The Scholar’s Corner
A Hudson & Holland Scholars Program Newsletter

Upcoming Events

Home Away From Home
Are you a 1st year student staying in Bloomington for Labor Day? Come join your fellow HHSP friends at the Hoosier Den! There will be speakers, a time capsule, take aways and food. This is your opportunity to have fun with your HHSP community and learn more about how to get involved.

When: September 1st
Time: 1pm-2:30pm
Where: Read Residence Hall, Hoosier Den

HHSP Karaoke, Game Night
Come sing your favorite songs at Karaoke with your fellow HHSP Scholars! And if you’re not into singing, then come on over and play some of the best games!

When: September 7th
Time: 6pm-8pm
Where: Foster Residence Hall, Hoosier Den

HHSP Hiking & Networking Day Trip
Interested in going hiking with HHSP? Network with your fellow HHSP scholars, participate in team building activities, kayak, canoe! A light lunch will be provided!

When: September 17th
Time: 11am-4pm
Where: Griffy Lake
Upcoming Events

Read To Succeed

Do you like working with kids? Do you need volunteer hours? Do you want to give back to the Bloomington community?

Volunteer with Read To Succeed! Our program allows adult volunteers from IU to partner with elementary aged students from the Boys & Girls Club of Bloomington for guided reading sessions twice a week.

Our volunteers serve as developmental mentors during these guided reading sessions who work to create a positive relationship with their student while fostering academic development and improved reading levels.

We are also looking for students to serve on our RTS E-Board and Special Committees, including social media management, volunteer recruitment, event planning and fundraising!

Think you’re interested? Come to our call out meeting!

When: September 21st  
Time: 7-8pm  
Where: Woodburn Hall, Room 120

HHSP Capture the Flag

Interested in playing Capture the Flag with your fellow HHSP scholars? Come run around and have fun! Incorporate physical wellness into your evening with your fellow HHSP peers. Snacks will be provided.

When: September 28th  
Time: 5:30pm-7pm  
Where: 300 North Jordan Ave - The Lawn Behind HHSP Building

RSVP Here
(https://www.surveymonkey.com/r/HHSPCTFF17)

HHSP Share Your Story Project

Scholars we want to feature you on the HHSP website! HHSP has created a new project that will focus on highlighting the experiences and stories that our scholars would like to share with each other and with HHSP!

To be featured on the HHSP website, all you would need to do is email Shantel at shanfran@iu.edu to set up a time for you to get a picture or short video taken, as well as answer a couple of brief questions about the wonderful and amazing things that you are involved with and have experienced during your time with HHSP!
Get Involved

CAPS Office - Let’s Talk Program

As a student, you may confront issues in and out of the classroom that affect your ability to succeed in both your personal life and the classroom. Often it can help to talk to a willing ear. Other times, you may need more advanced help. Either way, Let’s Talk has you covered with its two programs.

• Let’s Talk Now is a free and confidential informal conversation with an emphasis on self-understanding and finding solutions to your problems. In addition to your walk-in conversation, Let’s Talk Now connects you to other accessible campus resources, both informal and formal. NOW available on Mondays between 12 - 2pm, right here in the HHSP Office!

• Let’s Keep Talking is for when you do need more than just a friendly chat. Professional counselors are available to meet and address more complex issues.

• What’s the First Step? Drop in to talk informally with a Let’s Talk Now consultant about anything at all. Counselors are available to talk and there’s no pressure to continue beyond this free and confidential initial conversation.

CAPS Office - Wellness Opportunities

It includes learning how to:

• Eat healthy foods to fuel your body
• Be physically active
• Control your weight
• Get enough sleep
• Enjoy good relationships with friends and romantic partners

Ask us anything. Yes, even that. You’re probably living away from home for the first time. A lot of the decisions your family used to make are now up to you. We can help. We are, first and foremost, educators. We’re here to answer any questions you have and give you the information you need. And we offer free programs on everything from eating a healthy diet to choosing the right birth control. Learn more about our services.

HHSP Student Organization Opportunities

Seeking to become more involved in the campus community? Get connected with one of the student groups through HHSP; engage in activities which foster leadership development, civic engagement, and social wellness. Below is a list of HHSP student groups and contact information for further details:

• HHSP Student Ambassadors, for more information contact Associate Director Jennifer Poe (jeapoe@indiana.edu)
• HHSP Link, for more information contact Student President Lexi Castaneda (alexcast@umail.iu.edu)
• HHSP Read to Succeed, for more information contact Student Representative Alex Eady (aceady@indiana.edu)
Dear Scholars,

Welcome home! Many of you have heard the new IU tagline, “IU is home” and I want you to know that Hudson & Holland is home for you too! We take your wellbeing and success seriously, and we’ve tirelessly worked to make sure that our programs and support efforts are meeting your needs. We have refined our Leadership, Engagement, Academics and Diversity (LEAD) requirements, so that your time at IU is filled with academic, social and professional success. We want you to LEAD and to soar! Please take advantage of our many programs, and opportunities to meet with staff and engage other scholars. Please take note of the updated Student Portal, our new Peer Advising Program, our new advising system, our wonderful wellness, community and leadership engagement activates, as well as, the professional development and study abroad opportunities. Finally, please feel free to stop by our house at 300 N. Jordan for our daily snacks and beverage service. Come on in and use the computers, study tables and other resources as much as you need. Finally, Please remember, we are here for you, and we are all here for each other! Now more than ever, we have to take care of our sisters and brothers within this place we call our home. IU and Hudson & Holland are HOME.

All the best,
Marsha Currin McGriff, Director
Hudson & Holland Scholars Program
Fall is approaching! With our busy schedules sometimes as students we tend to take for granted the beautiful atmosphere around us. The great thing about being a Hoosier is seeing the beautiful leaves turn gold, rustic orange, and scarlet red. Noticing your environment and who you surround yourself around is essential to your holistic wellness. Remember to stay tuned for more announcements and signups through canvas and our HHSP Wellness bulletin board!

TIPS

1. Learn about your produce at the Bloomington Farmers Market.
2. Hike or run in Bloomington with a group of friends on a trail.
3. Volunteer at a local farm and learn about harvesting.
4. Buy plants to care for and develop responsibility skills.
5. Make an effort to recycle your trash.

CAMPUS RESOURCES

JORDAN HALL GREENHOUSE

MTWF 7:30 am - 3:45 pm
Thur 7:30 am - 2:00 pm
S&S 9:00 am - 3:00 pm

"Our environment is what we all have in common"