Support Group for persons with Parkinson’s Disease

**WHO?**
The Indiana University, YMCA and Bell Trace Retirement Community have teamed up to provide a Support Group for adults with Parkinson’s Disease and their spouses or caregivers who are motivated to work toward improving communication effectiveness. The goals of this group are to improve vocal intensity and speech intelligibility through the implementation of speech exercises; this group also provides education on a wide variety of topics of interest to persons with Parkinson’s Disease, as well as opportunities for sharing information with each other within a facilitated presentation and discussion format.

Spouses or other caregivers are also welcome and encouraged to attend.

Group sessions are supervised by Julia Rademacher, M.A., CCC-SLP, Clinical Assistant Professor, with the assistance of graduate students in the IU Speech and Hearing Sciences program.

**WHEN?**
Biweekly group meetings are held during the Fall, Spring and Summer university semesters. Meetings are held on the first and fourth Friday of every month from 1:30-2:30.

**WHERE?**
Group meetings on the first Friday of the month are held at the Bloomington YMCA Family Fitness Center on S. Highland, Conference Room A. Meetings on the fourth Friday are held at Bell Trace in the Community Room.

To obtain more information or to refer individuals for group participation please call the YMCA at (812) 332-5555, or call Julia Rademacher at 856-4727. Individual therapy sessions are also offered at the IU Speech and Hearing Clinic. To obtain more information, or to refer individuals for therapy, please call the IU Speech and Hearing Clinic at (812) 855-6251, or call Julia directly at 856-4727.