



Kinesiology Coaching Minor (20 credit hours)

Department of Kinesiology

Effective for students matriculating August 2004

2.0 minimum cumulative minor GPA required. No Pass/Fail.

DRAFT

I. REQUIRED CORE COURSES (10 credit hours)

___	2	HPER	P280	Principles of Athletic Training and Emergency Care (2 cr.)
___	3	HPER	P335	Theories of Conditioning for Coaching
___	3	HPER	P435	Philosophical Foundations of Coaching
___	2	HPER	P455	Practicum in Coaching (includes weekly seminar)

II. COACHING COURSES

Select 4 credit hours from the following:

___	2	HPER	A361	Coaching of Football
___	2	HPER	A362	Coaching of Basketball
___	2	HPER	A363	Coaching of Baseball
___	2	HPER	A364	Coaching of Track and Field
___	2	HPER	A367	Coaching of Swimming and Diving
___	2	HPER	A368	Coaching of Tennis
___	2	HPER	A370	Coaching of Soccer
___	2	HPER	A371	Coaching of Volleyball
___	2	HPER	E220	Training Theories for Endurance Events
___	2	HPER	P317	Strength Training
___	1	HPER	A483	Sports Officiating (usually basketball, track and field, or softball)

III. SPECIALIZED ELECTIVES

Select 6 credit hours from the following:

(Other appropriate courses may be substituted)

___	3	HPER	N231	Human Nutrition (<i>P: CHEM C100 or C101 or equivalent</i>)
___	3	HPER	P212	Introduction to Exercise Science
___	3	HPER	P205	Structural Kinesiology
___	3	HPER	P391	Biomechanics
___	3	HPER	P405	Introduction to Sport Psychology
___	3	HPER	P409	Basic Physiology of Exercise (<i>P: PHSL P215</i>)
___	3	HPER	P452	Motor Learning

- Proof of CPR certification required
- First Aid and AED Essentials certification strongly recommended

Note: Students with majors in the Department of Kinesiology will need to complete 12 of the 20 minor credit hours in courses that are NOT included as a part of major requirements.