

AHS Pulse

Applied Health Science Newsletter

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SPRING 2009

inside this issue...

From the Chair	2
Q&A with the Chair	3
School News	4
Department News	2 - 6
Faculty News	7
Center News	7 - 9
Student News	9 - 11

AHS Pulse

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10

With this issue we celebrate our first decade in print. We will look back at some of the highlights featured here and forward to the future of our department. Please join us!

See the Q & A with Dr. Mohammad Torabi on p. 3.

Editor

Harriet Castrataro

Faculty

Dr. Zobeida Bonilla-Vega
Dr. Fernando Ona
Dr. William Yarber

Staff

Desiree Goetze
Mary Winburn

Student

Martina Samm

Photographer

Ifeng Jeng

- 2003 PhD program ranked #1 among non-schools of public health; MPH program receives maximum 7 year accreditation
- 2005 Center for Minority Health established
- 2006 Industrial Hygiene Laboratory established; Travel Study to Asia offered
- 2007 Center for Sexual Health Promotion established
- 2008 Heartland Safety and Health Education Center (OSHA) established

	1999	2009
Faculty	18	37
Undergrads	288	533
Masters	44	104
Ph.Ds	17	48
Grants	\$1.66M	\$2.84M

“Simply put, our Department became the birthplace for the development of a School of Public Health.”

Dr. Mohammad Torabi

(See HPER Developments on p. 4)


**DEPARTMENT OF
APPLIED HEALTH SCIENCE**
INDIANA UNIVERSITY
School of Health, Physical Education, and Recreation
Bloomington

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Department News

From the Chair...

Greetings to all students, alumni, and friends of the Department of Applied Health Science.

We have had another excellent academic year due to the hard work of our outstanding faculty, staff, and students. The success of our Department is also due, to a great extent, to the strong support from Dean Robert Goodman, Executive Associate Dean Jerry Wilkerson, and Associate Dean David Kocejka.

We are currently advertising for two faculty positions: Epidemiology, with emphasis on chronic disease/injury prevention; and Director, Center for Minority Health.

During 2008, our faculty made 121 research presentations, and 60 Pedagogical presentations; authored 62 research publications and 14 pedagogical publications. An additional 60 research articles were accepted (in press) for publication.

Grants total over \$2.8 million dollars this year focusing in the areas of tobacco and other drugs, alcohol, nutrition, HIV/AIDS, community building through healthy living, sexual health, and other areas.

We have 533 undergraduate majors (including undergraduate majors in our safety program at IU Southeast), over 100 majors in our masters programs, and 48 doctoral students. Our HPER annual report indicated our undergraduate minority enrollment went from 10% to 14% and our graduate

minority enrollment went from 34% to 38% over the past year. Additionally, we had three top undergraduate students admitted to Physician's Assistant programs this spring.

Our Master of Public Health re-accreditation self-study document has been submitted to the Council on Public Health Education, the accrediting agency. The site visit will be conducted in the fall of 2009.

We have had successful travel study courses for several years. The travel study course for the summer of 2009 included visits to South Korea, China, and Thailand under the direction of Dr. Noy Kay.

Our Centers continue to play a major role in contributing to our mission. Dr. Michael Reece serves as Director of our Center for Sexual Health Promotion; Dr. William Yarber as Director of our Rural Center for AIDS/STD Prevention; Dr. Ruth Gassman and Dr. Barbara Seitz have expanded the mission of the Indiana Prevention Resource Center; Dr. Earl Blair has served as Interim Director of our Heartland OSHA Safety and Health Education Center.

A record number of our majors received scholarships, fellowships, awards, and recognition: 37 undergraduate majors and 22 graduate students.

The above are but a few of the highlights this past year. I hope you are healthy and please do not hesitate to contact me if I can assist you in any way. Please stay in touch.

Mohammad R. Torabi, Ph.D.
Chairperson, Department of
Applied Health Science

Dr. Donald Ludwig 1914-2009

Donald James Ludwig, 95, Indiana University Professor Emeritus in the school of Health, Physical Education, and Recreation and the third Chair of our Department, died peacefully at his home on Friday, June 12. Dr. Ludwig was appointed Chair of the Health and Safety Department (now Applied Health Science) in 1970 and served as Chair until his 65th birthday in 1979. We will sincerely miss Dr. Ludwig,



Dr. Torabi and Dr. Donald Ludwig

who has been a stalwart supporter of our Department for many years. He has served as a mentor to students, faculty and staff alike, and along with his wife Lois, he has attended many AHS and HPER events.

Born April 25, 1914 in Amherst, Ohio, he was the younger of two sons of John Henry and Armina Baumhardt Ludwig. He graduated from Oberlin College and earned a Master of Arts degree in Health and Physical Education in 1941 at Columbia University. During this time he also was Sportsmaster at the Boys Choir School of Saint Thomas Episcopal Church in New York City.

Dr. Ludwig served in the Army Air Corps from 1942 to 1946 in Australia and the Philippines as Sergeant Major in the 49th Air Depot Group. Shortly thereafter, he met Lois Summer, a first year high school teacher from Tiffin, Ohio. They were married June 13, 1948. In 1949, he enrolled in the doctoral program of the School of Health, Physical Education, and Recreation at Indiana University-Bloomington.

With stints as a graduate assistant and associate instructor, he completed his Doctor of Health and Safety Education (HSD) degree in 1953 and was appointed assistant professor. He was promoted to Associate Professor in 1959 and Professor in 1966. In addition to his regular duties at the Bloomington Campus, he taught graduate courses through I.U.'s Extension Service in Gary, South Bend, Indianapolis, Richmond, Jeffersonville and Evansville. He was the recipient of the Standard Oil Outstanding Teacher Award at the I.U. Founder's Day ceremonies in 1969. In 1977, the American

cont., pg. 4

Q & A With the Chair...



Q: What are some of the highlights of the last ten years for you?

A: The most important highlight has been the expansion and recruitment of highly respected and qualified faculty in all of our units, especially in our public health area. Literally, the number of FTE faculty has increased by 100% which includes tenured, tenure track, clinical, and lecturers. I believe our Department is one of the most diversified departments on the Bloomington campus. Currently our Department has five minority faculty, ranging from African American, American Indian, to Hispanic American. Our number of undergraduate majors has increased to over 500, our masters students over 100, and Ph.D. students approaching 50. This is a record number in the history of our Department. Additionally, our faculty teach a large number of outreach courses (elective courses throughout the campus), generating nearly 38,000 credit hours per year.

Three new Centers have been added to the auxiliary Centers of our Department, Center for Sexual Health Promotion, Center for Minority Health, and the Heartland Safety and Health Education Center (OSHA). Our Department has also expanded into global health as well as added a gerontology minor to our public health program. Our MPH program was accredited for the longest possible period.

Our Newsletter, *AHS Pulse*, is celebrating its 10th anniversary under the Editorship of Harriet Castrataro. The Department was one of the first in the School to develop electronic and printed marketing materials. Simply put, our Department became the birthplace for the development of a School of Public Health.

Q: What technological developments or breakthroughs of the 21st century have impacted Public Health and higher education the most?

A: The advancement of information technology and internet undeniably has had an impact on public health in the

last few decades, and especially has accelerated during the past two decades. People acquire information, and sometimes not necessarily right information, through the internet. The University, including our Department, has offered on-line courses that attract students from all over the world. Accountability for the University has become increasingly important as the state's level of appropriation has decreased across the nation. Nevertheless, we are fortunate that our state has been relatively more supportive of higher education than some other states.

Q: What areas in our Department and in Public Health do you see expanding within the next 10 years?

A: I believe the School of HPER will flourish as a School of Public Health, and I believe our area will be expanding and a great deal of interdisciplinary research will take place. Of course, there are areas that are mandated by the Council on Education for Public Health that require a minimum number of core faculty. I believe because of our strong history in social and behavioral health, that unit will remain one of the strongest units in the future of our School

Q: How has our Department worked together with other departments in HPER and with other units at IUB and other campuses? What joint endeavors would you like to see in the future?

A: Some of our faculty work with various Departments within the School and the Bloomington Campus as well as the IU-PUI Campus. For example, some of our faculty work very closely with the Kinsey Institute and the IU School of Medicine. Also, our faculty have worked with Kinesiology faculty as well as faculty in the Department of Recreations, Park, and Tourism Studies on various research and grant opportunities as well as with faculty in the Department of Psychology on the IU-Bloomington Campus. Within the future School of Public Health, I see even more interdisciplinary research being done with colleagues across all units within the School, at the University level, and various communities.



Q: What is the place of research in Public Health?

A: Research is the backbone of our profession and research plays a critical role in public health. By the same token, our Department historically has been very strong in teaching. In my judgment, teaching and research go hand in hand. As it has been said, and I'm paraphrasing from an unknown source, "research to teaching is like sin is to confession." So, if you do not commit one, you don't have anything to confess. The State of Indiana is one of the last states in the union with the lowest public health infrastructure and lowest federal funding for public health research and intervention. Research in public health truly is not only interdisciplinary, but also is applied. In other words, its impact will make a difference in the health, wealth, and well being of our students, faculty, and our fellow citizens in the State of Indiana and beyond.

Department Website:

www.indiana.edu/~aphealth

Department Phone:

812-855-3627



Dr. Ludwig, cont.

Medical Association presented him with the School Bell Award for six consecutive years as a consultant for the Conference on Physicians and Schools.

Dr. Ludwig chaired 90 doctoral dissertation committees and served as a member of 160 others, which according to Eta Sigma Gamma, gave him the distinction at the time of his retirement of being Academic advisor to more leaders in the field of Health Education than any other person in the country. Respected for his practical, down-to-earth approach to teaching mixed with a bit of humor, he welcomed students needing academic counsel by maintaining an “open door” policy.

In addition to serving on many professional, community and health-based organizations, Dr. Ludwig has been a season ticket holder for I.U. football and men’s basketball since 1949. He was honored by the I.U. Athletic Department for working more than two decades as an NCAA statistician for home football games and worked as an official timer at I.U. track and field and cross country meets as well as Big Ten Championships, Pan Am Games, the 1988 Olympic Trials and the Indiana High School State track and field meets. He was the first recipient of I.U.’s “Track Official of the Year” award in 1983. We will miss Dr. Ludwig’s vision, leadership and loyalty, and we are grateful for all his contributions to our Department and our School.



Dr. Zobeida Bonilla-Vega and Dr. Donald Ludwig

HPER Developments



“Grow...Move...Change” was the theme for HPER’s 60th year celebration in 2006. Since that time we have indeed been following our own motto. We have grown from about 2000 students to about 3000. HPER is the third largest school on campus. We are bursting at the seams with our current classroom space, office space and student service space. Distance education programs are expanding, and global programs are becoming more of a centerpiece. This year we formalized research exchanges with peer institutions in China, Taiwan, Hong Kong, the Dominican Republic, and Turkey.

In the very near future, we will expand by building an addition in the HPER courtyard which will house a new student center, a 200 seat classroom, and space for our various centers.

The other big news involves the direction our School is heading. On May 5, President Michael McRobbie announced a plan to create two new schools of public health – one at IU-Bloomington and another at IU-Purdue University Indianapolis. The Bloomington school of public health will be based in the current school of HPER. The schools will each have a different focus-- rural health for IUB and urban health for IUPUI.

Dean Goodman has said that Indiana and all Hoosiers will benefit by having these schools of public health. Indiana is the 50th of all states to receive funding for public health and also the 50th state with professionals trained in public health schools. He emphasizes that we will not lose what we have in all our current departments; rather we will integrate all our programs and “morph” into a smart, viable school of public health that will become a leader for 21st century schools of public health.

Dean Goodman’s goal is to present a plan for the Board of Trustee’s approval by early 2010. The proposal will include the name change, and if the board approves, IUB will indeed have a school of public health. From that point the school will have two years to achieve the accreditation standards set by the Council on Education for Public Health. Keep watching as we evolve. We promise to keep you posted on these exciting events.

Department News



Applied Health Science Angels of the Year



Debbie Szemcsak

With this issue we pay tribute to Debbie Szemcsak whom Dr. Torabi named as an AHS Angel of the Year for 2009. Debbie is HPER's Assistant Director of Student Services. She has 23 years of service at the University, all of them in the School of HPER.

Debbie serves as the graduate recorder and director of the graduate application process, as well as being the data supervisor for the School of HPER; she also supervises Records Office staff. In addition, she evaluates prescription of courses for Ph.D. students, troubleshooting any potential problems; verifies eligibility of graduate students to move onto different levels within their degree program; certifies degrees for HPER Master's students; approves HPER grade changes and serves as liaison to the Registrar's Office regarding final grade reporting. Finally, she is in charge of programming for the School's 20 master's degree programs. As you can see she is a key person for all our HPER Record operations.

On a daily basis, Debbie answers numerous questions, offers advice, and resolves issues in regard to the graduate application and admission process, the requirements for degree completion, course registration, Ph.D. course prescription, and the School of HPER, Registrar and Graduate School rules and regulations in general. She is the go-to person with the answers for so many of us.

Dr. Torabi named Debbie as an "Angel of the Year" especially for her expertise and care in helping international students who matriculate into our graduate programs and also for her help with the MPH accreditation report. Debbie's competence and cheer make all the record and data responsibilities in our department go smoothly. We thank you so much, Debbie, for your attention to detail and your constant help.



Mike Grannan

Our second Angel of the year is Mike Grannan, and he is HPER's Assistant Director for Facility Support. He has been with Recreational Sports and the School of HPER since 1997 and with IU since 1987.

Mike's typical day involves lots of inspections, communications, and project evaluation. He handles a majority of the interaction between the IU Physical Plant craft shops and the repairs and service needs for our facility infrastructure operating systems (heating and cooling, electrical, plumbing, electronic, and security matters). Mike serves a quality control role as well in reviewing all repair and service requests that are sent to HPER, and this keeps him abreast of the general flow of the work and corrective action taken.

Mike's interaction with AHS is resolving and following up on requests initiated by our Department as well as stopping in the offices to experience a smile and a hello when he is near the offices or sees AHS personnel in the hallways on his rounds.

Dr. Torabi named him as an "Angel of the Year" for our Department for his excellent service as oversight coordinator on some of our requests and projects. Mike says, "My role is to ensure stewardship of the facilities and ensure that the requestors receive the product and services they need as efficiently and economically as I can

in this environment. It is also my role to ensure compliance with policies and procedures in this process. I provide recommendations to achieve the best end result and reports on the progress of the requests. It is my hope that these reports, notes, and updates provide timely information to keep the requestors and departments up to speed on the requests that they have made."

When asked what he likes about his job, Mike says, "My role allows me the opportunity to learn something new nearly every day. It provides me with opportunities to meet and interact with a variety of fascinating and brilliant individuals within the university and the departments. This too, allows opportunities for me to learn and experience new thoughts, ideas, and concepts... I am honored to be recognized by Applied Health Science, and I hope that I can assist the School, the Department, and Dr. Torabi for many years to come." We are so pleased to have hard-working and responsive individuals like Mike to keep our physical environment and operations tip top!



New Course Offers Students A Global View of Health Issues

By Martina Samm

In line with the School of HPER's plans to study international issues and global public health, a new course was offered this spring to IU graduate students. Global Health and Social Justice, HPER-C 617, offered through the Department of Applied Health Science, examines the many facets of global health. It focuses on the most serious health problems throughout the world with special emphasis on the southern hemisphere.

The idea was formed nearly a year ago and is the shared effort of Dr. Zobeida Bonilla-Vega, PhD, MPH and Dr. Fernando Ona, PhD, MPH. Assisting Bonilla-Vega and Ona for the class were Bernadette de Leon, HPER Director of Technical Services, and Dr. Paul Edwards. The specific expertise and cultural perspective of each instructor gave students a better understanding of the complexities involved in addressing global health issues.

Bonilla-Vega and Ona designed a curriculum that covered the basic theoretical principles and practices in public health from a global point of view. The course was designed to complement the International Health and Social Issues class instructed by Dr. Noy Kay. The Center for International Studies at Indiana University in Bloomington funded the development of course objectives and class syllabus.

The objective was to collaborate and interact with universities on six continents with classes being conducted at the same time, linked through videoconferencing. This proved to be challenging due to logistical, operational, as well as, financial reasons. Bonilla-Vega explained, "We established the connections but the involve-

ment of the other universities was more difficult...they have the level of technology but...inconsistent access due to fi-



Dr. Zobeida Bonilla-Vega and Dr. Fernando Ona

nancial reasons." Actual live interaction was accomplished with the University of Puerto Rico and varying levels of interaction with universities in Ghana, the Dominican Republic, the Philippines, Turkey and China. Our students were able to talk with on site students and educators involved in public health programs in these countries.

The class consisted of weekly readings and case studies on a specific health issue such as reproductive, maternal and child health, malnutrition, chronic and infectious diseases, mental and environmental health, policies affecting public health and global health research. Students were expected to lead and engage in weekly discussions and provide online reflections. Ona stated, "The course followed primarily the public health core competencies and the emerging issues affecting the core competencies in public health."

The evaluation of the results will provide ideas to help refine and improve the class before it is offered in the spring of 2010.

Currently, a separate lab component utilizing the Global Information System or GIS is being considered. This will allow students to create maps around a particular health issue in a specific geographical location. A webpage is also being developed as a way to assess and improve what the students learn.

There were challenges but more importantly, progress was made. Bonilla-Vega said, "Reaching out and connecting with these other countries allowed us to see other solutions, other paths

toward the goal." Student participation and enthusiasm confirmed a successful starting point. Ona added, "We all worked together to share our expertise, to incorporate all of our disciplines under one umbrella but on the scale of the globe." The multi-layered disciplines and differences involved prove that an interactive global classroom is needed in order to create viable solutions to the most pressing global health problems.



Martina Samm, Dr. Bonilla-Vega, and Dr. Ona

Faculty and Center News

Staff and Faculty News

Dr. Trent Applegate and **Dr. Jeanie Alter** are part of the American School Health Association's Future Leaders Academy.

Dr. Zobeida Bonilla-Vega and **Dr. Fernando Ona** are co-leading a collaboration of the School of HPER and the Batey Relief Alliance to facilitate activities that are consistent with the mission of the Batey Relief Alliance; with the service, teaching, and research activities of HPER and with the needs of vulnerable communities in the Dominican Republic where BRA conducts its work. BRA is a multidisciplinary initiative, which already involves faculty in the College of Arts and Sciences in addition to departments throughout the School of HPER.

The project is working toward building a network of faculty, volunteers, and students who conduct research and perform medical services in impoverished areas of this Caribbean nation. "It's an opportunity for faculty to conduct action-based research," said Robert M. Goodman, Dean of the School of HPER, "Students can get cross-cultural field lab experience while working on significant public health issues related to poverty."

Ms. Erin Cooperman, JD, AmeriCorps Program Coordinator, has secured an award from the Indiana Commission on Community Service and Volunteerism for \$126,000 to support the AmeriCorps Improving Health throughout Indiana program for the 2009-2010 program year.

Dr. Brian Dodge has been awarded a R21 research grant from the National Institutes of Health (NIH) entitled "Sexual Health Among Bisexual Men" for \$425,000.

Dr. Carole Nowicke assisted with a PBS program entitled *Tuba U: Baso Profundo* which premiered April 26, 2009. Dr. Nowicke has also been invited to speak at the first Chicago Brass Festival with her research partner **John Almeida**.



Dr. Brian Dodge talking with Mary Boutain about her MPH research poster

As the 2008-09 Alliance Scholar, **Dr. Mohammad Torabi** delivered a web presentation on the topic of "Prevention is our Mission: Quality of Life is our Passion," and delivered the National Alliance Scholar Presentation at the American Alliance for Health, Physical Education, Recreation, and Dance National Conference in Tampa, Florida. This presentation entitled, "Tobacco: The Common Enemy and a Gateway Drug," will be published in a national refereed journal. This manuscript is co-authored with **Drs. Mi Kyung Jun, Carole Nowicke, Barbara Seitz, and Ruth Gassman**.

Dr. Torabi was selected as Health Education Commissioner for the International Council for Health, Physical Education, Recreation, Sport and Dance. He also serves as a member of the Executive Board of Directors of this international organization.



Diana Ebling (L), Vickie Van Deventer, Dr. Lloyd Kolbe, and Penny Caudill

Rural Center for AIDS/STD Prevention Conference

By *Dr. William Yarber*

Successful programs for preventing AIDS and other sexually transmitted disease in rural communities nationwide was the focus of Rural Center for AIDS/STD Prevention's sixth national conference conducted at Indiana University, Bloomington, April 16-18, 2009. Over 175 rural HIV/STD prevention specialists from 36 states nationwide attended, making this conference the largest yet. Prevention strategies were discussed relevant to many rural populations affected by HIV/STD including African-American men, men who have sex with men, women who are at high risk for acquiring HIV/STD, and Native Americans.

The inaugural Ryan White Distinguished Leadership Award was presented to his mother, Jeanne White Ginder. The award is in recognition of Ryan White, a rural Indiana youth who contracted HIV in 1984 and died in 1990. Ryan faced discrimination that drew national attention. He was a powerful spokesperson for AIDS research and education. His mother, Jeanne, became a national advocate for HIV/AIDS education and an activist for the rights of persons living with HIV/AIDS

cont., pg. 8

H1N1 Flu Teach-In May 5, 2009



HPER Dean Robert Goodman (L), and Dr. William Yarber, senior director of RCAP present the first Ryan White Distinguished Leadership Award to his mother, Jeanne White Ginder.

Rural Center, cont.

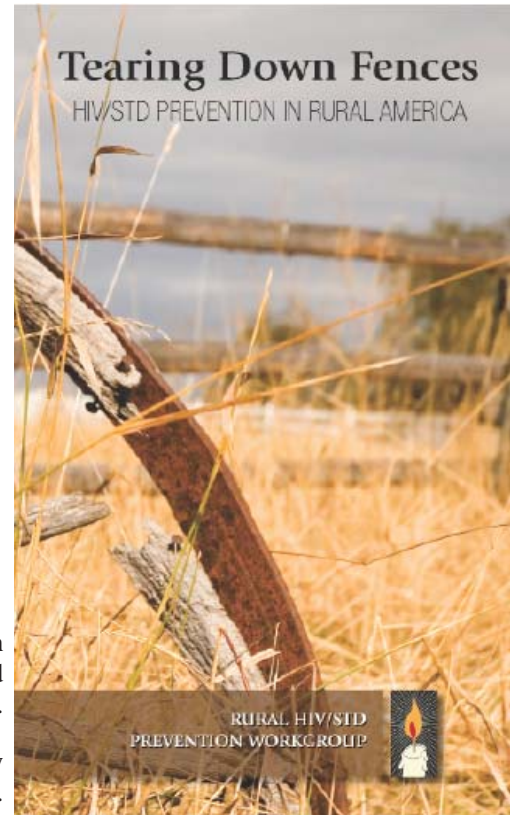
after her son was banned from schools. As Ryan is a rural native son of Indiana, RCAP felt that it is only fitting to name the award for Ryan White and to present the first award to his mother, who continues to be the champion of HIV/STD Prevention.

The Rural Center for AIDS/STD Prevention released a new publication at its national conference in April, 2009, titled *Tearing Down Fences: HIV/STD Prevention in Rural America*. This guide is the first to focus on HIV/STD prevention in rural communities, and reflects the perspectives of the HIV/STD Prevention Work Group as well as other selected rural HIV/STD professionals. Leaders in HIV/STD prevention in rural areas throughout the United States were identified and provided the foundational messages of the guide during a meeting at the RCAP headquarters at Indiana University, Bloomington.

FENCES was sponsored by RCAP and five co-sponsors: National Alliance of State and Territorial AIDS Directors, National Association of People with AIDS, National Coalition of STD Directors, National Minority AIDS Council and the National Rural Health Association. The final document was developed by senior editor and RCAP co-director, Susan Dreisbach on the University of Colorado, Denver.

Co-editors were Richard Crosby and Seth Noar of the University of Kentucky and RCAP senior director, William Yarber.

Copies of FENCES are available by contacting RCAP (aids@indiana.edu). Single and multiple copies for professional HIV/STD staff members, in-service training and conference are also available.



First Issue of *Fences*

ALUMNI NEWS

Dr. Michael Cleary, BS, '76, MS '77, has been appointed Interim Chairperson for the Department of Physical Education at Slippery Rock University. Dr. Cleary is a Professor in the Dept. of Health and Safety and has taught at SRU for 21 years.

Genevieve Hillis, MPH '08, won the Stephen Jay Leadership Award for Improving Public Health in Indiana in Dec. '08.

Jayne Levy, MPH '08 is on the cover of the Spring '09 issue of *B'nai B'rith Magazine*. Jayne is B'nai B'rith International's Assistant Director of Advocacy and Programming. She recently moderated a nutrition workshop at Homecrest House in Silver Spring, MD, and she is also involved with the B'nai B'rith Aging in Place program. While here at IU, Jayne took several gerontology courses, which helped launch her career in aging.





Merrill Hatlen Wins Sharon Stephens Brehm Award



Merrill Hatlen and Dean Richard McKaig
By Desiree Goetze

Merrill Hatlen, Grant Consultant for the Indiana Prevention Resource Center, Department of Applied Health Science in the School of Health, Physical Education, and Recreation received the 6th Annual Brehm Award. The Sharon Stephens Brehm Award is presented annually to a person or program that best exemplifies efforts to reduce underage and dangerous drinking on campus and in the community.

Merrill received numerous nominations. His colleagues commented on his work of reducing underage and dangerous drinking on campus and in the community:

- Merrill has worked to unite the various efforts in the community into a cohesive response to the problem of underage drinking.
- Merrill is an incredible asset to the State of Indiana.
- Merrill is passionate about making a difference, creative in his approach, and has dedicated his life to social service. A gifted grant writer, he has been instrumental in securing \$1.5 million in federal funds for community drug prevention in Indiana.
- Merrill is a state treasure to the ATOD prevention infrastructure in Monroe County and Indiana. His integrity and dedication to improving citizen's lives through multi-tiered ecological approaches to prevention...is second to none.

Upon receiving this award Merrill said, "I'm honored that my peers have chosen me for this award, which I share with my colleagues at the IPRC."



Alumni Panel Members Desiree Goetze (L), Elaine Johnson, and Karyn Valentine speak with students in our H494 Research Class.

Where Our Grads are Headed

AHS graduates find internships and careers in a wide spectrum of organizations. Here are a few reports from our recent grads about their career paths.

Internships

Note: this is a sampling. We actually have about 75 student interns this summer.

Krystal Adams is heading for an Environmental Health and Safety Internship with the Solocup Company in Highland Park, IL.

Kelli Archer will be doing her dietetic internship at University at Buffalo, SUNY.

Krystal Eby is interning at Parkview Hospital in the Marketing Department. She's working on a "Don't Text and Drive" intervention/marketing campaign for the Fort Wayne area.

Tiffany Krueger is working at Schneck Medical Center as an Infant Educator.

Victoria Parry will be going to Ball State this fall for an MS in Dietetics, as well as for her dietetic internship.

Jobs

Jennifer Burke is working as the Wellness Manager for AIT Laboratories in Indianapolis.

Stephanie Donolli is working as the Director of Public Policy at the Acute Long Term Hospital Association in Alexandria, VA.

Adam Karcz has accepted a position as an Infection Prevention and Control Practitioner at Children's Healthcare of Atlanta.

Amanda Walner will be a traveling consultant for Sigma Delta Tau. She will be consulting multiple chapters around the country on different college campuses.

Alexis Wasserman will be working at Interior Move Consultants in New York.

Student News



Where Our Grads are Headed, cont.

Graduate and Medical Programs

Jessica Canfield will be studying either public health or geriatric management at University of North Florida.

Darcy Govert will be attending IUB's MS in School Counseling program this fall.

Heather Gray will be back in AHS getting her MS in Nutrition Science and the courses needed for a career in dietetics.

Jordan Hollander will be attending Midwestern University in Downers Grove, Illinois in pursuit of a Masters of Medical Science in Physician Assistant Studies.

Hannah Kesling will be going to the IUPUI Masters in Social Work program in the fall after an internship at Bloomington Hospital Children's Therapy Clinic this summer.

Sally Kirtley is heading for IUPUI's School of Social Work for her MSW in August.

Emily Levy will attend the Physician's Assistant program at Baylor College of Medicine in Houston, TX.

Samantha Nester will be starting her DO at IU's School of Optometry this fall.

Chris Vernon be moving to DC and starting an MPH program in Global Health at George Washington University. In the fall she will be applying for a dual degree program adding a degree in International Development Studies in Conflict Resolution.

Allison Vollmer will be heading for the Medical University of South Carolina's Physician Assistant program.

Service

Melissa Ackermann will be heading for the Mississippi Delta to serve in Teach for America.

Mindy Mayes is serving as an AmeriCorps member through AmeriCorps Improving Health throughout Indiana. She is a Health and Wellness Educator at Bloomington Hospital.



Nu Chapter of Eta Sigma Gamma Initiation Spring 2009



Eta Sigma Gamma '09 Initiate Ronnie Halsema lighting the candle with Kayla Stockart (08/09 President) at the podium, Becky Prokopiak (08/09 Secretary) with her back to the camera, and Emily Erdmann (08/09 Vice President/Treasurer) standing on the far side.

Eta Sigma Gamma is a national professional health science honorary organization. Students in all of our majors may join this organization.

President: Katherine Darden; Major: HD/FS

Vice President: Cassie Barnhart; Major: Public Health

Treasurer: Shellie Strange; Major: Dietetics

Secretary: Steph Barath; Major: Public Health

Faculty Sponsor: Trent Applegate





Awards, Awards, Awards!

In this section for HPER and AHS awards we have listed the award name first and then the students who received the award. We are very grateful to our donors! Our student recipients have the opportunity to continue in school and to grow professionally through our donors' incredible support.

Archie M. and Eleanor Williamson Koon Scholarship – **Sabrina Dada**

Crane Fund for Widows and Children Scholarship - **Amtush Shakoor Karim, Rose Ayikukwei, and Brittany White**

Donald Ludwig Scholarship – **Cherie Blair, Sofia Jawed-Wessel, Hannah Laughlin**

J.K. Rash Scholarship – **Jaesin Sa**

Joan Weinberg Wolf Scholarship for Dietetics – **Karin Brown**

Margaret Seberger Scholarship – **John Fyolek, Y-Chun Lin, Yibin Liu**

Opal Conrad Nutrition Scholarship – **Emily Dauenhauer, Alise Echele, Jeanna Glick, Jordan Hollander, Stephanie Kinsey, Josh Menzie, Daniel Pierce**

Ron Hall Scholarship – **Justin Lee, Jaesin Sa**

Ruth Mary Griswold Scholarship – **Kayla Dawson, Kathryn Goodwin, Marcie Grimard, Melissa Hacker, Carrie Lawrence, Rachel Nolting, Faye Stokes**

Carter Littell Memorial Scholarship – **Kari Brock**

Minority Achievers Award – **Monique Hill, Debra Rios, Jylana Sheats**

Richard D. Spear Memorial Scholarship – **Gina Stoffregen**

W.W. Patty Scholarship – **Marcie Grimard**

In this section we listed awards from across the campus and elsewhere. Here we listed the student names first.

Erick Amick was awarded the Foreign Language and Area Studies (FLAS) Fellowship for the 2008-2009 academic year. The fellowship was awarded through the African Studies Program here on campus.

Cherie Blair, under the mentorship of Drs. Bonilla-Vega and Ona, has won an award from the APHA Public Health Education and Health Promotion Section for her abstract submission. She will be conducting her research over the summer in the Dominican Republic.

Jaelyn Blunck received the Home Economists Guild of Indianapolis Scholarship for 2009-2010.

Lauren Boyle was awarded a Graduate and Professional Student Organization Travel Grant last fall to present her research at two conferences (APHA and SOPHE).

Lindsay Briggs received a 3rd place award for her student poster at the Indiana Public Health Association Annual Meeting.

Ashley Davidson won 1st place in the HPER You Tube Video Contest.

Sara Elliott and **Liz Lemay** were nominated for a Be More Award hosted by the Bloomington Volunteer Network. Sara also won a working student scholarship given through the IU Student Foundation.

Marianne Foust received a Hutton Honors College Summer Professional Experience Internship grant.

Melissa Hacker was nominated for the Indiana Dietetics Association's Outstanding Dietetics Student Award for 2008-2009 and received a Hutton's International Experiences Program Scholarship.

Kayla Little received the Jim and Deanna Arterberry Scholarship through Recreational Sports.

Russell McIntire was selected by the IU Office of the Vice President for International Affairs to receive an International Enhancement Grant. He McIntire will use this grant during the Summer of 2009 to work at the World Health Organization in Geneva, Switzerland.

Rachel Nolting has received a Hutton Honors College Scholarship and a William Keller Scholarship.

Caitlin Oestreich won an International Experience Program abroad grant from the Hutton Honors College.

Gina Stoffregen has a Hutton Honors scholarship and a Professional Experience Internship grant from the Hutton Honors College.

Amanda Walner won an International Experience Program grant last January, through Hutton Honors College, and a Sigma Delta Tau Foundation Scholarship this summer.

Jessica Zurwell and **Julie Wirthwein** received Professional Experience Internship grants from the Hutton's Honors College. Jessica also received the International Experience Program grant.