Looking for Healthy Lunch Options On or Near Campus?

Do you have a 1-2 hour gap between classes and want to grab a bite to eat, but not sabotage your nutrition goals? Well listed below are some healthy spots to try on or near campus that have healthy options available!

On-the-go Near Campus:

Try a healthy naked burrito or salad from Qdoba or Chipotle with your favorite topics!
◊ Keep it light with the toppings and try having chicken, beans, peppers, fresh/mild salsa, corn salsa, and for some healthy fats add guacamole!

Starbucks has a variety of healthy options that are quick and easy!
◊ Hearty Veggie & Brown Rice Salad Bowl
◊ Zesty Chicken & Black Bean Salad
◊ Turkey & Havarti Sandwich
◊ Bistro Boxes
◊ Evolution Harvest snacks (almonds, granola bars)

Laughing Plant Café is a Bloomington local café that serves fresh items from local farmers!
◊ Salads
◊ Bowls with veggies, rice, beans, and your meat of choice
◊ Veggie Burgers
◊ Quesadillas
◊ Their Specialty burritos!

Bloomingfoods has a hot bar and salad bar from 10a-9p.

Jimmy Johns
◊ Don’t want to leave campus, but want something delivered? Order an un-wich from Jimmy Johns. Sandwich wrapped in lettuce!

Indiana Memorial Union

Baja Fresh

Our Union also has a Starbucks with healthy options available.

Charleston Market offers hot lunch options.

Freshens offers a variety of healthy options for both breakfast, lunch, and dinner. Stop by and make a smoothie on your way to class!

Dunn Meadows Cafe