

Indiana University Dance Marathon



dance marathon
PARTNERS

"The chance of a lifetime to give a lifetime of chance."

2005 DGR Guidebook

Indiana University Dance Marathon
5th Floor of the Activities Tower, IMU

Office: 855-6362

Monday-Friday 9am to 5pm

www.iudm.org

Julie Greenbaum, Director of Dancer Relations

jgreenb@indiana.edu

Top 10 Reasons to get Involved in IUDM

- 10) It's a great excuse to sleep all day Sunday.
- 9) It's one party the dean can't shut down.
- 8) You can smell and it will be socially acceptable.
- 7) Awesome bands and free food.
- 6) You can honestly tell your parents you had a productive weekend.
- 5) You can pig-out and work-out at the same time.
- 4) You weren't going to study anyways.
- 3) Another free t-shirt.
- 2) Where else can you get a full body massage...for free?
- 1) DO IT FOR THE KIDS!!!!!!

Indiana University Dance Marathon Mission Statement

To create a Dance Marathon, a dynamic organization of friends in community, that will provide hope for the ill children of Riley Hospital for Children by generating funds which will be used to build the Ryan White Infectious Disease Center.

Our diverse family of talented and dedicated student leaders will use compassion, strength, dedication, and vision to forge Dance Marathon into a lasting tradition of excellence in service to children in need.

In an environment thriving on faith in each other, hope for the future, and inspiration to achieve, we will stretch the limits of our mind, body, and spirit to launch the most humanly diverse and personally consuming experience at Indiana University.

What is a DGR?

Welcome to the 2005 Dance Marathon Team!!! We are looking forward to you and your organization participating in the 2005 Indiana University Dance Marathon. As a Dancer Group Representative, your main responsibilities include:

- ★ Serving as a liaison between your organization and the IU Dance Marathon Council
- ★ It's your responsibility to relay **ALL NECESSARY AND IMPORTANT INFORMATION** to the members and dancers in your organization.
- ★ Recruiting dancers from your organization and making sure they **REGISTER IMMEDIATELY**
- ★ Fundraising a minimum of \$400
- ★ Being an onsite source of information for your dancers—keep them informed on issues of registrations, meetings, fundraising, spirit points and the marathon in general
- ★ **MOTIVATING** your organization and dancers
- ★ Representing **YOUR ORGANIZATION**
- ★ Collecting your dancers money and turning it in to the IUDM office
- ★ Encouraging to get your organization to get the highest number of spirit points possible
- ★ Creating fundraising opportunities for your dancers
- ★ Informing your dancers and organization of all other IUDM events they can attend, including hospital tours and other special events

IU Dance Marathon History

“The chance of a lifetime to give a lifetime of chance”

April 9, 1991 marked the one-year anniversary of the death of a courageous youth; Ryan White captured the attention of his peers and the entire nation as he struggled with AIDS. His valuable lessons and insights on AIDS inspired many across the United States.

Jill Stewart, an IU student at the time, was inspired by her friend Ryan White. She wanted to memorialize her friend with an event at Indiana University, where Ryan had been scheduled to attend classes that fall. Penn State had won top student event honors the year before for their 48-hour Dance Marathon, so taking a few other IU students with her Jill visited the Penn State Marathon. At one glance, they knew it was an organization that needed to be started at Indiana University.

Working together, a group of 15 of the best leaders on campus made plans for the first ever IU Dance Marathon. With a mission statement in hand and the cause of the Ryan White Infectious Disease Center in their hearts, the students put on the 1st annual IU Dance Marathon during the weekend of October 25-27, 1991. The first year the 36-hour fundraising event raised \$10,900 for the children of Riley Hospital in Indianapolis.

Through the dedication and hard work of IU students, Dance Marathon has grown rapidly over the past ten years, reaching a total of over \$468,000 in its fourteenth year for grand fundraising total of over \$3 million to date. In addition, many satellite events have been created to help raise money, such as the Bishop Chatard, Southport High School, and Bloomington North High School Mini-marathons. Dance Marathon has become a tradition at Indiana University and has found its place in the hearts of many students.

The Indiana University Dance Marathon supports itself through donations and sponsorships from various organizations. All of the funds raised are donated to the Riley Hospital for Children to establish and aid the Ryan White Infectious Disease Center. Dance Marathon’s slogan, “The Chance of a Lifetime to give a Lifetime of Chance”, is truly professed in its actions and purpose. The organization gives everything it can so in the future a lifetime of chance can be given to the children of Riley.

<u>IUDM Building Blocks</u>	
1991	\$10,900.00
1992	\$23,000.00
1993	\$66,234.97
1994	\$96,293.93
1995	\$140,072.46
1996	\$152,760.00
1997	\$206,537.20
1998	\$230,565.17
1999	\$315,060.16
2000	\$402,324.17
2001	\$405,412.17
2002	\$415,000.19
2003	\$403,000.19
2004	\$468,600.19

A Dream Still Strong

“Chance of a Lifetime, to Give a Lifetime of Chance”

It is in his memory that Indiana University Dance Marathon was started thirteen years ago. His courage has given countless others the strength to continue their fight against life-threatening diseases. His hope has inspired many to never give up no matter what the cost. His ability to help others and his desire to educate the public about AIDS has inspired others to follow his lead. The Indiana University Dance Marathon was created in memory of Ryan White, with hopes of helping as many children as he did.



Ryan made a huge impact in the lives of people around the world. At the age of 13, Ryan was diagnosed with AIDS, a disease he contracted from contaminated blood products he had received for his hemophilia. News of Ryan's contraction of the virus sent many into a panic. People became afraid of Ryan because they were uneducated about HIV and AIDS. Even his school district in Kokomo, Indiana, denied him the right to return to classes. Ryan was engaged in court battles to gain permission to return to school. Although he eventually won his court case, the prejudice and fear still existed in his school and the community was hesitant to provide support for the family to reside in Kokomo. Finally, after a bullet was fired into the White's home, a decision was made to move to Cicero, Indiana, where they were welcomed with open arms.

Throughout his own struggles with the disease and public misconceptions, Ryan

spoke out. Through his actions he conveyed the importance of education in order to slowly stop the spread of AIDS.

Ryan White was a fighter. He fought his disease, never letting it control his life. He combated a great number of misconceptions and called for the compassionate treatment of each and every AIDS sufferer. Ryan appeared at schools and fund-raisers across the country and testified before the

President's Commission on AIDS. Ryan's strength earned him the attention and support of celebrities such as Elton John and Michael Jackson.

After a courageous struggle, Ryan White died on April 8, 1990, the spring before he planned to enter Indiana University. Jill Stewart, an IU student and close friend of Ryan's, had the vision and strength to continue Ryan's fight by creating the IUDM Council in 1991. In memory of Ryan's life and his work, the annual Dance Marathon benefits the Ryan White Infectious Disease Center at Riley Hospital for Children in Indianapolis. The 36-hour marathon raises money for Riley, with hopes of treating sick children with infectious diseases. The creation of the Ryan White Infectious Disease Center and the work of the Indiana University Dance Marathon both continue Ryan's legacy by providing funds and medical support to cure today's diseases for a better tomorrow.

"I'll only go to Riley" - Ryan White

MOTIVATION

Motivation plays a vital role in having a successful Dance Marathon!! If organizations were not motivated to dance and raise money, then there would not be a Dance Marathon. That is where the role of DGR becomes very important. **The DGR is the primary motivator for an organization.**

Key Factors in motivating your group:

- 👂 Remain positive at all times
 - o Remember positive energy is contagious
 - o If members of your organization see how excited you are about Dance Marathon then they are going to be excited about it too!!
- 👂 Inspire them
 - o Show them a video from Riley
 - o Let them see how their time and effort can help
- 👂 Encourage them and show them how easy it is to raise money
 - o Create new ways to raise money
 - o Start a contest between your dancers to see who can raise the most by a certain date
 - o Provide incentives within your organization
 - o Recognize those that are doing an exceptional job
- 👂 Get everyone involved
 - o Remember that you don't have to be a dancer in order to get involved and raise money for Dance Marathon
- 👂 Set Goals
 - o Establish a group goal together and make sure you attain it
- 👂 Remember the main reason why you are involved in Dance Marathon
 - o DO IT FOR THE KIDS!!!

- o You CAN make a difference!!



Fundraising

Tips on how to raise your \$\$\$!!!

General Helpful Hints:

1. First and foremost, remember that this is for the KIDS!! Don't lose sight of the main reason we are doing this. All of our efforts and hard work are for the children at Riley Hospital. Always remember that every contribution helps to save lives, and we really can and have made a difference.
2. The sooner you start fundraising the more money you will raise!
3. Get everyone involved!! Everyone can do something. Those who are not dancing can be involved on committees or simply help the dancers raise money!
4. Always stay motivated!! Enthusiasm is contagious! If you show people how wonderful Dance Marathon is, they will want to be involved!

How to start fundraising:

1. Personal Letter Writing
 - o Write letters to family, friends, doctors, professors, etc.
 - o This is one of the easiest and most effective fundraisers!!! You could send 15 letters and if you get \$20 back from each letter sent, you've made the qualifying amount to dance! Or you could send 30 letters and receive just \$10 back from each letter to make the \$300 minimum.
 - o Please remember to THANK EVERYONE WHO GIVES, whether it is by letter or phone.
2. Contact local churches, synagogues, etc.
 - o Churches in your area (especially Indiana) most likely will be more than willing to take up an extra collection for Riley Hospital.
3. Canning events
 - o Contact local businesses to see if you can stand outside and ask for donations for a couple of hours on a Saturday or Sunday.
 - o Call the IUDM office to see about their canning hours.
4. Soliciting Foundations/Business Sponsors
 - o Submit the name of the Foundation to the Director of Fundraising for approval. If approved send Foundation a prepared proposal.

- Any money donated by the Foundation will count towards your organization total this year only—therefore if the organization renews its gift, it counts towards your total only this year.

5. Motivation

- The power of motivation is IMMEASURABLE; therefore you have the ability to make a tremendous impact with all the people you know.



Indiana University Dance Marathon

Benefiting the Ryan White Infectious Disease Center at Riley Hospital for Children

Indiana Memorial Union, Suite 572
Bloomington, IN 47405

iudmc@indiana.edu
Ph: (812) 855-6362 Fax: (812) 855-4461

Dear Potential Contributor:

I am writing to let you know about the Indiana University Dance Marathon, an amazing organization that I'm involved with at school. This year I will be participating as one of 600 dancers during the Marathon in October. Our motto, "The chance of a lifetime to give a lifetime of chance," has inspired me to take on the challenge of standing on my feet for 36 hours in honor of children who may never be given the opportunity to experience life without daily medical challenges.

The Indiana University Dance Marathon was started by former IU student Jill Stewart in 1991 in hopes of honoring and continuing her close friend Ryan White's battle with the AIDS virus. Since then, every fall, hundreds of students fill a gym and spend 36 sleepless hours on their feet dancing, playing games, interacting with children, and having fun. This selfless act is done for the Ryan White Infectious Disease Center, a branch of the newly built Riley Outpatient Center at Riley Hospital for Children. Riley Hospital is a proud member of the Children's Miracle Network. Participants raise money through generous pledges from friends, family and also canning outside stores for donations. Corporate sponsors cover the costs of the marathon so that every penny raised goes directly to help the children at Riley. Dance Marathon dollars solely keep the Ryan White Center operational.

IU Dance Marathon is completely student-run and has over 200 undergraduates working on 14 various committees to ensure the best marathon possible. Over the past 13 years, IU Dance Marathon has proudly provided Riley with over 3 million dollars towards the research of pediatric infectious disease. Last year, with over 600 dancers involved, the marathon raised over \$468,000 for the children, making our marathon the *second largest student organization in the country!*

Since I have decided to become a dancer, I have had the opportunity to meet many children and their families. Each child has a unique story and individual needs, and with your donation they can be helped. IU students give endless time and energy for the children, such as Stacie shown above, but your help is also needed. I have set a personal goal to raise **\$23,493** and I cannot do this alone, ANY donation that you would be willing to give would be most appreciated. **My fraternity/sorority/organization, Delta Iota Kappa**, has also become very involved with Dance Marathon with over **50** members participating this year. With our efforts, we are hoping to raise philanthropic awareness around campus.

To find out more information you can visit our website at www.iudm.org. If you choose to make a donation you can donate online by clicking on the "PayPal Donate" icon.

Help a Child Like Stacie

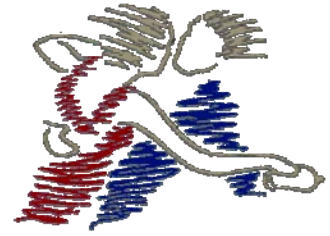
Stacie Thornburgh
Age : 20
Marathons Attended : 12
Graduated High School in '02
Favorite IUDM moment:
Speaking on stage
Hero: IUDM Dancer
Favorite movie: 101
Dalmatians & IUDM tapes
Hobbies: Playing with her
dogs and on her computer
Siblings: 1 Brother & 1 Sister



All checks can be made payable to Indiana University Dance Marathon. Donations can be sent to the following address:

Name
Street
City and ZipCode

Sincerely,
Your Name
2005 Dancer



Fundraising Ideas

- Topless Carwash—have a carwash and wash everything but the top of the car!
- Mommy's Day Out—organize a babysitting service for a day so that a bunch of mommies can go out together
- Powder puff football game – hold a football game where girls play and guys cheer
- kiss-o-grams—sell kiss-o-grams which come with Hershey's kisses
- blow-o-grams—sell blow-o-grams which come with Blow-pops
- Talent Show—have member perform in talent show and have people pay to be in the show or charge admission
- Cook Book—make and sell a cook book
- Donations in Honor of—have people give donations in honor of someone and post the names of the people who donated and who it was donated in honor of
- Silent Auction—get items donated to auction off in a silent auction at a family weekend or big organizational event
- Eating Contests—hold an eating contest and have people bid on who will win
- Miss-a-Meal—skip a meal and donate the amount you would normally spend on lunch in one day.
- Change round up/Quarters for kids—put a jar somewhere where people in your organization can see it and they can empty their pockets in it
- Baby photo contest
- Holiday-o-grams—sell notes and deliver them to others for whatever holiday is coming up
- Casual chapter/meeting—if you dress up for your meeting have your members donate to go casual
- Dare-o-gram—where a person sends it dares somebody to do something for a certain amount of money, which they have to pay, and the person who is dared either has to do the dare or match the amount the person who dared them
- Brown Bag Auction—auction off something in a brown bag and have people bid on it so they can find out what is inside

- Senior Auction– ask the senior members to auction off some of their chapter/organization wardrobe

BE CREATIVE!! AND WHEN YOU ADVERTISE DON'T FORGET TO MENTION IT'S FOR THE KIDS!!!!

Everything you wanted to know about Riley Hospital but were afraid to ask...

- ♥ Riley opened its doors in 1924 and was the first and only comprehensive children's hospital in the state of Indiana
- ♥ Riley Hospital was named for James Whitcomb Riley, a Hoosier children's poet
- ♥ Riley is one of the largest children's hospitals in the nation
- ♥ Parent care is greatly stressed—parents pull children in Town & Country Radio Flyer red wagons (with IVs, oxygen, etc. attached)
- ♥ The glass elevator in the lobby is called the "Tylenol Capsule" by the children
- ♥ Riley maintains a ratio of one nurse to every two patients
- ♥ The Riley Outpatient Center (ROC) was built in 2000 and houses the Ryan White Infectious Disease Center
- ♥ **The Ryan White Infectious Disease Center was built entirely by funds created from the hard work of the students associated with IU Dance Marathon**
- ♥ No Hoosier child is ever turned away from Riley Hospital because of an inability to pay
- ♥ The average stay at Riley Hospital is 8 days
- ♥ Kids go to school while at Riley—they have a full library and three school teachers on staff
- ♥ Engraving on the original entrance of Riley Hospital reads, "that they may have life, and have it abundantly"

- ♥ Approximately 20 children with AIDS are being treated at Riley on any given day
- ♥ 50% of all patients are under two years of age—25% of those patients are under 2 months

Spirit Points

There are so many ways in which an organization can earn Spirit Points! At the end of the Marathon there will be an award for the organization with the most Spirit Points. Thus, Spirit Points are a very important part of the Marathon.

Banner Contest

- ✓ Every group is required to turn in at least one banner to hang at the marathon
- ✓ You can get EXTRA SPIRIT POINTS if you hang a banner outside your house as well
- ✓ Banners must consist of a twin-sized bed sheet
- ✓ The following information needs to be included on your banner:
 - "Indiana University Dance Marathon"
 - "Riley Hospital for Children"
 - "The chance of a lifetime to give a lifetime of chance"
 - The name of your organization
- ✓ A date and time will be given for you to bring your banner to us, late banners will receive a spirit point deduction
- ✓ If your organization would like to make extra banners to bring to the Marathon, or to hang elsewhere on campus, you will receive extra spirit points
- ✓ BE CREATIVE!!!

Dancer Meetings

- ✓ Dancer Call-outs
 - Each dancer is required to attend a dancer call-out meeting. All dancers must attend in either the spring or the fall. It is extremely beneficial to everyone if dancers register in the spring.
 - More points will be awarded for attending the spring call-out versus the fall call-out.
 - More points will also be awarded for dancers that register in the spring.
 - Dates, times, and locations for the call-outs will be announced.
- ✓ Dancer orientations
 - The dancer orientation meetings will be held the week prior to the marathon. Each dancer is required to attend one of these meetings. It is guaranteed to be extremely beneficial and motivating to the dancers.
 - Spirit points will be awarded for every dancer who attends these meetings. (Attending these meetings will earn your organization TONS OF SPIRIT POINTS so make sure your dancers sign in!)

Visitors

- ✓ Visitors who sign-in for a particular group will earn additional spirit points for their group.
- ✓ Each organization will be assigned a special spirit point hour during the marathon. Double spirit points will be given for each visitor who attends during this time.
- ✓ Encourage friends to visit dancers throughout the Marathon. This is a great way for your organization to show their support and motivate dancers.

Riley Tours

- ✓ It is very important that we remember the reason that we are dancing, to help raise money for Riley Hospital for Children. In order for you to really see where the money is going we are offering Riley Tours. These will be given in the fall prior to the marathon. Please sign up for the tours in the Dance Marathon office located on the fifth floor of the activities tower in the Union. Since we feel that these tours are such a great opportunity, WE WILL GIVE ANY DANCER THAT ATTENDS A RILEY TOUR A HUGE AMOUNT OF SPIRIT POINTS.
- ✓ The organization that has the most members go on Riley Tours before the Marathon will receive BONUS SPIRIT POINTS.

DGR Meetings

- ✓ DGR's will receive spirit points for each meeting they attend.
- ✓ If the DGR(s) cannot attend, they must send a delegate in their place. If they do not find a replacement, their organization will receive a spirit point deduction for each missing DGR.

DGR Fundraising

- ✓ We are asking that all DGR's raise a minimum of \$400.
- ✓ Your organization will be deducted spirit points per DGR who does not reach the minimum.
- ✓ However, for every \$50 OVER \$400 you raise, you will receive EXTRA spirit points. Set an AWESOME example for your organization's dancers.

Other Ways to Earn Spirit Points

- ✓ Independent fundraising events (this means that you plan it for your organization)
- ✓ You will also earn spirit points every time a member of your organization goes canning with IUDM. You will be notified of these events.
- ✓ Every time a member of your organization attends a Special Event for IUDM you will receive spirit points. You will be notified of these events.
- ✓ An ENORMOUS amount of spirit points will be awarded if your organization enters a team in the IUDM golf tournament, so contact your dads and others you know who like to play golf!
- ✓ Spirit points will also be given for members of your organization who attend events during IUDM week in the fall.
- ✓ If anyone from your organization helps to set-up/tear down the marathon your organization will receive spirit points.
- ✓ IUDM is collecting old cell phones. Your organization will receive spirit points for every cell phone donated by members of your organization.
- ✓ OPERATIONS DONATION LIST → a donation list of items needed to run the Marathon will be provided. MAJOR SPIRIT POINTS WILL BE AWARDED FOR ANYTHING DONATED OFF OF THIS LIST!!!
- ✓ Your organization will also receive spirit points for having IUDM COMMITTEE MEMBERS and MASS MEMBERS.

SPIRIT POINT DEDCUTIONS

- Leaving the marathon before it is over will result in a HUGE SPIRIT POINT DEDUCTION! (In addition, there will be a \$350 deduction from your organization total if a dancer leaves.)
- NO representation from your organization at the Dancer Orientation meetings.
- Each DGR missing from your organization at a DGR meeting.
- Failure to raise the \$400 minimum required for DGRs.
- Sleeping at the marathon in rooms/bathrooms/anywhere else at the HPER.

IUDM Wish List

If your organization provides Dance Marathon with any of the supplies listed you will receive a GIGANITC amount of spirit points. Keep checking the website at www.iudm.org for updates on the list.

Printing Paper

Duct Tape

Table—will return

Stamps (big spirit points!!)

Plastic Silverware

Paper plates/cups

Napkins

Construction paper

Crayons

Markers

Tools—will return if labeled

Chairs—will return

Poster board

Sidewalk Chalk

Corporate Sponsors (big Spirit Points!!)

Staples

Safety pins

What Every DGR Should Know

How to Organize Dancer Money

You should keep an envelope for each dancer and when they turn in the money just put it in that envelope. Make sure that dancers turn in the money to you as they are getting it. You should be turning in the money as you are getting it as well. Try to bring money to the Dance Marathon office weekly or to the DGR meetings.

Dancer Buddies

One of the best ways to keep dancers motivated at the marathon is to pair them with a dancer buddy. Have people in your organization volunteer to be a dancer buddy. This means that at the marathon the dancer buddy will bring the dancer all sorts of goodies from magazines to balloons to food.

Internal Incentives

A great way to motivate your organization's dancers to raise money is to create internal dancer incentives. These can be things such as:

- The three highest fundraisers get a free party favor at formal or an organization event
- The room that raises the most money gets a pizza party
- The highest fundraiser gets extra house points so they can have a bigger room

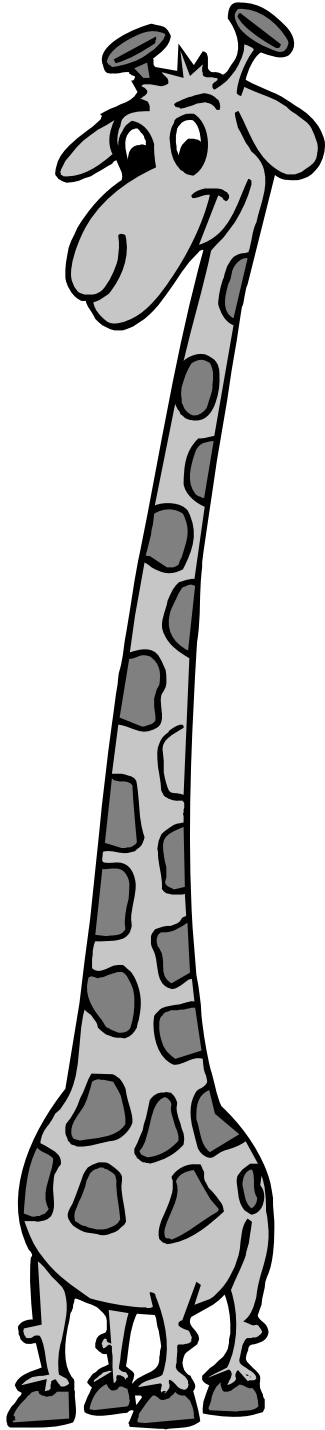
Set Individual/Group Fundraising Goals

A great way to motivate dancers is to raise money is to have the dancers set goals. Each dancer should set an individual goal (and encourage them to set this above the \$300). Your organization should also set a fundraising goal. This could be set at an organization meeting and EVERYONE IN THE ORGANIZATION CAN HELP fundraise to meet this goal.

Post Signs about Dance Marathon

Post signs around your house or organization office to let the members know about upcoming Dance Marathon events. Inspirational and motivational signs can also be posted to encourage everyone to get involved.

DANCER BUDDIES



A dancer buddy is a person who is not dancing during the marathon but volunteers to help out one of your organization's dancers. They help by bringing gifts to the marathon to boost the morale of the dancers.

What does a Dancer Buddy do?

A dancer buddy devotes a large portion of their weekend to Dance Marathon meeting the needs of the dancer. They bring the dancer their favorite food, toys, mail, magazines and anything else the dancer desires. This will help the dancer get through the marathon!

When should I start looking for Dancer Buddies?

DGRs should begin looking for Dancer Buddies in the beginning of fall semester. At least one dancer buddy should be assigned to each dancer, however more than one can be assigned so there is less work and less of a financial burden per buddy.

How do Dancer Buddies help the DGR?

Dancer Buddies take some of the responsibility off the shoulder of the DGR. If there is at least one person attending to the needs of each dancer there will be less work to do the weekend of the marathon. This way the DGR will be able to enjoy the weekend.

How do the Dancer Buddies know what the dancer wants?

Some time before the Marathon send out a questionnaire to the dancers asking them some of their favorite things. Their favorite things can include Bloomington restaurants, drinks, magazines, snack food, candy, etc. The dancer buddy can also give the dancer things such as mini back massagers, toys, puzzles, games, mad-libs, hula-hoops, coloring books, and more.

What is a Dancer Buddy?

Thanks from the Riley Families

“Thanks for giving Amy a great time her very last week she lived. I hope you will pass on to next year’s committee that we would love to come and encourage the kids too, even though Amy will be there in spirit only. She loved coming to Dance Marathon and I truly believe she lived just for that weekend this year as she went into a coma Monday after being there on Sunday. Thanks again for making her last few days great ones.”

-Janet & Dave Frey

“We thank you for inviting us to share our love, our inspiration, our stories, our lives and thanks to you...a promise for a future.”

- Rose, Nate Sr., Cesalie and Nate Jr. Black and Vincent Buckner

“Every October we anticipate our little weekend getaway to watch in wonder as so many students ban together to give of themselves...What we, the families take away from this fun-filled weekend (besides all the fun!) is the incredible sense of caring you provide.”

- Sharon, Rich, Calvin and Chas Lunseth

“You hear so many bad things about the young people; come see a group of young people doing good for others. Once you attend the IU Dance Marathon, you will return next year.”

- David, Bonnie and David Flick



“All the Riley Hospital doctors and nurses and the Child Life Department helped me get well, but what also helps me is knowing Indiana University students care enough to raise money for sick and injured kids. Thank you IU Dance Marathoners! Thank you for helping Riley Hospital give me – and thousands of other kids – life! “

- Stacie Thornburgh

WINNERS ARE PEOPLE LIKE YOU

Winners take chances.
Like everyone else, they fear failing,
but they refuse to let fear control them.
Winners don't give up.
When life gets rough, they hang in
until the going gets better.
Winners are flexible.
They realize there is more than one way
and are willing to try others.
Winners know they are not perfect.
They respect their weaknesses
while making the most of their strengths.
Winners fall, but they don't stay down.
They stubbornly refuse to let a fall
keep them from climbing...
Winners don't blame
fate for their failures
nor luck for their successes.
Winners accept responsibility
for their lives.
Winners are positive thinkers
who see good in all things.
From the ordinary, they make
the extraordinary.
Winners believe in the path they
have chosen
even when it's hard,
even when others can't see
where they are going.
Winners are patient.
They know a goal is only as worthy
as the effort that's required to achieve it.
Winners are people like you.
They make the world a
better place to be.

INDIANA UNIVERSITY DANCE MARATHON

Do it for the Children



n

Some call us a family and we are I would say.

Cause we all came together in the very same way.

To help those young children that may not live.

And to look in ourselves to see what we can give.

We're not here for the fame or involved in the glory.

We are because the kids are a unique kind of story.

See some will stay with us but some might say good-bye.

And I wish I could tell you but I don't know why.

Why these kids are born hurting with frowns on their faces.

And spend most of their lives in hospital type places.

It tugs at your heart when those big tear-filled eyes

Are looking up at you and asking why.

Why their bodies don't work right and their world is so sad.

And they can't live at home with their mommy and dad.

So keep working hard for those sick little ones.

And know deep in your heart that good's being done.

Because what you are doing helps make miracles each day.

For you give of yourselves in an unselfish way.

I.U. Dance Marathon



What does it mean?

It means the chance of a lifetime to give a lifetime of chance.
It means dancing for kids who dream of walking.
It means hugging someone when they need it most.

What is it?

It's a place that you learn a lot about yourself.
It's a thing that both frustrates and gratifies you all at once.
It's a feeling that no words can describe.

Why do it?

I do it because I want to give something back.
I do it because it opens my heart.
I do it because I can, for others who can't.

Where do I start?

I start with a cause that is more than worthwhile.
I start with a group I call my best friends.
I start with a family I know never ends.