

## **VITAL SIGNS ADULT**

B/P- MALE: SYSTOLIC (TOP )=100 PLUS AGE  
UP TO 150 NEVER OVER  
DIASTOLIC: (BOTTOM )= BETWEEN  
60 AND 90

FEMALE: SYSTOLIC=100 PLUS AGE UP TO  
140 NEVER OVER  
DIASTOLIC: BETWEEN 60 AND 90

PULSE- BETWEEN 60 AND 100

RESPIRATIONS- BETWEEN 12 AND 20

## **DIAGNOSTIC SIGNS**

- LEVEL OF CONSCIOUSNESS (LOC)
- CAPILLARY REFILL
- ABILITY-INABILITY TO MOVE ON COMMAND
- SKIN TEMP.
- SKIN COLOR
- PUPIL REACTION TO LIGHT
- VERBAL-PAINFUL STIMULI