



**MASTER OF SCIENCE IN KINESIOLOGY
FITNESS MANAGEMENT
Minimum 35 Credit Hours and 3.0 GPA Required**

A. Foundation: Nine (9) hours foundations courses with approval of major advisor.

CODE	COURSE TITLE	SEMESTER	REQUIRED		FILE UPDATE	GRADE
			Yes	No		
K522	The Role of Sports in Society		☐	☐		
K525	Psychological Foundations of Exercise and Sport		☐	☐		
K527	Adherence to Physical Activity		☐	☐		
K533	Advanced Theories of High-Level Performance		☐	☐		
K535	Physiological Basis of Human Performance (P: PHY P215 or equivalent)	Fall	☐	☐		
T590	Introduction to Research in Health, Kinesiology and Recreation (HKR)	Fall/Spring/Sum II	☐	☐		
T591	Interpretation of Data in (HKR)	Fall/Spring/Sum II	☐	☐		
T592	Statistical Techniques of Research in (HKR)	Spring	☐	☐		
T691	Correlational Techniques (P: T592 or equivalent)	Spring	☐	☐		
C510	Organization and Administration of Public Health Programs		☐	☐		
C589	Models and Theories of Health Behavior	Fall	☐	☐		
H524	Gerontology: Multidisciplinary Perspectives		☐	☐		

B. Fitness management Core Courses: Twenty-four (24) hours

CODE	COURSE TITLE	SEMESTER	REQUIRED		FILE UPDATE	GRADE
			Yes	No		
K500	Administration of Fitness Programs	Fall	☐	☐		
K511	Legal Issues	Spring	☐	☐		
K560	Exercise in Corporate Fitness and Wellness		☐	☐		
K514	Sport Marketing and Sponsorship	Spring	☐	☐		
K516	The Sport Industry	Sum I	☐	☐		
R544	Legal Aspects of Recreation		☐	☐		
K574	Facilities for Education, Recreation, Health and Safety	Spring	☐	☐		
T594/K615 (Skirvin)	Financial Analysis in Sport (P: T594 or equivalent)	Fall/Spring	☐	☐		

C. Fitness Competency: Students must meet the following competency requirements by showing coursework equivalents either prior to entering the program or during the initial semesters of graduate study. Check two separate boxes.

Required Certifications: Personal training: Certificate Name _____ Certification Date _____
 ACSM (HFI): Certificate Name _____ Certification Date _____

CODE	COURSE TITLE	SEMESTER	REQUIRED		FILE UPDATE	GRADE
			Yes	No		
	Structural Kinesiology OR		ف	ف		
	Basic Human Anatomy		ف	ف		
	Basic Human Physiology		ف	ف		
	Basic Physiology of Exercise (P: ANAT A215 or HPER P205 & PHSL P215 or)	Fall/Spring/Sum II	ف	ف		
	Fitness Testing Leadership & Program Design for Apparently Healthy & Special Populations (P: P409)		ف	ف		
K506	Computer Applications in Kinesiology OR	Fall	ف	ف		
R521	Computer Systems in Recreation and Park Administration	Sum II	ف	ف		
K525	Psychological Foundations of Exercise and Sport	Fall	ف	ف		
T591	Interpretation of Data	Fall/Spring/Sum II	ف	ف		

Electives

Elective courses allow the student to specialize. Electives must be chosen in consultation with the student’s major advisor. Students have access to graduate courses within the School of HPER and outside the School. Many students elect HPER K605: Internships in Sports Management (maximum of 3 credits).

I agree to the proposed course listings as outlined above.

 Student’s Signature

 Date

 Advisor’s Signature

 Date