 3 ENG-W 231 Professional Writing Skills
- \_\_\_ 3 ENG-W 240 Community Service Writing\*
- \_\_\_ 3 ENG-W 270 Argumentative Writing
- \_\_\_ 3 ENG-W 350 Advanced Expository Writing
- \_\_\_ 3 Any course designated as Intensive Writing:

**LIFE & PHYSICAL SCIENCES (24 – 26 credit hours)**

- \_\_\_ 5 ANAT A215 Basic Human Anatomy (C minimum)
- \_\_\_ 3 CHEM-C 101 Elementary Chemistry I
- \_\_\_ 2 CHEM-C 121 Elementary Chemistry Laboratory I
- \_\_\_ 5 PHSL-P 215 Basic Human Physiology
- \_\_\_ 5 PHYS-P 201 General Physics I

**Select four to six (4-6) credit hours from the following:**

- \_\_\_ 3 BIOL-L 111 Evolution and Diversity **AND**
- \_\_\_ 3 BIOL-L 112 Biological Mechanisms

**OR**

- \_\_\_ 3 CHEM-C 102 Elementary Chemistry 2\*\* **AND**
- \_\_\_ 2 CHEM-C 122 Elementary Chemistry Laboratory 2\*\*

**OR**

- \_\_\_ 3 MATH-M 119 Brief Survey of Calculus 1 **AND**
- \_\_\_ 3 MATH-M 120 Brief Survey of Calculus 2

**OR**

- \_\_\_ 3 MATH-M 119 Brief Survey of Calculus 1 **AND**
- \_\_\_ 1 MATH-X 201 Transition to Calculus II

**OR**

- \_\_\_ 4 MATH-M 211 Calculus 1

**OR**

- \_\_\_ 5 PHYS-P 202 General Physics 2

**SOCIAL & BEHAVIORAL SCIENCES (12 credit hours)**

- \_\_\_ 3 PSY-K 300 Statistical Techniques **OR**  
SPEA-K 300 Statistical Techniques
- \_\_\_ 3 PSY-P 101 Introductory Psychology 1
- \_\_\_ 3 SOC-S 100 Introduction to Sociology

**Select one (1) of the following:**

- \_\_\_ 3 SOC or POLS Any sociology or political science course

- Recommended Free Electives (4-6 credit hours)
- 2 CLAS-C 209 Medical Terms from Greek & Latin
  - 3 CMCL-C 122 Interpersonal Communication
  - 3 HPER-H 180 Stress Prevention and Management
  - 3 HPER-H 305 Women's Health
  - 3 HPER-H 306 Men's Health
  - 3 HPER-H 350 Complementary and Alternative Approaches to Health\*
  - 3 HPER-P 416 Fitness Management
  - 3 HPER-R 441 Legal Aspects of Recreation
  - 3 PSY-P 303 Health Psychology
  - 3 PSY-P 350 Human Factors / Ergonomics\*\*
  - 3 SPEA-H 320 Health Systems Administration

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## REQUIREMENTS FOR ADMISSION TO THE ATHLETIC TRAINING PROGRAM

Admission to the Athletic Training program is limited. Interested students must apply and be accepted by a screening committee. Career goals, previous athletic training experience and scholastic record are all considered during the screening procedure. Students should make application by April 1 in the spring semester of their freshman year. Notification of acceptance will be made by July 1.

Admittance to the Athletic Training program including:

1. Formal application to the program including:
  - three letters of recommendation
  - biographical sketch
  - current transcript (transfer students only)
  - completion of the Athletic Training Application form
  - completion of the Technical Standards for Admission form. See the form at: [www.indiana.edu/~kines/undergraduate/training.shtml](http://www.indiana.edu/~kines/undergraduate/training.shtml)
  - completion of Athletic Training Experience–Hour Verification and Basic Athletic Training Proficiency Skills forms. See forms A and B at [www.indiana.edu/~kines/undergraduate/training.shtml](http://www.indiana.edu/~kines/undergraduate/training.shtml)
  - completion of Limited Criminal History Background Check from State Police (in state of permanent residence). A small fee may be associated with this as determined by state police policies.
2. Interview with athletic training admissions committee
3. Completion of HPER-H 160 and HPER-P 280 with a minimum B grade
4. Completion of ANAT-A 215 with a minimum C grade
5. University overall GPA of 2.50 or higher

*Note: Transfer students must also meet the above requirements. See further details relative to transfer students on the Observation Experience form. Please also check Office of Admissions website for deadlines for admissions application.*

*Admission to the undergraduate Athletic Training Program is determined by the following criteria:*

1. Overall GPA and grade in the three required courses (35 percent)
2. Letters of recommendation and application (20 percent)
3. Interview (45 percent)

The relative weight of these criteria may be adjusted from time to time at the reasonable discretion of the program director. However, such changes will be identified in the application materials so that all applicants will be aware of the weight of the selection criteria when they make apply to the program. A selection committee that includes at least one Board of Certification (BOC) certified member determines admission to the program.

Visit the Kinesiology website at [www.indiana.edu/~kines](http://www.indiana.edu/~kines)

SCHOOL OF HEALTH, PHYSICAL EDUCATION, AND RECREATION  
DEPARTMENT OF KINESIOLOGY—ATHLETIC TRAINING

The suggested plan below shows how you might sequence courses to allow for completion of the degree in a four-year period. There is very little flexibility within this plan. Students should be careful to not exceed the 4 credit hours of free electives. Planning for correct sequencing of course work is extremely important in this major. Students should meet with an advisor at least once each semester to plan their curriculum. Students interested in high school teaching/AT should consider the 5-year option. See your advisor.

Advising Plan

<p>—Freshman year</p> <p>Complete 30 credit hours by the beginning of the third semester. Apply for admission by April 1 of freshman year. Since application/ admission occurs once each year, students who are not admitted by the beginning of the sophomore year cannot complete the required course sequencing four years. Get application in HPER 115 no later than February . Recommendation and observation forms are attached to the application and must be returned by April 1.</p>	<p>Complete courses listed in the right column. To qualify for application to the program, students must have a minimum overall grade point average of 2.5 and 26 or more credit hours completed, including three prerequisite courses.</p> <p>◆ Required prior to admission.                  ■ A grade of C or higher is required for admission                  ▲ A grade of B or higher is required for admission                  Beginning Fall 2006, all HPER Skill Theory courses must be completed with a full C grade</p>	<p>Suggested sequencing:</p> <p>HPER-P 212                      ANAT-A 215◆ ■                  ENG-W 131 (C- min)        CMCL-C 121                  HPER-H 160◆▲              HPER-H 263                  CHEM-C 101 &amp; C 121        PSY-P 101                     HPER-P 280◆▲</p> <p>● Apply for admission by April 1</p>
<p>—Sophomore year</p> <p>Complete 31 credit hours (or complete a total of 61-62 credit hours by the beginning of the fifth semester).</p>	<p>Complete courses listed in the right column. HPER-A athletic training courses are restricted to students admitted to the program. Students must be accepted into the Athletic Training Program by the beginning of the sophomore year or third semester to complete the major in four years.</p> <p>@ See TAB sheet or bulletin for options.                  ~ Fall only                      ^ Spring only</p>	<p>Suggested sequencing:</p> <p>HPER-H 401/404 (4 cr.)        PHSL-P 215                  HPER-P 200 (or equiv)@        HPER-A 270^ (1cr.)                  HPER-A 269~(1 cr.)              HPER-A 281^                  HPER-A 279~                      HPER-A 283^(2 cr.)                  HPER-A 282~                      SOC-S 100 or S 101                  Free Elective (2-3 cr.)        HPER-P 316 (2 cr.)</p>
<p>—Junior year</p> <p>Complete 32-33 credit hours (or complete a total of 93-94 credit hours by the beginning of the seventh semester).</p>	<p>Complete courses listed in the right column.</p> <p>The order of physics and the Life/Physical Science elective may be switched depending on course choices and time constraints (see spring semester sophomore year).</p> <p>@ See TAB sheet or bulletin for options.                  ~ Fall only                      ^ Spring only</p>	<p>Suggested sequencing:</p> <p>PHYS-P 201                      Life/Physl Sci (4-5)                  HPER-A 381~ (2 cr.)              HPER-A 382^ (2 cr.)                  HPER-A 383~ (2 cr.)              HPER-A 384^                  HPER- N 231                      HPER-P 452                  PSY-K 300@                      Humanities Elective@</p>
<p>—Senior year</p> <p>Complete 30-31 credit hours (or complete a minimum of 124 credit hours).</p>	<p>Complete courses listed in the right column.</p> <p>Careful sequencing of courses is critical since several courses are offered only fall or spring semester.</p> <p>@ See TAB sheet or bulletin for options.                  ~ Fall only                      ^ Spring only</p>	<p>Suggested sequencing:</p> <p>HPER-A 481 (1 cr.)              HPER-A 482 (1 cr.)                  HPER-A 491~ (1 cr.)              HPER-A 490^                  HPER-P 409                      Humanities Elective@                  HPER-P 488~                      HPER-P 405                  HPER-P 490~                      HPER-P 391                  Social/Beh Science@              Free Elective                  Free Elective (1-2)</p> <p>Must have a total of 124 credit hours</p>