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- Hoosiers Outrun Cancer
- MOCMS Book Club
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*James V. Faris, MD*

*Caitilin Kelly, MD*

*Dan Lodge-Rigal, MD*

*Carrie Davis, MD*

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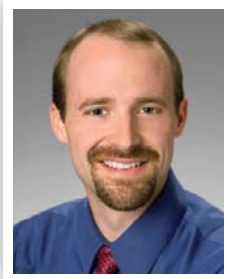
P.O. Box 5092

Bloomington, IN 47407

t: 812.332.4033

e: director@mocms.org

[www.mocms.org](http://www.mocms.org)



## From the President

Dear MOCMS Members,

Greetings! I hope this newsletter finds you doing well and getting ready to spend some time with your family and friends in the upcoming holiday season. It seems as if fall has gone by quickly and winter is arriving early this year!

Since the last newsletter, 2018 has brought some fun and informative events for MOCMS. Our Fall General Meeting was held on September 12 at the Bloomington Country Club, with special guests Brian Shockney, President of the IU Health South Central Region and Teri Moren, Coach of the IU Women's Basketball team (and 2018 WNIT Champions). We appreciated having them both as our speakers and it was a fun evening to help foster camaraderie amongst our members. Photos from the meeting are included in this newsletter. Also, the MOCMS 2nd Annual Enigma event was held on October 16. It was great to hear from our presenters and the time of discussion was quite lively! See Dr. Knudson's article and photos from the event later in this newsletter.

The 2018 Annual ISMA Convention was held at the end of September in Indianapolis and many new resolutions were adopted. You may see the resolutions at [www.ismanet.org](http://www.ismanet.org). Dr. Davis highlights some of these later in this newsletter. Also, a few MOCMS members participated in the Hoosiers Outrun Cancer event in September. We hope to have more participants in 2019 for this worthwhile event.

Coming up on November 27, there is a premier Women in Medicine event at Caliente Fitness Studio. This will be a mini Yoga retreat and invitations and reminders have been emailed to our members. Details are also included in this newsletter's Save the Date.

In addition, MOCMS will be welcoming new (and old) members to a Meet & Greet event at Switchyard Brewing Company on January 24, 2019. Come out from a time of fellowship with new colleagues in town.

As 2018 comes to a close, I do want to share that I have enjoyed serving as your society President for the past 2 years. I extend best wishes and much thanks to Dr. Laura Knudson who will take over as MOCMS President in 2019. I'm appreciative of her service thus far in our society, and know she'll lead us well over the next couple years. The MOCMS Executive Committee continues to be active and interested in providing innovative programs and activities for you. As always, your communication and involvement are certainly welcome.

Sincerely,

**J. Wes Archer, MD**

*President*

*Monroe Owen County Medical Society*

# Welcome New Members

MOCMS would like to welcome the following new members:

**Christopher Carter, MD**  
*Pathology*

**Kathleen Jones, MD**  
*Obstetrics-Gynecology*

**Helen Kirk, MD**  
*Pulmonary Medicine*

# Monroe Owen County Medical Society Fall General Meeting

MOCMS members gathered for their Fall General Meeting on September 12, 2018 at the Bloomington Country Club. We welcomed special guest presenters, Coach Terri Moren, the coach of the IU Women's Basketball team, and Brian Shockney, President of the IU Health South Central Region. Coach Moren discussed the success of her 2018 WNIT team, and welcomed all to help celebrate the enthusiasm and fun of the 2018-2019 season. Come and cheer on the lady Hoosiers! Brian Shockney shared details and progress of the new IU Health Regional Academic Health Center, in which IU Health and Indiana University are partnering. The new medical campus will include Indiana limestone construction, and will offer a patient, family, physician and team member experience that will be welcoming, intuitive, serene and calming. The proposed completion date is Q3 2021. Brian is hoping that sometime in the near future, MOCMS members could have a private tour of the site. Stay tuned...



# ISMA Annual Convention

Carrie L. Davis, MD

This September, delegates from Monroe-Owen County Medical Society attended the annual ISMA convention in Indianapolis. Your colleagues representing you included Dr. Clark Brittain, Dr. Jim Faris, Dr. Caitilin Kelly, Dr. Tashera Perry, and me. Numerous important resolutions were presented and adopted. For a full list of resolution actions, go to [www.ismanet.org](http://www.ismanet.org). I will highlight a few for you.

Again this year, we saw resolutions pertaining to the infrastructure of the ISMA membership and delegation. A resolution was passed that will allow a district trustee to fill open county delegate seats to the ISMA convention with another member delegate from within the district. A resolution was discussed that called on separating county medical societies from the state medical society. Significant concern was expressed about the ramifications of such a change and, as a result, this resolution was referred to the board for study.

The shortage of psychiatric care in Indiana was recognized at this year's convention with a resolution passed on ISMA supporting policy whereby medical schools and the state of Indiana work to increase the number and funding of psychiatry residencies within the state and other provisions to help increase psychiatric care. A relatively controversial resolution regarding what the ISMA can do about the inadequate number of residency slots for the number of graduating medical students was debated heavily; resolution 18-47 was ultimately referred to the board for action. Physician burnout and mental health was recognized at this year's convention; your ISMA will ask the AMA to create a new Physician and Medical Student Suicide Prevention Committee with the goal of addressing mental health disorders and suicides among medical students and physicians.

Several resolutions passed regarding patient and public safety. A resolution was adopted that calls on the ISMA to seek legislation that would make it illegal for a pharmacy to dispense auto-injectable epinephrine or glucagon with an expiration date less than 12 months away from the date of dispense. Additionally, a resolution titled "Increasing survival following mass casualty events—stop the bleed" passed that seeks legislation to place wall-mounted bleeding control kits with step-by-step bleeding control technique instructions in every school in Indiana. Your ISMA now officially supports the position of the FDA and AMA opposing the sale and marketing of e-cigarettes to children. Your ISMA also supports a tax increase on

all-non-medical nicotine-containing substances and delivery devices. In an effort to curb prescription medication abuse, the ISMA will support efforts for county coroners/medical examiners to notify health care providers when their patients have died of an opioid overdose and call on INSPECT to share de-identified data with providers so that we may see how we compare to our peers in regards to opioid prescribing.

Your colleagues from MOCMS submitted resolutions at this year's convention. Dr. Brittain submitted a resolution calling for legalization of medical cannabis. His resolution joined another resolution regarding medical marijuana this year. These resolutions had abundant discussion on the floor and were ultimately referred to the board for study and action. I submitted three resolutions this year and all passed with minor amendments. Two of my resolutions pertained to nurse practitioners and their supervision and scope of practice. The other resolution charges the ISMA with forming a committee of medical society leaders within the state to discuss truth in advertising law and then pursue such legislation.

Finally, there was a comprehensive resolution pertaining to the proposed Medicare payment system changes. Hopefully you all have seen the recent news that CMS has suspended the proposal of cutting Medicare payment for modifier 25 and has also delayed collapse of E/M codes and corresponding reimbursement. The AMA is carefully watching what CMS plans to do about sweeping Medicare payment changes; input from the AMA, specialty organizations, and physicians like you definitely affect the outcome of these proposals. Please watch for updates and calls to action—your voice matters!

Save the date for the next ISMA Annual Convention September 13-15, 2019 at the Embassy Suites in Noblesville.

# Enigma Series

Laura B. Knudson, MD

## Physicians Pleasurably Pondering Puzzles

Our Second Annual Enigma Series, conducted on October 16 at 7:30 pm, was a rousing success. 23 physicians gathered to enjoy tasty appetizers, wine and beer at the chic Fourth And Rogers location while they socialized, pondered difficult cases and rediscovered that medicine was still fun. Specialties of those present included OB-Gyn, Anesthesiology, Pathology, Surgery, Family and Internal Medicine, Gastroenterology, Cardiology, Orthopedic Surgery, Emergency Medicine, Radiology, Psychiatry, and Urology, with a wide range of experiences and years practiced.

Dr. Eric Knabel dusted off his stand-up comedy skills to present a fascinating case of recurrent Stevens Johnson syndrome, emphasizing the value of inter-specialty communication and close patient questioning (hint: know when your specialists' procedure days occur). Varying differential diagnoses and jokes flew around the room as we tried to find the key to solving this puzzling case. The process to discover the solution was as amusing as the final diagnosis and solution was satisfying.

Dr. Prodyot Ghosh and Dr. Dan Lodge-Rigal then co-presented a literal one-in-a-million presentation of a case from over 20 years ago. Their Whipple's Disease case brought a zebra to life in front of our eyes, as we puzzled over the pink and purple slides of intestinal mucosa that some of us haven't seen since medical school. Though we are unlikely to see another Whipple's Disease again in Bloomington, it was a pleasure to walk through the process with two such knowledgeable and caring physicians.

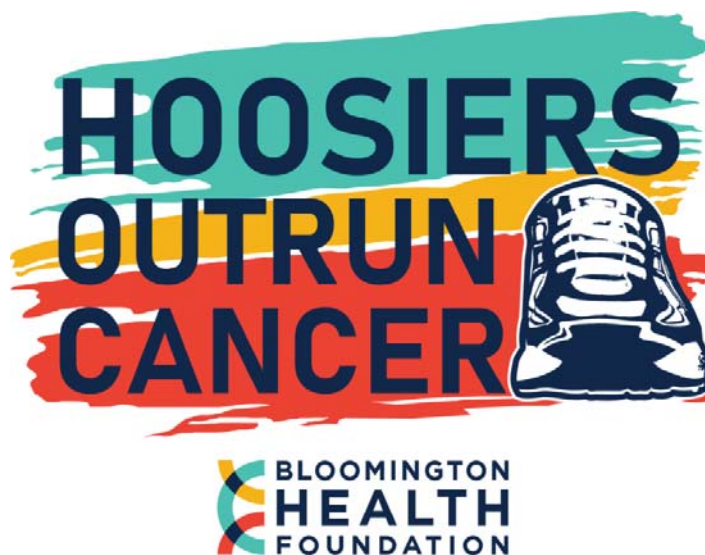
We plan on offering this program annually, so start saving your interesting cases now and keep an eye out for good puzzles to share. Many physicians commented on how much they enjoyed the collegiality and camaraderie that developed during the presentations, and how fun it was to solve the puzzles as a group. We hope you can join us next time!

# TEAM MOCMS – Hoosiers Outrun Cancer

Members of Team MOCMS gathered along with over 4,600 participants at IU Memorial Stadium on Saturday, September 29th for the 19th annual Hoosiers Outrun Cancer. A record number of teams registered for this year's event and the weather was perfect for a 5K run and walk around IU's beautiful campus.

This year Hoosiers Outrun Cancer proudly raised over \$300,000. Proceeds of the event support members of the local community who are fighting cancer including patients, their family, and their friends. The Bloomington Health Foundation Cancer Support Fund assists – at no charge – those in our community with needs beyond clinical care.

Thank you to those who participated! Mark your calendar for next year's event scheduled on Saturday, September 20th, 2019



## New MOCMS Event

# MOCMS Book Club

Hosted by Dr. Christal Greene, Anesthesiologist

The purpose of the book club will be to create a space that allows for meaningful conversation and vulnerability with a focus on revitalization and inspiration. MOCMS is excited to present this new event, and hope it will become a quarterly get-together. Ideas for future books and topics are welcome. Please send ideas and comments to: Director@mocms.org. Look for details to be emailed to you within the next few months.

- **WHEN:** First discussion late March- given plenty of time to read book!!!
- **WHERE:** Sherwood Green Clubhouse, the exact date/time is to be determined
- **WHO:** Open to all MOCMS members

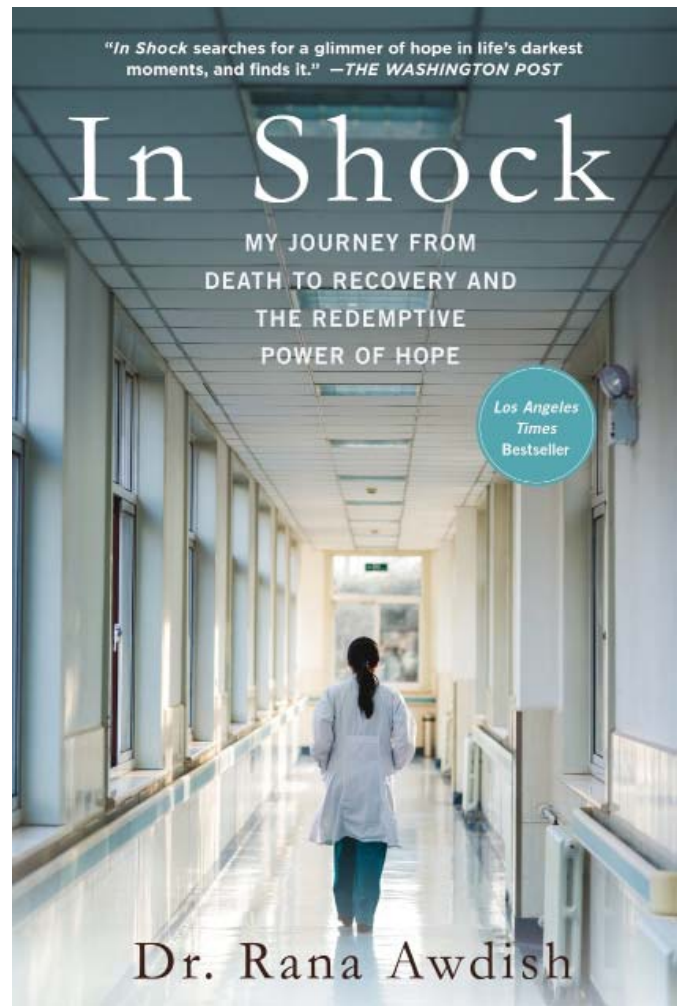
### Book Selection:

**In Shock: My Journey from Death to Recovery & Redemptive Power of Hope** by Rana Awdish, MD

*"In Shock* is a brilliantly written account of Awdish's near death experience and what it is like to be on the "other side" of medicine. Through her sometimes shocking, often heartbreaking and always honest storytelling, Awdish poignantly brings to the forefront both our collective and individual shortcomings despite our best intentions. She clearly demonstrates the necessity and urgency for us to move away from "The House of God" culture, where we were trained to detach and depersonalize, to one that needs to be centered around empathy and caring, not just for the sake of our patients, but for our own humanity. The next generation will look back on *In Shock* as a transformational book and it will be mandatory reading for everyone in healthcare." — Sara Hegab, MD, Senior Staff Physician, Pulmonary and Critical Care Medicine, Henry Ford Hospital

### Amazon Kindle link:

[https://www.amazon.com/Shock-Journey-Death-Recovery-Redemptive-ebook/dp/B06XWFRPKB/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1541596730&sr=1-1&keywords=in+shock+dr+rana+awdish](https://www.amazon.com/Shock-Journey-Death-Recovery-Redemptive-ebook/dp/B06XWFRPKB/ref=sr_1_1?s=books&ie=UTF8&qid=1541596730&sr=1-1&keywords=in+shock+dr+rana+awdish)



# SAVE THE DATE

## MOCMS WOMEN IN MEDICINE MINI YOGA RETREAT

**TUESDAY, NOVEMBER 27, 2018**

6:30 pm to 8:30 pm

Caliente Fitness Studio

2620 N. Walnut St, Ste 1500, Bloomington, IN

Enjoy a one-hour yoga session along with social time, wine and cheese after class.

Space is limited; please RSVP to Kim at [mocms2@gmail.com](mailto:mocms2@gmail.com)

## MOCMS NEW MEMBER MEET AND GREET

**THURSDAY, JANUARY 24, 2019**

5:30 pm to 7:30 pm

Switchyard Brewing Company

419 N. Walnut St., Bloomington, IN

Light dinner and beverages will be provided. Look for an invitation to me emailed to you in December.

Please RSVP to Kim at [mocms2@gmail.com](mailto:mocms2@gmail.com)

**Tentative:**

## SPRING GENERAL MEETING, IU BASEBALL VS MINNESOTA

Saturday, April 27, 2019

Details will be sent in the near future.

# Take Back Drugs Safe Drug Disposal

Do you have unused medications that you no longer need? Would you like to get rid of them? There are two locations in Bloomington that will take back these medications:

## CVS Pharmacy

- 2701 E. 3rd St. (3rd & Bypass)
- Open 24 hours

## Monroe County Sheriff's Dept.,

- 301 N College Ave
- Drop off medications at the 7th St. entrance
- Monday to Friday, 8:00 am to 6:00 pm

If you would like a flyer regarding "Take Back Drugs Safe Drug Disposal" for the patients in your office, please contact us at [director@mocms.org](mailto:director@mocms.org). We would be happy to deliver to your office.



# Leaving Practice or Retiring Soon?

Please let MOCMS know where your medical records will be stored.

One of the most common phone calls received at the MOCMS office involves locating patient medical records for physicians who have moved or retired from practice. MOCMS keeps a database of that information for a number of physicians but certainly not for all former or current members. If your medical records are not housed at Storage Unlimited or with an ongoing practice from which you have retired, please contact the office to update that information for our database. You may email to [director@mocms.org](mailto:director@mocms.org) or call 812-332-4033. Thank you very much!

## Need more information?

Contact [www.ismanet.org/legal/FAQ/all.htm](http://www.ismanet.org/legal/FAQ/all.htm)

**PLEASE NOTE THE NEW LAW (PL 76-2017) WHICH TOOK EFFECT ON JULY 1ST REGARDING ABANDONED MEDICAL RECORDS.** For more information go to <http://iga.in.gov/legislative/2017/bills/senate/549#>



## JOSEPH Q. MANLEY

FINANCIAL ADVISOR

[hurlowwealth.com](http://hurlowwealth.com)  
[jmanley@hurlowwealth.com](mailto:jmanley@hurlowwealth.com)  
O: 812-333-4726 | C: 317-352-1658

3925 Hagan Street, Ste 300 | Bloomington, IN 47401 | 812-333-4726  
50 East 91st Street, Ste 205 | Indianapolis, IN 46240 | 317-550-1833

## In Tandem Counseling, LLC

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812.558.0317  
[Intandemcounseling.com](http://Intandemcounseling.com)

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Indiana University Health

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# PLEASE KEEP US UPDATED

In our increased effort to “go green”, MOCMS is hoping to communicate with you through email. If you would like to help MOCMS use less paper, please be sure we have your updated email address by sending an email to [director@mocms.org](mailto:director@mocms.org) and check that your spam blocker will allow communications from MOCMS.

Please check your office information listing on our website at [www.mocms.org](http://www.mocms.org) under “Find a Physician” and send corrections to [director@mocms.org](mailto:director@mocms.org).

## MOVED LATELY?

Please forward your new address for your **home** and/or your **practice** to MOCMS right away. You may call MOCMS at 812.332.4033, write to us at PO Box 5092, Bloomington, IN 47407-5092 or email: [director@mocms.org](mailto:director@mocms.org). Please help us keep your information current/correct in the MOCMS database, Physician Directory and on our website at [www.mocms.org](http://www.mocms.org).

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MEDICAL SOCIETY

P.O. Box 5092, Bloomington, IN 47407  
t 812.332.4033  
[www.mocms.org](http://www.mocms.org)

The Monroe Owen County Medical Society (MOCMS) Newsletter is published each spring, summer and fall by approval of the Executive Committee. The MOCMS Newsletter accepts submissions of articles, announcements, obituaries, and editorials related to the interests of our members. Materials submitted for consideration should be typed as a Word document. The MOCMS reserves the right to edit all articles submitted. MOCMS retains final editorial judgment regarding newsletter content. It reserves the right to reject articles, announcements, letters, advertisements, and other items that do not correspond with the goals and purposes of the organization.

The information contained in the newsletter is believed to be correct and accurate. Unless specifically stated otherwise, the opinions expressed in any article, advertisement, or column are those of the individual author and do not represent an official position of, or endorsement by, the Monroe Owen County Medical Society, its officers, Executive Committee, or the newsletter staff.

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