

Hapkido 3rd Kup - Brown Belt

Belt Size _____ Name _____ Today's Date _____ E-Mail _____
 Class Day _____ Address _____ Starting Date _____ Birth Date _____
 Class Time _____ Last Promotion Date _____ Age _____

		ATTACKS FROM THE REAR		ATTACKS FROM THE FRONT	
Arms Pinned					
Arms Free					
Hand Choke					
Hair Pull					
Shoulder Grab					
Cross Shoulder Grab					
Double Shoulder Grab					
Elbow Grab					
Cross Elbow Grab					
Double Elbow Grab					
Wrist Grab					
Cross Wrist Grab					
Double Wrist Grab					
One Free/One Pinned					
Arms Locked					
Arm Choke					
Full Nelson					
Lapel Grab					
Cross Lapel Grab					
Double Lapel Grab					
Grab and Punch					
Head Lock (Front)					
Head Lock (Side)					
Waist Tackle					
PUNCH DEFENSES		KICK DEFENSES		WEAPON DEFENSE	
Reverse Punch (5)		Random (10)		Club (5)	
Jab (5)		Reaction Time		Knife (3)	
Hook (5)		Blocks		Gun (3)	
Blocks		Counter Attacks			
Counter-Attacks				Pass _____	Fail _____

I recognize that belts are awarded only when specific standards of performance can be met by the student during testing. If I do not achieve the desired rank, I may test again, at no cost, for that rank at the next testing session. I recognize that promotion standards are uniform and that each belt reflects a specific level of competence.

Judge Signature _____

Student Signature _____

HAND TECHNIQUES			BODY MOVEMENT		
<i>Mil Gi</i>			Front & Back		
Elbow Grab (5)			Side to Side		
Shoulder Grab (5)			Slide Back 45		
Body Movement			Inside Pivot		
Reaction Time			Back Pivot		
Counter Attack			Cross-Step & Turn		
<i>Job Gi</i>			Back Spin		
Elbow Grab (5)			Back Step		
Shoulder Grab (5)			FALLING		
Body Movement			Back Fall		
Reaction Time			Side Fall		
Counter Attack			Front Fall (stand)		
<i>Keuk Gi</i>			Roll Out		
Elbow Grab (5)			over obstacle		
Shoulder Grab (5)			pushed		
Body Movement			Side Roll		
Reaction Time			Back Roll		
Counter Attack			pushed		
Grab and Lock (8)			8 Directional Roll		
Come-a-longs (5)			Ground Fighting		
<i>Dungee Gi</i>			WEAPON DEMONSTRATION		
Elbow Grab (5)			Movement		
Shoulder Grab (5)			Flow		
Body Movement			Pressure Points (3)		
Reaction Time					
Counter Attack					
Grab and Throw (8)					

BLOCKS & STRIKES			Back Crescent			Thunder Kick		
			Drop Back Side			Double Front (apart)		
			Drop Back Spin			Double Front (together)		
KICKS			Jump Front (front)					
Front			Jump Front (back)					
Front Twist			Jump Front 45			Kick/Sliding Kick		
Half Moon			Jump Roundhouse (front)			Inside/Outside Crescent		
Roundhouse			Jump Roundhouse (back)			Roundhouse/Back Spin		
Side			Jump Roundhouse 45			Side/Back Side		
Back Side			Jump Side (front)			Own Combinations		
Back Spin			Jump Side (back)					
Back Spin-hook			Jump Side 45					