



# Coaching Minor (20 Credit Hours)

## Department of Kinesiology

Effective for students matriculating fall 2004 (revised 2006)  
2.0 minimum cumulative minor GPA required. No Pass/Fail.

### I. REQUIRED CORE COURSES (10 credit hours)

___	2	HPER-P 280	Principles of Athletic Training and Emergency Care
___	3	HPER-P 335	Theories of Conditioning for Coaching ( <i>Limited to coaching minor students or permission of instructor</i> )
___	3	HPER-P 435	Philosophical Foundations of Coaching ( <i>Limited to coaching minor students or permission of instructor</i> )
___	2	HPER-P 455	Practicum in Coaching (includes weekly seminar) ( <i>Junior/Senior standing and admission to the coaching minor</i> )

### II. COACHING COURSES

Select 4 credit hours from the following:

___	2	HPER-A 361	Coaching of Football (spring only)
___	2	HPER-A 362	Coaching of Basketball (fall only)
___	2	HPER-A 363	Coaching of Baseball (fall only)
___	2	HPER-A 364	Coaching of Track and Field (fall only)
___	2	HPER-A 367	Coaching of Swimming and Diving
___	2	HPER-A 368	Coaching of Tennis (spring only)
___	2	HPER-A 370	Coaching of Soccer (spring only)
___	2	HPER-A 371	Coaching of Volleyball (fall only)
___	1	HPER-A 483	Sports Officiating (usually basketball, track and field, or softball)
___	2	HPER-E 220	Training Theories for Endurance Events
___	2	HPER-P 317	Theory and Practice of Resistance Training

### III. SPECIALIZED ELECTIVES

Select 6 credit hours from the following:

___	3	HPER-N 231	Human Nutrition ( <i>P: CHEM-C 101 and BIO-L 100 or equivalent</i> )
___	3	HPER-P 212	Introduction to Exercise Science
___	3	HPER-P 205	Structural Kinesiology
___	3	HPER-P 391	Biomechanics
___	3	HPER-P 405	Introduction to Sport Psychology
___	3	HPER-P 409	Basic Physiology of Exercise ( <i>P: PHSL-P 215</i> )
___	3	HPER-P 452	Motor Learning

- ◆ Proof of CPR certification required.
- ◆ First Aid and AED Essentials certification strongly recommended.

**Note:** It is the student's responsibility to check with their school/degree unit to determine whether this minor may be *officially* recorded on the transcript. The various schools on the Bloomington campus may limit the number of hours outside their school that will count toward a degree. Students should check with an advisor in *their school* for information about minor rules.

Student \_\_\_\_\_

Last name

First name

10-digit ID number