

14 Shopping Information

Wherever you live in Bloomington, you will be reasonably close to some stores, either to one of the shopping centers or to the stores on or near the Square.

The Square is the downtown area bounded by Kirkwood Ave. on the south, Walnut St. on the east, Sixth St. on the north, and College Ave. on the west. (Most residents in the town will give you directions to a place in terms of north, south, east, or west; it will be helpful if you learn which way is which.) Most parking spaces in downtown Bloomington permit free parking for two hours. After the two-hour limit, you must move your car to a different city block. If you keep it in the same area, your car will be ticketed. A parking ticket will be issued by parking enforcement officers and put on the car if the time limit is exceeded. Instructions and optional methods of payment appear on the ticket. Some areas have metered parking. Tickets will be issued if money is not deposited in the meters. The parking fine is \$15, and if it is not paid within 7 calendar days, the fine increases to \$30. The longer you wait, the more you pay. Parking lots in the downtown area allow you to park for longer periods of time.

Some stores and restaurants operate on a "self-service" principle, where the shopper picks out goods, places them in a cart or on a tray, and pays for them at the cash register. These goods must not be taken out of the store or put into pockets, purses, or bags until paid for. Shoplifting is a problem in the United States. If items are taken and not paid for, penalties could include cash fines, imprisonment, or, in serious cases, expulsion from the country.

Coupons that reduce the price of foods, goods, and services can be found in phone books, newspapers (especially on Sunday), magazines, flyers, and mailings. These can be saved and presented to the cashier when making purchases. Note, though, that many coupons are for national "brand name" items, which may be comparatively expensive. See if the same item is available with a "store brand" label (e.g., Kroger, Marsh, Favorite). These are often good quality and may be cheaper than the national brand, even with the discount for the coupon. Also note the expiration date in fine print on the coupon.

For objective and free information on the cost and quality of household appliances, cars, and many large and small purchases, inquire at the reference desk of the Monroe County Public Library for help in the consumer reference area. Monthly issues of *Consumer Reports* and its annual *Buying Guide* are examples of many publications available at the library. These are also sold at bookstores.

Save receipts from purchases that you have made to show proof of purchase if you want to return a defective item or one that is the wrong size. Most food markets allow you to return food items that are not pleasing to you.

Shopping Centers

Shopping centers are located in various parts of town. A parking lot surrounds the building. The shopping center may have a laundromat, dry cleaner, beauty salon, bank, theater, restaurant, or shoe store. A supermarket and drugstore, or a bookstore also may be in the shopping center.

Principal shopping centers include:
College Mall: Third St. and College Mall Rd.

Colstone Square: 421 E. Third St.

Crosstown Shopping Center: Tenth and Union Sts.

Dunkirk Square: 430 E. Kirkwood Ave.
Eastland Plaza: Third St. west of College Mall

Fountain Square: South side of the Square (Kirkwood)

Groves Square: 1000 N. Walnut St.

Jackson Creek Shopping Center:
1175-1275 College Mall Rd.

Jordan Square: Third St. and Jordan Ave., near the main campus of IU

Liberty Drive stores: Between W. Third St. and W. Second St., parallel to SR 37.

Marsh Plaza, north side of W. Third St., near Whitehall Crossing.

Maxwell Office Products Center:
1911-1915 S. Walnut St. (includes a pharmacy, furniture store, and Maxwell's)

Seminary Square: Second St. and College Ave.

The Shoppes: College Mall Rd., south of College Mall

Sturbridge Center: Auto Mall Rd., directly behind the Shoppes

Tenth and the Bypass Shopping Center:
Tenth St. and 45-46 Bypass

Walnut Park: S. Walnut St. and Country Club Rd., north side of Country Club Rd.

Walnut Station: S. Walnut St. and Country Club Rd., south side of Country Club Rd.

Whitehall Crossing: north side of W. Third St., west of SR 37

Whitehall Plaza: W. Third St. in Highland Village, south side of Third St.

Williamsburg Village: Pete Ellis Dr.

Winslow Plaza: S. Henderson St. and Winslow Rd.

Food Stores

Supermarkets and Grocery Stores

Here you will find in one store foods that you may be accustomed to buying in several shops. There will be fresh fruits and vegetables, canned goods, baby foods, meat and fish, bread and other baked goods, delicatessen items, laundry and cleaning supplies, paper products, personal needs and nonprescription drugs, and an extensive supply of frozen foods.

Frozen foods must be stored in the freezer compartment of the refrigerator (where ice cubes are kept). If frozen foods thaw, they should be cooked immediately, or they may lose flavor and spoil. Do not refreeze food if completely thawed.

Always read package directions for storing and cooking. Baked goods wrapped tightly in plastic or aluminum foil can stay fresh in a freezer for many weeks. Canned foods, once opened, must be refrigerated, preferably in a plastic container. Do not leave them in the open can. They usually should be used within five days.

Every supermarket has a meat department where meat and fish are prepackaged and displayed. If you have a question about proper meat preparation or if you want a cut of meat you do not see at the meat counter, tell the butcher. American meat cuts may be unfamiliar to you.

Supermarkets also sell beer and wine but only to those at least 21 years of age; alcoholic beverages are not sold on Sundays, and all liquor stores are closed on legal holidays. These are Indiana state laws. The clerk in the store may ask you to show proof of your age.

Supermarkets are open daily. Some large supermarkets (Kroger, Marsh) are open 24 hours. The 7-Eleven and Bigfoot stores, which are small groceries, are open 24 hours daily. Faris Brothers Meat Market (336-6323), a small grocery north of the Square, delivers groceries. None of the large supermarkets delivers food. O'Malia's Foods, in Eastland Plaza; Bloomingfoods, at 419 E. Kirkwood Ave. and 3220 E. Third St.; and The Butcher's Block, at 115 S. SR 46, carry unique items not found elsewhere. See the section on Health Foods below and note the ads under "Grocers—Retail" in the Yellow Pages of the phone book for locations and specialties. Generally, groceries and supermarkets accept personal checks (with proper identification) and major credit cards. Some supermarkets will cash a check for you, but arrangements for this must be made with the manager. Usually food prices are lower in supermarkets than in small specialty shops.

Food Specialty Shops

Bakeries You can buy fresh pies, cakes, bread, cookies, and doughnuts in bakeries. The Scholar's Inn Bakehouse, 125 N. College Ave. on the west side of the Square and at 3002 E. Third St. offers a variety of European-style baked goods in the shop and deli. Panera Bakery and Café is located in Eastland Plaza. The City Bakery is at 1318 E. Third St. and 511 W. Fourth St. Also look under "Bakers—Retail" in the Yellow Pages of the telephone book. Large commercial bakeries sell their packaged cakes, cookies, breads, and other products that are not as fresh as their products in retail stores at reduced (or wholesale) prices. Look under "Bakers—Wholesale" in the Yellow Pages of the telephone book.

Cheese A line of domestic and imported cheese is available at almost all of the grocery stores here.

International Foods An impressive variety of imported items from nearly every country in the world is available in Bloomington. Most large supermarkets have some international foods. International food stores include Crosstown Oriental Foods, 1805 E. Tenth St.; Olive Market, 2610 E. Tenth St. (Tenth and Bypass shopping center); Oriental International Market, 408 E. Fourth St.; Sahara Mart, 106 E. Second St.; Saraga

Oriental Market, 1305 S. College Mall Rd. in Jackson Creek Shopping Center; Tenth St. Market, 1809 E. Tenth St., and Obo's Oriental Grocery, 2556 E. Third St.

Delicatessens Cooked meat, cheese, sandwiches, prepared salads, and relishes can be bought in delicatessens, which may be separate stores or only a particular area of a supermarket or bakery. They are listed under "Delicatessens" and "Foods—Carry Out" in the Yellow Pages of the telephone book.

Fruits and Vegetables You will find fruits and vegetables available in all supermarkets or in specialty stores. Look under "Grocers—Retail" in the Yellow Pages of the telephone book. From the beginning of May until late October, Bloomington has a farmers' market on Saturdays from 7 a.m. to 12 noon. The location is the Showers Complex parking lot on N. Morton St. Fruits and vegetables grown by local residents are sold at open stalls. Also, from the beginning of May until October, there is a farmers' market in the Bloomingfoods parking lot at 3220 E. Third St. each Wednesday and Saturday morning.

Health Foods Health and organic food stores are listed under "Health & Diet Food Products—Retail" in the Yellow Pages. These are often good places for buying "in bulk." Bloomingfoods, for instance, stocks more than 200 items—grains, oils, spices, pasta, detergents, and more—in bins from which you measure the amount you require into containers provided. Buying in bulk usually costs less than the same product prepackaged.

Pharmacies (Drugstores)

Drugstores will "fill a prescription" (supply you with medicine that a doctor has ordered for you) upon presentation of a doctor's written order. You will find many other items, including magazines, some basic foods, stationery and school supplies, newspapers, personal needs, greeting cards and gifts, film, and often a place to leave film for developing and printing. Hours vary. Most drugstores (Osco, CVS, Williams Bros.) are open on Sunday. Hours vary. CVS/pharmacy at the corner of E. Third St. and College Mall Rd. is open 24 hours.



Several supermarkets, Wal-Mart, and K-Mart also have pharmacies. Many will make deliveries.

Other Retail Stores

Bookstores These stores sell books and magazines for all ages and interests. Some have music on tapes, videos, and CDs for sale; a few have books read aloud and recorded on tapes. You also may buy maps and travel books at these stores: Barnes & Noble Book Sellers, 2813 E. Third St.

Book Corner, 100 N. Walnut St.
Borders Books & Music, Eastland Plaza
Howard's Bookstore, 111 W. Kirkwood Ave.

The Book Rack, 223 S. Pete Ellis Drive

Additional bookstores and dealers, including several offering used books, are listed in the Yellow Pages of the telephone book under "Book Dealers—Retail" and "Book Dealers—Used and Rare."

Department Stores These offer most things not found in supermarkets. Items include men's, women's, and children's clothing; some furniture, rugs, curtains, towels, and bedding; kitchen items, refrigerators, and stoves; washing machines; toys; hardware such as nails and hammers; sporting goods; and lawn and garden items. Department stores include Ayres and Sears in College Mall, and Kohl's Department Store in Whitehall Crossing.

Because clothing sizes may be different from what you are used to, you should try on clothing before buying. Items such as underwear and hosiery may not be tried on, but a sales clerk will be glad to help you find the right size.

Discount Stores These are department stores that regularly have prices lower than other stores because they have a less elegant interior and buy in large quantities. These include:

K-Mart, 3216 E. Third St. and
3175 W. Third St.

Sam's Club, for members only, 3205
W. State Road 45

T. J. Maxx, Whitehall Crossing

Target, College Mall

Wal-Mart, 3201 W. State Road 45

Bargain Stores Merchandise occasionally includes items marked "seconds" or "irregulars," which means they may have imperfections that will not affect their usefulness. Local bargain stores include:

Big Lots, 3620 W. Third St.

Dollar General Store, 3618 W. Third St.
and 2430 S. Walnut St.

Dollar Tree Stores, Inc., 2614 E. Third St.

Resale Shops There are a number of stores offering goods for resale. The following nonprofit stores sell used items at a fraction of their original cost:

Bloomington Thrift Shop: 220 S. Madison
St. Clothing, furniture, and
miscellaneous items. Open
Tuesday–Friday, 10 a.m.–5 p.m.;
Saturday, 10 a.m.–12 noon

Goodwill Retail Store: 1284 S. Liberty Dr.
Clothing and household goods. Open
9 a.m.–9 p.m., Monday–Saturday and
12 noon–6 p.m., Sunday.

Opportunity House: 907 W. Eleventh St.
Clothing and household goods. Open
9 a.m.–2 p.m., Monday–Saturday.

Salvation Army–Red Shield Thrift Store:
111 N. Rogers St. Clothing and
household goods. Open 10 a.m.–6
p.m., Monday–Saturday.

Platos, 1145 College Mall Rd
Indiana University Surplus Stores, 2931 E.
Tenth St. Used furniture, computers,
printers, Monday–Friday, 8 a.m.–5:30
p.m.

Backstreet Missions Thrift Store, 1928
Arlington Rd.

Items are donated frequently, so go back several times if you don't find what you need the first time.

Commercial resale shops also offer many bargains:

Rags T Ritches: Crosstown Shopping
Center. New and used clothing. Open
Monday–Saturday, 10 a.m.–8 p.m.

Vintage Wearhouse: 401 E. Fourth St.
Vintage and used clothing, jewelry,
and artifacts. Open 12 noon–6 p.m.,
Monday–Saturday.

AmUsed Clothing, 208 S. Dunn St.

Cactus Flower, 322 E. Kirkwood Ave.

Ladi's Legacies, 525 W. Kirkwood Ave.

The Material Plane, 108 1/2 E. Kirkwood
Ave.

Once Upon a Child, 3486 W. Third St.

Fabric and Craft Shops Fabric shops sell material by the yard, clothing and craft patterns, buttons, yarn, zippers, and sewing notions. They also sell the yarns and the embroidery and crocheting thread used in the construction of these items.

Stores with large fabric selections include:
Jo-Ann Fabrics, 3483 W. Third St.,
Whitehall Plaza

Wal-Mart, 3201 W. State Road 45

Hobby Lobby Creative Center, 1274 S.
College Mall Rd.

Additional stores are listed under "Fabric Shops," "Yarn—Retail," or "Craft Supplies—Retail" in the Yellow Pages of the telephone directory.

Arts and Crafts Numerous shops and galleries provide access to the work of local artists and craftspeople. In addition to those on campus, the By Hand Gallery, 109 Fountain Square; Prima Gallery, 109 E. Sixth St.; The John Waldron Arts Center, 122 S. Walnut St., Gallery North on the Square, 116 W. Sixth St.; and Wandering Turtle Art Gallery, 224 N. College, are downtown locations where the works can be seen. Other dealers are listed in the Yellow Pages in the telephone book under "Art Galleries, Dealers and Consultants." Announcements of exhibitions and fairs where works are sold appear in local and campus newspapers. Many artists open their studios for interested buyers; the vicinity around Bloomington can be interesting to explore. Nashville, 16 miles east of Bloomington on Route 46, is especially noteworthy.

Hardware Stores Hardware stores carry tools, nails, electrical and plumbing equipment, cutlery, paint, appliances, and gifts. See “Hardware—Retail” in the Yellow Pages of the telephone book.

Laundries and Dry Cleaners

There are a number of cleaners, laundries, and “self-service” laundromats in the Bloomington area. The coin-operated machines in the self-service laundromats provide inexpensive laundry and cleaning care; there is usually an attendant to help you. For a complete listing, look under “Laundries—Self Service” and “Cleaners” in the Yellow Pages of the telephone directory. Do not leave laundry or dry cleaning unattended in the “self-service” laundromats because it may be stolen. Some commercial laundries will wash baby diapers for you, but you must rinse them out first and provide your own diaper detergent. Call in advance for details.

Gas Stations

Gas or service stations sell gas and oil and may provide a repair service for your car. Most stations provide free public toilet facilities and sell inexpensive maps, snacks, soft drinks, and basic groceries. Many stations are closed at night, on Sundays, and some holidays. Bigfoot stations are open 24 hours. Keep this in mind when traveling at these times to avoid running out of gas. Gas stations on major highways are often far apart. Gas is cheaper at self-service stations. Some stations may offer full-service, which means an attendant pumps the gas for you, at a higher cost. Most gas stations offer self-service only. Instructions for pumping gasoline are printed on the self-service pumps. Cash and credit cards are accepted. Most do not accept personal checks or \$100 bills. Many of the newer types of pumps accept credit card payment directly at the pump. Gas stations are listed in the Yellow Pages of the phone book under “Service Stations—Gasoline and Oil.” If car repair is needed beyond that available at a gas station, see “Automobile Repairing and Service.”

Door-to-Door Salespeople

Door-to-door salespeople may show you a permit that authorizes them to sell in Bloomington; it does not guarantee their products. It is strongly urged that all needs, such as books, magazines, insurance, and household items, be bought in an appropriate store rather than from persuasive door-to-door salespeople. Contracts and purchases made with these salespeople often involve more money than you realize. In some cases the sellers are careless or dishonest, and you may receive nothing at all. Avon Products representatives, however, are reliable salespeople. If you should decide to buy something, be sure you read and understand the contract before you sign it. Once signed, it is legally binding.

School children or Scouts also may come to your door selling cookies, candy, or other items to raise money for their activities. You may buy from them if you like, but feel free to say, “No, thanks,” and wish them good luck.

Bargain Sales

The best way to keep informed about price reductions is to read local newspapers that include advertisements announcing food, clothing, and household goods sales. Traditionally, in January and August there are “white sales” of sheets, towels, and linens in department stores. Winter clothing sales are best in January and early February; summer sales are in July and August. Many stores offer sales at other times as well. Some stores are happy to notify you of their special sales if you ask to be put

on their mailing lists. Sunday and Thursday newspapers often announce food sales beginning that day. The Sunday papers announce sales in many other types of stores. The sale items vary from week to week and from one store to another.

Garage sales, rummage sales, yard sales, and auctions are one- or two-day sales of used items. These are sponsored by individuals or by organizations such as churches or clubs. Look for these in the *Herald-Times* and *Hoosier Times* under “Lifestyle” or “Classified Ads: Group Sales, #300-399.”

Bargaining

Prices in stores are fixed, and it is not the American custom to bargain for a lower price. Prices in different stores, however, may vary for the same item. An exception to the fixed-price rule is car buying. In this case, bargaining is in order, and you may ask for a lower price. You may also bargain at garage sales, especially late in the day.



Restaurants

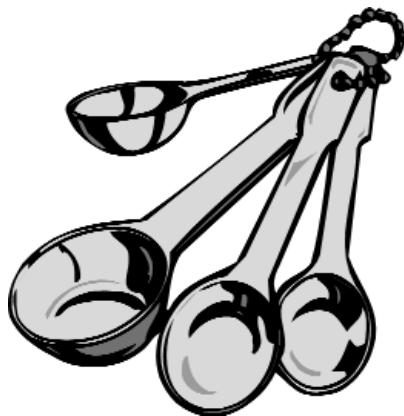
There are many kinds of restaurants in Bloomington. They are usually listed under “Restaurants” or “Foods—Carry Out” in the Yellow Pages of the telephone book, in the newspaper, and the supplement to the newspaper that is published at the beginning of the school year. There are foreign-food restaurants and specialty restaurants. There are restaurants where food may be ordered by telephone and picked up, and “drive-in” restaurants where a customer can drive in and place an order while sitting in the car. Some restaurants are cafeterias with self-service lines.

Shoe Repair Stores

Joseph's Shoe Repair, 129 N. Washington, repairs shoes, luggage, pocketbooks, and wallets; sells shoe accessories and other items; and does shoe dyeing.

Bicycle Repair

The Bicycle Doctor, 8551 W. Gardner Rd. (825-5050), will come to your residence for repair or pick-up. Repairs also are performed by the Bicycle Garage, 507 E. Kirkwood Ave.; Bikesmiths Bicycle Shop, 112 S. College Ave.; and Bloomington Cyclery, 2530 E. Tenth St.



Weights and Measures

Most food products are sold in stores by weight. Most recipes are stated in units of dry or liquid volume. The units used are cups or fractions of a cup, tablespoons, and teaspoons. These measuring cups and spoons are available at supermarkets and discount or department stores. Drinking cups and eating spoons should not be used as substitutes. The recipes often use abbreviations, which are listed with some equivalents. These are volume measurements:

- 1 t. or 1 tsp. = 1 teaspoon = 5 cc = 5 milliliters
 - 1 T. or 1 tbsp. = 1 tablespoon = 3 teaspoons = 15 cc
 - 1 c. = 1 cup = 16 tablespoons
 - 1 lb. = 1 pound = 2 cups = 16 oz. = 453.59 grams
 - 1 oz. = 1 ounce = 30 cc
 - 1 pt. = 1 pint = 2 cups = 16 fluid oz. = 480 cc = 0.47 liters
 - 1 qt. = 1 quart = 4 cups = 32 fluid oz. = 960 cc = 0.95 liters
 - 1 gal. = 1 gallon = 4 quarts = 3.78 liters
- net wt. = weight of contents (not including weight of container)

In the United States, the metric system is used in scientific laboratories but not for "everyday" measurement. However, a few road mileage signs and food and drug products indicate their measure in the metric system in addition to the common U.S. measures. For conversion between the systems, see the following:

Linear Measure

- 1 foot = 12 inches = 0.3048 meters
- 1 yard = 3 feet = 0.9144 meters
- 1.09 yards = 3.28 feet = 39.37 inches = 1 meter
- 1 mile = 1.6 kilometers

Liquid Measure

- 1.2 U.S. gallons = 1 British gallon
- 1.057 liquid quarts = 10 deciliters = 1 liter
- 13.38 U.S. fluid oz. = 6 tbsp. + 2 tsp. = 1 deciliter

Dry Measure (weight)

- 1 pound (lb.) = 16 ounces (oz.) = 453.59 grams
- 0.35 oz. = 1 gram
- 2.2046 lbs. = 1 kilogram

Equivalent amounts

- 2 1/2 c. firmly packed brown sugar = 450 grams
- 4 c. white flour = 450 grams
- 3 1/2 c. whole wheat flour = 450 grams
- 4 1/2 c. confectioners sugar = 450 grams
- 2 1/2 c. granulated sugar = 450 grams
- 1 c. rice = 225 grams

Temperatures: Fahrenheit vs. Celsius

The United States uses the Fahrenheit scale for thermometers measuring body, cooking, and air temperatures. (Thermometers in scientific laboratories are marked in the Centigrade scale.) To convert degrees F (Fahrenheit) to C (Centigrade or Celsius), subtract 32 from the F measure, multiply the result by 5, and divide by 9.

To convert degrees C to F, multiply C measure by 9, divide by 5, and add 32 to the result.

"Normal" body temperature with an oral (mouth) thermometer is 37° C or 98.6° F.

Above-normal body temperatures are

- 100.4° F = 38° C 104.0° F = 40° C
- 102.2° F = 39° C 105.8° F = 41° C

For cooking

- Water boils at 212° F = 100° C
- Milk is scalded at 150° F = 65° C

Oven

- 250° F = 120° C = Very slow oven
- 300° F = 150° C = Slow oven
- 350° F = 180° C = Moderate oven
- 425° F = 220° C = Hot oven
- 500° F = 260° C = Very hot oven

Air temperatures

- 0° F = -17.8° C 68° F = 20.0° C
- 15° F = -9.4° C 85° F = 29.4° C
- 32° F = 0° C

Approximate Clothing Sizes

Women's Clothing

American	6	8	10	12	14	16
British		10	12	14	16	18
France	36	38	40	42	44	46
Italy	38	40	42	44	46	48
Europe-other	34	36	38	40	42	44

Women's Shoes

American	4	5	6	7	8	9
British	2.5	3.5	4.5	5.5	6.5	7.5
Continental	35	36	37	38	39	40

Men's Sweaters

American	S	M	L	XL
British	38	40	42	44
Continental	48	50	52	54

Men's Shoes

American	8	8.5	9	9.5	10	10.5	11	11.5	12
British	7	7.5	8	8.5	9	9.5	10	10.5	11
Continental	42		43		44		45		