

CURRICULUM VITAE

Mindy Hightower King, Ph.D.

AFFILIATION:

Center for Evaluation and Education Policy
Indiana University, Bloomington
509 East Third Street
Bloomington, IN 47401-3654

Ph: 812-855-4438
Fax: 812-856-5890

EDUCATION:

Ph.D. in Health Psychology, University of California, Irvine, 1999.

B.A. in Psychology, University of California at Los Angeles, 1992.

PROFESSIONAL EXPERIENCE:

Research Associate, Center for Evaluation and Education Policy, Indiana University, Bloomington, Indiana

Develops, implements, and manages evaluation and research projects across a range of programs and clients. Duties include developing proposals (including resource and personnel requirements, evaluation design, data analysis, reporting of results, and definition of deliverables); data collection, entry, management, and analysis; report and manuscript preparation; client service, project management, personnel management; and other project specific duties as necessary. August 2002 – present.

Director of Research and Policy Analysis, Indiana Youth Institute (IYI), Indianapolis, Indiana

Coordinated evaluation of IYI's programs designed to build the capacity of youth-service organizations throughout Indiana. Provided contractual evaluation services to school corporations and other non-profit organizations that serve children and youth. Maintained a statewide database of indicators of child well-being used in producing the *Kids Count in Indiana* data book. Created IYI's Assessment Team, a program that provides on-site low-cost evaluation services to youth-serving non-profits through a coordinated and supervised pool of independent consultants. May 2000 – July 2002.

Research Coordinator, Indiana Prevention Resource Center, Indiana University, Bloomington, Indiana

Coordinated data collection, management, statistical analysis and dissemination of results for the “Alcohol, Tobacco, and Other Drug Use by Indiana Children and Adolescents” Survey and the Search Institute’s “Profiles of Student Life” Survey for Indiana Students. January 1999 – May 2000.

Research Fellow, American Heart Association, California Affiliate

Developed and directed research examining the cardiovascular and psychological effects of acute exercise. Responsible for participant recruitment, data collection and editing, database management, statistical analyses, and presentation of results. July 1997 – June 1998.

Assistant Instructor, School of Social Ecology, University of California, Irvine, California

Instructed graduate course series in applied statistical analysis. Trained graduate students on statistical software and supervised analysis of sample data sets. Assisted in developing instructional materials and evaluating student progress. January 1996 – June 1998.

PUBLICATIONS:

Hightower King, M. & Ruprecht, K. (2002). *Kids Count in Indiana: County Profiles of Child Well-Being*. Indiana Youth Institute: Indianapolis, IN.

Erickson, J. & Hightower King, M. (2001). *Kids Count in Indiana: County Profiles of Child Well-Being*. Indiana Youth Institute: Indianapolis, IN.

Erickson, J. & Hightower King, M. (2000). *Kids Count in Indiana: County Profiles of Child Well-Being*. Indiana Youth Institute: Indianapolis, IN.

Bailey, W.J. & Hightower King, M. (2000). *Developmental Assets: A Profile of Indiana Schools*. Prevention Newslines, 13 (3-4).

Bailey, W.J., Hightower King, M., Ding, K., Senn, O., Jackson, S., Lay, M.A., Sherer, J., Scott, S. & Pearson, W. (2000). *Alcohol, Tobacco, and Other Drug Use by Indiana Children and Adolescents*. Monograph No. 00-1.

Bailey, W.J., Hightower King, M., Ding, K., Lay, M.A., Shively, D., Yang, J., Senn, O., Simone, D., Ames, M., Jackson, S. & Pearson, W. (1999). *Alcohol, Tobacco, and Other Drug Use by Indiana Children and Adolescents*. Monograph No. 99-1.

Maddi, S.D. & Hightower, M. (1999). Hardiness and optimism as expressed in coping patterns. *Consulting Psychology Journal*, 88, 34-48.

Hightower, M. (1997). Effects of exercise participation on menstrual pain and symptoms. *Women and Health*, 26(4), 15-27.

PRESENTATIONS:

Hightower King, M. Evaluation? Use the Data You've Already Collected. Presented at the 21st Century Community Learning Centers 2005 Summer Institute, Chicago, Illinois, July 2005.

Hightower King, M. A Model for Evaluation Capacity Building in Youth Arts Programming. Presented at the 18th Annual Conference of the American Evaluation Association, Atlanta, Georgia, November 2004.

Muller, P.A., Hightower King, M. & Moss, M.A. Methodological and Practical Issues in the Design and Implementation of Randomized Experiment-Control Group Design Evaluations. Presented at the 18th Annual Conference of the American Evaluation Association, Atlanta, Georgia, November 2004.

Hightower King, M. Let Your Survey do the Talking: Designing and Using Written Questionnaires for Program Evaluation. Invited presentation at the Indiana Youth Institute's Kids Count in Indiana Conference, Indianapolis, Indiana, November 2004.

Hightower King, M. & Seitz de Martinez, B. Show Me the Numbers: Using Data to Build Your Case. Invited presentation at the Great Kids Make Great Communities Conference, Fort Wayne, Indiana, October 2003.

Hightower King, M. After the Check is Cut: Post Grant Indicators of Success. Invited presentation at the Indiana Grantmaker's Alliance Conference, Indianapolis, Indiana, September 2003.

Hightower King, M., Muller, P. & Moss, M. Evaluation Capacity Building: Increasing the Capacity of Other Organizations. Workshop presented at the Canadian Evaluation Society's Annual Meeting, Vancouver, Canada, June 2003.

Hightower King, M. & Seitz de Martinez, B. Show Me the Numbers: Using Data to Build Your Case. Invited presentation for the Allen County Non-Profit Leadership Academy, Fort Wayne, Indiana, April 2003.

Hightower King, M. & Seitz de Martinez, B. Show Me the Numbers: Using Data to Build Your Case. Invited presentation at the Indiana Youth Institute's Kids Count in Indiana Conference, Indianapolis, Indiana, November 2002.

Hightower King, M. Evaluation for Prevention Professionals. Invited presentation at the "Many Voices One Vision" Conference sponsored by the Governor's Commission for a Drug-Free Indiana, Indianapolis, Indiana, July 2002.

Hightower King, M. Measuring Assets in Your Community's Youth: Search Institute's Attitudes and Behaviors Survey. Invited presentation at the Southern Indiana Healthy Youth, Healthy Communities Conference, Clarkesville, Indiana, April 2002.

Hightower King, M. & Ruprecht, K. Ready, Set, Evaluate! Presented at the Kids Count in Indiana Conference, Indianapolis, Indiana, December, 2001.

Hightower King, M. & Ruprecht, K. Evaluation for Asset Builders. Presented at the Healthy Youth, Healthy Communities Conference, Indianapolis, Indiana, November, 2001.

Torabi, M.R., Bailey, W.J., Hightower King, M., Ding, K. & Senn, O. The Role of Cigarette Smoking in the Development of a Risky Behavior Syndrome in Indiana Adolescents. Presented at the 128th Annual Meeting of the American Public Health Association, Boston, Massachusetts, November, 2000.

Torabi, M.R., Hightower King, M., Bailey, W.J. & Ding, K. The Columbine Effect: A Case Study of How External Factors Can Confound Data Collection. Presented at the American School Health Association's 74th Annual School Health Conference, New Orleans, Louisiana, October, 2000.

Torabi, M.R., Bailey, W.J., Hightower King, M. & Ding, K. Cigarette Smoking and the Co-occurrence of Other Risky Behaviors in American Adolescents. Presented at the World Congress on Lung Health, Florence, Italy, August, 2000.

Torabi, M.R., Bailey, W.J., Hightower King, M. & Ding, K. Developmental Assets as Protective Factors against the Onset of Cigarette Smoking. Presented at the 11th World Conference on Tobacco and Health, Chicago, Illinois, August, 2000.

Hightower King, M., Ding, K., Bailey, W.J. & Senn, O. Alcohol, Tobacco, and Other Drug Use Among Middle and High School Athletes and Non-Athletes. Presented at the 47th Annual Meeting of the American College of Sports Medicine, Indianapolis, Indiana, June, 2000.

Hightower King, M. & Jamner, L.D. Acute Exercise Reduces Cardiovascular Reactivity to Stress in Men and Women who Display Greater Negative Mood Responses. Accepted for presentation at the Society of Behavioral Medicine's 21st Annual Scientific Sessions, Nashville, Tennessee, April, 2000.

Ding, K., Bailey, W.J., Yang, J. & Hightower King, M. Characteristics of Students Who Carried Guns to Indiana Schools in the 1998-1999 School Year. Accepted for presentation at the American Association for Health Education Annual Convention, Orlando, Florida, March, 2000.

Hightower, M. & Jamner, L.D. Trait Anger Predicts Mood but not Blood Pressure Responses to Challenge Following Acute Exercise. Presented at the annual meeting of the American College of Sports Medicine, Seattle, WA, June, 1999.

Hightower, M., James, P. & Jamner, L.D. Psychological Effects of Temporary Exercise Abstinence as a Function of Exercise Frequency. Presented at the annual meeting of the American College of Sports Medicine, Orlando, FL, June, 1998.

James, P., Hightower, M. & Jamner, L.D. Effects of Temporary Exercise Abstinence on Mood and Arousal. Presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA, March, 1998.

Jamner, L.D., Hightower, M., James, P., & Shapiro, D. Effects of Menstrual Cycle Phase on Nicotine-Induced Hypoalgesia. Presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA, March, 1998.

Raduechel, D., Hightower, M., Jarvik, M. & Jamner, L.D. Ethnic Differences and Susceptibility to Nicotine Patch Toxicity. Presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Nashville, TN, June, 1997.

Smith, M.M., Alberts, J., Hightower, M. & Jamner, L.D. Dietary Habits of Smokers and Non-Smokers: an Ambulatory Study. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA, April, 1997.

Raduechel, D., Alberts, J., Hightower, M., Jaquet, F. & Jamner L.D. Smoking and Moods as a Function of Hostility: an Ambulatory Study. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA, April, 1997.

Jamner, L.D., Raduechel, D., Hightower, M., Shapiro, D. & Jarvik, M.E. Trait Hostility Predicts Anger Reduction in Response to Nicotine. Citation Poster presented at the Fourth International Congress of Behavioral Medicine, Washington D.C., March, 1996.

Raduechel, D., Hightower, M. & Jamner, L.D. Caffeine and Smoking: Interactions with Gender and Hostility. Presented at the Fourth International Congress of Behavioral Medicine, Washington D.C., March, 1996.

Karlsson, P., Hightower, M. & Jamner, L.D. Craving, Negative Mood and the Menstrual Cycle: the Effects of Defensiveness and Anxiety. Presented at the Fourth International Congress of Behavioral Medicine, Washington D.C., March, 1996.

Hightower, M., James, P. & Jamner, L.D. Daily Reports of Pain in Smokers and Non-Smokers: The Effects of Gender. Presented at the Fourth International Congress of Behavioral Medicine, Washington D.C., March, 1996.

Hightower, M., Karlsson, P., James, P. & Jamner, L.D. The Effects of Aerobic Exercise on Daily Reports of Menstrual Mood and Discomfort. Presented at the Biannual meeting of the Society for Menstrual Cycle Research. Montreal, Canada, June, 1995.

Hightower, M., Amoli, L., Karlsson, P. & Jamner, L.D. The Effects of Exercise Participation on Subjective Reports of Menstrual Pain. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, March, 1995.

Jamner, L.D., Wilson, G., Hightower, M. & Shapiro, D. Comparison of Likert and Mood Adjective Diaries in Predicting Ambulatory Blood Pressure and Heart Rate. Presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, March, 1995.