Union Street Bake-off!

For our first event of the semester, the Union Street Center Council planned a cupcake baking contest for the students living in the apartments. The contest was meant to be a fun way for students living in the Union Street Center to get to know each other better and to sample different recipes for cupcakes. In addition to giving students the opportunity to show-off their baking skills, the event was a great learning opportunity.

Two senior dietetics students came to the event to talk about the importance of nutrition and ways to use healthy cooking principles in everyday recipes. Despite the fact that cupcakes are not inherently the healthiest food, the dietetics students came up with some wonderful and creative ways that we could incorporate healthy cooking methods into our cupcake recipes. After talking about nutrition, the dietetics students also served as the judges for the contest, which had many entries. Awards were given to the cupcakes which were deemed to be the healthiest, most creative, and best overall. In all, the event, which had over twenty-five participants, was a great success and a lot of fun for everyone involved!

Alcohol Awareness Night

The event was a definite success. With funding from the IU Alcohol Workgroup, the northwest councils were able to put on a fun and educational program. We first invited all the guests to enjoy pizza, cookies, and drinks while we listened to a presentation given by IU nursing students. Their presentation focused on the biological effects of moderate and excessive alcohol consumption. Next, everyone played water pong, talked, and just had fun. Finally, we all sat back down for a question-and-answer session, which went especially well, with two IU Police officers. The police officers discussed the legal consequences of underage drinking and public intoxication. Their openness to all questions fostered a great discussion. Dean Auer attended the program and participated in the discussion as well. It seemed to me that everyone left the event having learned something about the presence of alcohol on our campus or in their own lives, all the while having enjoyed the break from the routine of the usual Tuesday night.

By Tyler Turchan, Union Street President wturchan@indiana.edu

By Laura Hartman, Foster President laanhart@indiana.edu
Southeast Neighborhood
Banneker Event
Morta Lapkus, Willkie President
mlapkus@indiana.edu

On Friday, February 18th the Southeast neighborhood councils headed over to the Banneker Community Center for our HPI event with Fairview. When we arrived, we set up four stations that the kids would rotate through throughout the afternoon. While Read helped kids decorate popsicle stick picture frames, Forest oversaw games in the gym. It was rumored that the kindergarteners did not want to switch stations after they started a heated game of “Duck, Duck, Goose!” At Union Street’s station, children made lava lamps in water bottles using oil, water, and food coloring. Meanwhile, Willkie served hands-on snacks such as ants on a log, apples with caramel dip, and mini pizzas for the older kids. In addition to manning their stations, Forest and Willkie also put together a boxed craft that the kids could make another day. The boxes included instructions and all the necessary supplies. Overall, it was great to give back to our community in such a fun and lively environment - both the councils and the children had a blast!

Meet Central’s Presidents

Tyler Turchan,
Union Street
wturchan@indiana.edu

I am a sophomore from Carmel, IN, majoring in biology and neuroscience with a minor in chemistry. After I graduate I hope to go to medical school and pursue a career as a physician. In my spare time I enjoy hiking, running, and spending time with my friends. This is my second year of being involved with HHCA. Last year, I served as the secretary on the Eigenmann Council. I’ve really enjoyed working with my council so far this year and I look forward to working with them to plan and hold many more fun and exciting events this semester.

Stephanie Lamb,
Ashton
sklamb@indiana.edu

I was born and have lived in Madison, Indiana my entire life. Madison is about 2 hours southeast of here, right on the Ohio River and the Kentucky border. I am currently a sophomore studying Biology and am planning to go to grad school, possibly for Molecular Biology. Eventually, I want to be a research professor working in a lab, focusing on medical issues. I work in a cancer research lab on campus and spend a lot of my free time there, but I love it! I enjoy going to musicals, concerts, art exhibits, and other cultural events. I am also very interested in photography, and collect old cameras and camcorders as a hobby. I love going antiquing as well, which is perfect because Madison has a lot of antique stores. I am a member of Alpha Chi Sigma, Science Outreach Society, and Relay for Life besides being in HHCA. I love helping others and hope to continue to volunteer throughout my life.

Michael Jancovich,
Teter
mjancovi@indiana.edu

Hello, I am Michael Jancovich, a freshman from Valparaiso, Indiana, majoring in Biology and Neuroscience. I am also pursuing minors in Chemistry, Spanish, and Psychology. In my spare time, I enjoy playing piano, shooting hoops, fishing, and riding horses. Over spring break, I will be traveling to Honduras with the Public Health Brigades to help hurricane-ravaged communities rebuild. I have also traveled to Switzerland, Italy, and Spain, and hope to travel more throughout my life. It has been a pleasure serving as the President of the Teter Honors Council, and I want to thank everyone for their hard work this year. Go Hoosiers!

Rishi Sethia,
Wright
rsethia@indiana.edu

Hello! I am a freshman from Carmel, IN, majoring in Biology and Neuroscience. I work as an undergraduate researcher in Dr. Preston Garraghty’s Neuroscience Lab. I am also a member of Sigma Phi Epsilon. I enjoy playing basketball recreationally or working out with my friends at the SRSC. Some of my favorite movies/TV shows include House, Dexter, Gladiator, and Braveheart.
The neighborhood coordinators play a pivotal role in serving as the liaisons between the directors and council presidents among other things. To help us learn more about them, they answered the following 10 questions:

1. Best IU memory thus far?
2. Favorite undergraduate class? Why?
3. Tastiest 4th street restaurant?
4. Favorite study spot on campus?
5. Most played song on your iTunes?
6. Favorite childhood book?
7. Favorite book now?
8. Dream Job?
9. Life quote you live by?
10. Advice for undergraduates?

Mohsin Mukhtar, Central
mohsmukh@indiana.edu

1. Thus far, my best IU memory would be my public health trip to Honduras over spring break – life changing in so many ways!
2. Arabic with Walter Lorenz. My professor literally inspired a whole new love for the language within me.
3. Anatolia. They’ve got some delicious kebabs and pides!
4. I’m not sure if I even study anymore.
5. “Imagine” by John Lennon.
6. Anything by Roald Dhal or the Hardy Boys book series!
7. The Kite Runner by Khaled Hosseini.
8. Working in an international political office, surgeon, or investment banker.
9. “If you see injustice and say nothing, you have taken the side of the oppressor.” - Desmond Tutu.
10. Define your own dreams.

Kimberly Kershner, Southeast
kakershn@indiana.edu

1. My best IU memory thus far was getting on the football big screen--twice!!
2. My favorite undergraduate class was Studio Art because I hadn’t ever taken an art class before, so I learned a lot and created some fun pieces!
3. I don’t usually eat on 4th street, but Noodles on Kirkwood is pretty good.
4. I like to study at the Jordan Library.
5. “In My Head” by Jason Derulo.
6. Harry Potter.
8. I always thought it would be fun to be a talk show host, like Oprah or Ellen!
9. “Faith is taking the first step, even when you don’t see the whole staircase.” - Martin Luther King, Jr.
10. For my fellow undergraduates, choose a path that will allow you to enjoy your IU experience and make you happy in life.

“Faith is taking the first step...”

Valerie Dye, Northwest
vmdye@indiana.edu

1. My best memory at IU is it starting to rain in the middle of Little 500 last year.
2. History D201-The Fall of Communism. My professor was amazing and I love the subject matter. It was a little escape from the business world each day.
4. 6th Floor Stacks. The Slavic Collection. Nothing better than browsing old books on a study break.
5. “Slide” by the Goo Goo Dolls.
6. Harry Potter and the Prisoner of Azkaban (read it 9 times).
7. The Unbearable Lightness of Being by Milan Kundera.
8. Consultant for a large firm.
10. If an opportunity comes up, take it. Whatever you are working on at the moment can most likely wait.
Movie Night

Ashton’s kick-off event for the semester was a movie night. We decided to watch “Breaking Away”, a movie about Little 500. We publicized with flyers and emails, and held the event in Barnes Lounge, the biggest area in Ashton. We had a great turnout for our event and everyone seemed to have a great time! Our council pitched in and provided s’mores, popcorn, hot chocolate, and soda. The s’mores were definitely the most popular choice, and it was fun teaching people how to make them in the microwave. Everyone had a great time and enjoyed watching for places on campus in the movie. I think the movie was a great choice for a mixture of IU history and viewing entertainment!

Valentine’s Day Puppy Chow

For Ashton’s February small event, our council got together and made puppy chow for our honors residents to show them that we care about them and want to see them at our events. Everyone in Ashton has cork boards in their rooms, so we put together a list of future events, and attached it to the bags of puppy chow. We thought they could then take this list, put it on their cork boards, and reference it for our events. We also personalized and attached valentines to each bag, which we hope showed the residents that we thought of them as individuals, and not only part of the larger Ashton community.

Ashton’s World Fair

An event Ashton is currently working on is Ashton’s World Fair. We are pairing with our CUE to plan the event, as it will probably be a large undertaking. Hopefully, we will have a variety of booths set up by the different cultural centers on campus and have food donated from a variety of restaurants on Fourth Street.

IU vs. Ohio State

By Rishi Sethia, Wright President
rsethia@indiana.edu

The Wright Honors Council hosted a social event on Sunday, Feb. 27 to allow Wright Honors students to enjoy food and drinks while watching the Hoosier basketball team take on Ohio State. Although IU lost the game, everyone was able to cheer on the team and interact with fellow Honors students. Many students visited and watched the game for a bit before returning to their studies. Despite the tough loss, the event thrived as students enjoyed the overall experience.

Teter Unwinds

By Rob Gassert, Teter Academic Chair
rgassert@indiana.edu

The Teter Stress Management Seminar, our academic event for the fall semester, served as opportunity for Honors Students in Teter to take a break before finals. The event took place in the Teter Formal Lounge on Thursday, December 2nd, during dead week, allowing for students to enjoy cookies from Baked!, milk, donuts, brownies, juice, and other tasty snacks. They also learned various techniques to relieve stress. As the academic chair of the Teter Honors Council, I contacted the IU Health Center about our event. With the help of the Health Center, we were able to have Barbara Moss, a director there, join us to talk all about ways to relax and techniques to relieve the stress including breathing practices and laughter yoga. I think we all left feeling refreshed and ready to get back to work, as her teachings were very effective.

The night was a success as many students of Teter Residence Hall took an hour out of their study time and busy schedules to meet up with friends and residents for the event. While there was a large group of more than thirty students, it still was small enough to allow for a more personal feel. With the funding from the Teter Student Government and the help of the IU Health Center and Barbara Moss, we were able to make the night a very fun and educational experience.