

Volunteer Opportunities of Special Interest to Psychology & Neuroscience Majors

Links to details about each opportunity – when, where, who to contact & more are at
PSYUGRAD > Co-Curricular Activities > Volunteering
<http://www.indiana.edu/~psyugrad/cocurricular/volunteer.php>

Children, Youth & Family: Activities & Mentoring

- **Big Brothers, Big Sisters** serves the social, emotional and educational needs of children by facilitating professionally supported relationships with adult volunteers in a variety of programs. Volunteer Roles: First Friends, Club Big, School Big, Community Bigs, Couples Match, Big Brother, Big Sister.
- **Bloomington Beacon** provides human services and educational, economic and cultural opportunities for the gay, lesbian, bisexual, transgender and questioning (GLBTQ) communities in south-central Indiana. Volunteer Roles: Youth Group Volunteer.
- **Bloomington Boys and Girls Club** fosters physical, intellectual, emotional and social growth for boys and girls 6-18; after-school transportation, tutoring, snacks. Volunteer Roles: Program Volunteers, Program Supervisors/Instructors, Sports Instructors/Coaches, Summer Camp and Spring Break Volunteers.
- **City of Bloomington Parks & Recreation** strives to provide the highest quality parks, recreation services, and green space to enhance the quality of life for our community. Volunteer Roles: Volunteers for various programs for children throughout the year including preschool, afterschool, Spring Break, and summer programs.
- **Circles Initiative** is an innovative campaign to eliminate poverty by providing the framework to increase the emotional and financial stability of participating families and reduce their use of welfare benefits. Role: Childcare.
- **College Mentors for Kids** connects college students with the most to give, to kids who need it most. Through weekly after-school activities, mentors show kids the importance of trying harder in school and help them understand higher education opportunities.
- **Cry of the Children's** mission is to improve the quality of life for adolescents by providing programs and services that enhance and promote the development of effective life and decision-making skills. Volunteer Roles: Drill Team Instructor, Step Team Coordinators, Pianist and Choir Directors.
- **Girl Scouts of Central Indiana.** Our mission is to help girls develop qualities that will serve them all their lives, like leadership, strong values, social conscience, and conviction about their own potential and self-worth. Volunteer Roles: Mentor, Troop or Group Leader, Workshop Leader, Public Outreach, more.
- **Head Start** is a family centered child development program whose mission is to promote school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social & other services to enrolled children & families. Volunteer Roles: Classroom Volunteers, Fingerpainting & Fun.
- **Middle Way House** provides emergency shelter, 24-hour crisis intervention, support services for battered and sexually abused women and their children; legal advocacy, training and community resource center. Volunteer Roles: Childcare at the Rise, Childcare for Off-Site Support Group, Youth Mentoring, Youth Programs and Tutoring.
- **Monroe County United Ministries** offers high-quality childcare for preschool children (ages 2-6) all year and school age children (ages 6-10) in summer, emergency food, clothing and financial counseling to low-income families. Volunteer Roles: Playtime Supervisor, Special Interest Group Leader, One to One Companion, Storyteller, Music or Dance Instructor, Arts & Crafts Instructor.
- **Rhino's Youth Center** seeks to provide entertainment and engagement for the youth of our community in a safe environment, free from alcohol, tobacco, and other drugs. Rhino's afternoon programs are designed not only to give youth something sustentative and positive to do in the crucial 3-6 p.m. time frame, but also to encourage and facilitate youth in using their own unique voice through media. Volunteer Roles: Youth Video, Youth Journalism, Youth Radio, Youth Martial Arts.
- **Wonderlab Museum of Science, Health & Technology** has as its mission to provide opportunities for people of all ages, especially children, to experience the wonder and excitement of science through hands-on exhibits and programs that stimulate curiosity, encourage exploration, and foster lifelong learning. Volunteer Roles: Exhibits Volunteer, Outreach Events, Special Programs.
- **Youth Services Bureau of Monroe County**, in an effort to strengthen families and divert youth from the juvenile justice system, offers services which foster positive family functioning and help lay the groundwork to build healthy, productive, individuals. Part-Time Jobs: Residential Co-Ordinators and Residential Specialists.

Children, Youth & Family: Legal Issues

- **Community Justice & Mediation Center** has as its mission to promote a civil and just community through mediation, education and restorative justice. Volunteer Roles: Youth Projects include mediation and educational programs about conflict management skills.
- **Family Access Program** strives to maintain and preserve the parent/child relationship in distressed families by providing supervised visitation services to children and their parents in a safe environment and transfer of custody services. Volunteer Roles: Visitation Supervisor, Transfer Supervisor
- **Monroe County Court Appointed Advocates (CASA)** is a volunteer-powered program which provides representation in juvenile court for child victims of physical abuse, sexual abuse, and neglect. CASAs provide advocacy to child victims to ensure that they remain at the forefront of the court proceedings and find a safe, permanent home as quickly as possible. Volunteer Roles: Child Advocates.

Children, Youth & Family: Teaching & Tutoring

- **Bloomington Developmental Learning Center (BDLC)**. BDLC fosters the emotional, social, and educational development of children ages 6 weeks to 6 years. At BDLC, children, families, staff, and teachers work together in a diverse, caring, and community-oriented environment to develop the unique potential of every child. Volunteer roles: Working with children, helping teachers.
- **Bloomington High School South. Panther's Achieving Credits and Enrichment (PACE)** is an after school program for students who need additional academic support. It is required for students who have missed three or more assignments for one class, but about half the students attend voluntarily, seeking a structured place to receive help with coursework. Volunteer Roles: Science, math, English and social studies tutors.
- **Edgewood Junior High** is searching for caring adults willing to spend a minimum of one class period per week paired with a student who is struggling with academics and/or has a high absentee rate. Responsibilities include assisting with homework, helping them get organized and encouraging them to become more engaged in school. Volunteer Roles: Mentor.
- **Girls Incorporated of Monroe County** provides vital after-school and summer enrichment, educational programs, and organized sports leagues to girls to help them develop the values and skills they need to become confident, productive and responsible adults. Volunteer Roles: Afterschool tutoring & activities, Sports programming.
- **Head Start** is a family-centered child development program whose mission is to promote school readiness by enhancing social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families. Volunteer Roles: Classroom Volunteers, Fingerpainting & Fun.
- **Latino Community Center Inc./ El Centro Comunal Latino Inc. (CCL)** seeks to provide an accessible and safe space for all Latinos to find information, access to resources and a place to hold community events. El Centro Comunal Latino also seeks to promote communication and understanding among service agencies and the Latino community in order to facilitate their integration and encourage active Latino(a) participation in the greater Bloomington community. Volunteer Roles: Homework tutors and ESL tutors.
- **Middle Way House** provides emergency shelter, 24-hour crisis intervention, support services for battered and sexually abused women and their children; legal advocacy, training and community resource center. Volunteer Roles: Youth Programs & Tutoring, Building Healthy Relationships Presenters
- **Monroe County United Ministries** offers high-quality childcare for preschool children (ages 2-6) all year and school age children (ages 6-10) in summer, emergency food, clothing and financial counseling to low-income families. Volunteer Roles: Teacher's Assistant.

Children, Youth & Family: Therapeutic Activities

- **Autism Mentoring Program**. The Autism Mentoring Program provides "buddies" for children in elementary and middle school with Autism or Asperger's Syndrome. Like the Big Brothers/Big Sisters program, volunteers and children engage in various activities one-on-one, such as going out to lunch, seeing a movie, or playing in a park with the goal of helping these children acquire the skills required to function in social situations. Volunteer role: Mentor.
- **Bradford Woods Therapeutic Recreation** directs summer camping programs for children and adults with disability or chronic illness as well as conducting therapeutic programming for at-risk youth, families, and adults with disabling conditions. Volunteer Roles: Volunteers fill a variety of roles in camps for children with autism, physical disabilities and health challenges.
- **Christole, Inc.** provides quality professional residential and community based services for individuals, and their families, with developmental disabilities. Volunteer Roles: Be a Buddy, Guest Performer/Workshop Leader.

- **Reach High Consulting** supports families living with autism by providing applied behavior services and the tools needed to help their autistic child, or family member, reach their maximum potential along with the hope and faith they need to persevere. Volunteer Roles: Camp Counselors.
- **People & Animal Learning Services** is dedicated to providing high-quality, safe, educational, fun and therapeutic animal assisted activities such as therapeutic horseback riding, hippotherapy, animal care and pet encounter therapy to children and adults with physical, learning, cognitive or emotional disabilities. Volunteer Roles: Enjoy Kids & Horses, Newsletter Volunteers, Public Relations, Special Events Planning, Fundraising.
- **Unlocking the Spectrum** offers families with children on the autism spectrum Applied Behavior Analysis Therapy services – assessment and treatment addressing academics, life skills, and social skills. Volunteer Roles: Assistants.

Adults: Disabilities

- **Abilities Unlimited** supports full community membership for people with disabilities. AU provides direct services including durable medical equipment loans, home modifications for accessible living, chronic pain support, camp scholarships, and advocacy – help finding any services a disabled person needs that AU doesn't provide.
- **Best Buddies Indiana** creates opportunities for friendships, integrated employment and leadership development for people with intellectual and developmental disabilities. Volunteer Roles: Best Buddies Colleges, eBuddies.
- **Bloomington Parks & Recreation Inclusive Recreation Program.** The City of Bloomington Parks and Recreation Department is committed to an inclusive approach to recreation - individuals with and without disabilities participating in recreation activities together. Volunteer Roles: Leisure Companion Program, Special Olympics of Monroe County Volunteers.
- **Bradford Woods Therapeutic Recreation** directs summer camping programs for children and adults with disability or chronic illness as well as conducting therapeutic programming for at-risk youth, families, and adults with disabling conditions. Volunteers fill a variety of roles in camps for people with autism, Down's syndrome, physical disabilities or health challenges.
- **Christole, Inc.** provides quality professional residential and community based services for individuals, and their families, with developmental disabilities. Volunteer Roles: Be a Buddy, Guest Performer/Workshop Leader.
- **Citizen Advocacy of South Central Indiana, Inc.** facilitates and supports one-on-one matches between citizens with disabilities and other members of our community for the purpose of friendship and advocacy. Volunteer Roles: Advocates: Friend, Mentor, Assistant, Ally
- **Options for Better Living** partners with people with disabilities and our communities to bring about self-directed and fulfilled lives through education, information and support. Volunteer Roles: Advocate, Event & Party Volunteers.
- **Stonebelt** has the mission, in partnership with the community, to prepare, empower and support persons with developmental disabilities and their families to participate fully in the life of the community. Volunteer Roles: From assisting clients with arts projects to working one on one with clients who are developing life skills in Stonebelt's Life Long Learning program, volunteers provide wonderful opportunities for individuals with disabilities to establish meaningful relationships and connect with the community.

Adults: Domestic Violence

- **Middle Way House** provides emergency shelter, 24-hour crisis intervention, support services for battered and sexually abused women and their children; legal advocacy, training and community resource center. Volunteer Roles: On-Scene Advocates, Crisis Line Volunteers, Women's Program Support, Community Reception Volunteer, House Management at the Shelter, Adult Education & Tutoring.

Adults: Education

- **Latino Community Center Inc/ El Centro Comunal Latino Inc.** (CCL) seeks to provide an accessible and safe space for all Latinos to find information, access to resources and a place to hold community events. El Centro Comunal Latino also seeks to promote communication and understanding among service agencies and the Latino community in order to facilitate their integration and encourage active Latino(a) participation in the greater Bloomington community. Volunteer Roles: ESL tutors, Computer Education Classes
- **Volunteers in Tutoring Adult Learners** exists to support any adult who didn't learn to read adequately and now wants to read well enough to deal with everyday needs and reach his/her literacy goals. Any adult who needs to improve ESL English language skills. Volunteer Roles: One-to-one tutoring, ESL Tutoring

Adults: Health

- **AmeriCorps Improving Health Throughout Indiana** has as its mission helping to eliminate health disparities in Indiana by promoting healthy weight management through proper nutrition and physical activity. Volunteer Roles: Health education & promotion
- **Volunteers in Medicine of Monroe County**. Operated by volunteers and with the support of the community and Bloomington Hospital, the Volunteers in Medicine clinic provides free, quality primary and preventive care for both chronic and acute illnesses. Volunteer Roles: You may greet clients at the front desk, schedule appointments, help fill scripts or stock shelves in the pharmacy, work as an interpreter (Spanish), conduct eligibility interviews, or enter medical data.
- **Redbud Hills** is a retirement community for active and independent elders. Volunteer Roles: Senior Exercise Class Leader.
- **IU Health Hospice & Transitions**. Transitions is a pre-hospice support program for those with a life-threatening illness. IU Health Hospice helps patients find hope by achieving the highest possible level of physical comfort, meaningfulness, and peace of mind. Volunteer Roles: Transitions Volunteers, Hospice Volunteers.
- **Indiana University Health - Bloomington Hospital, Southern Indiana Physicians**. As a volunteer, you may work in the Hospital Gift Shop or behind the information desk, or deliver flowers and mail to patients. You may even help out on patient care units, like Critical Care, Cardiovascular Services, and Surgery, greeting visitors and performing clerical duties. Volunteer Roles: Various.
- **Southern Care Hospice** is one of the nation's largest hospice providers, providing hospice services to patients who reside in private homes, group homes, assisted living facilities and skilled nursing facilities. Volunteer Roles: Patient Support, Pet Therapy, Music Therapy
- **VistaCare Hospice** is a leading provider of hospice care services, most commonly provided in the patient's home or other residence of choice, including hospitals, assisted living communities and nursing homes. Volunteer Roles: Patient Support, Grief & Bereavement Support.

Adults: Homelessness & Hunger

- **Community Kitchen** offers, without question or obligation, free meals, take-home items, and meal delivery to youth participating in non-profit after-school (or summer) programs. Volunteer Roles: Meal Preparation, Backpack Preparation, Meal Service.
- **Hoosier Hills Foodbank** collects, stores, & distributes food to 110 charities in six counties. Over 20,000 people receive food bank resources through emergency pantries & soup kitchens every month. Volunteer Roles: Food Rescue & Repackers, Garden & Gleaning, Warehouse Assistants, Commodity Supplemental Food Program Box Packing.
- **Martha's House** is a twenty-eight bed emergency shelter providing temporary housing for residents of Monroe, Lawrence, and Owen counties experiencing homelessness. Volunteer Roles: Resident Advocates, Volunteers for Jobs Programs.
- **Mother Hubbard's Cupboard** has as its mission providing healthful, wholesome food to people in need, as well as nutrition and gardening education. Volunteer Roles: Pantry Volunteer, Gardening Volunteer, Nutrition Education Volunteer, Shopping/Delivery Volunteer.
- **New Hope Family Shelter, Inc** has as its mission to provide temporary shelter for homeless families in Bloomington and Monroe County and, in collaboration with other agencies, to help those families regain housing by addressing the problems that led to homelessness. Volunteer Roles: Homework Helper, Children's Activities, Hospitality, Stand in for staff on emergency basis, Office work, more.
- **Shalom Community Center** is a safe, daytime resource center for people experiencing homelessness and poverty. SCC is dedicated to relieving the plight of people experiencing homelessness and poverty in South Central Indiana. Since access to food, housing, education, and health and human services are fundamental human rights, we seek to meet these basic needs. Volunteer Roles: Shalom Greeter, Hospitality Volunteers, Kitchen Volunteers, Housing Specialist, Respite Room Volunteer, Employment Program Assistants, Ugly Quilt Sleeping Bag Sewers, more...

Adults: Legal Issues

- **Community Justice & Mediation Center** has as its mission to promote a civil and just community through mediation, education and restorative justice. Volunteer Roles: Community Mediation Facilitators, Victim-Offender Mediation Facilitators, Conflict Resolution Training Education, Restorative Justice.
- **District 10 Pro Bono Project, Inc** provides legal services to lower income people in Owen, Greene, Lawrence and Monroe counties, Indiana. We do so with a number of innovative programs matching volunteer attorneys with clients who need help with shelter, income, safety, or access to justice. Volunteer Roles: Light Office Duties.
- **Indiana Legal Services** is a nonprofit law firm that provides free civil legal assistance to low-income people throughout the state of Indiana. ILS helps clients who are faced with legal problems that harm their ability to have such basics as food, shelter, income, medical care or personal safety. Most of the cases ILS handles are cases such as family law where there is domestic violence, housing, consumer law, access to health care, and access to government benefits. Volunteer Roles: Intake Workers take initial client applications, they gather basic background, statistical, and financial eligibility information and prepare a written summary of the client's story for a staff attorney to review. Also need: Hotline Screeners, Hotline Interviewers, Administrative Assistants, Data Entry Clerks, Attorney Assistants.
- **Latino Community Center Inc/ El Centro Comunal Latino Inc.** (CCL) seeks to provide an accessible and safe space for all Latinos to find information, access to resources and a place to hold community events. El Centro Comunal Latino also seeks to promote communication and understanding among service agencies and the Latino community in order to facilitate their integration and encourage active Latino(a) participation in the greater Bloomington community. Volunteer Roles: Legal Referral Project.
- **Middle Way House** provides emergency shelter, 24-hour crisis intervention, support services for battered and sexually abused women and their children; legal advocacy, training and community resource center. Volunteer Roles: Legal Advocacy Volunteer
- **Midwest Pages to Prisoners** is an all-volunteer effort that strives to encourage self-education among prisoners in the United States. By providing free reading materials upon request, we hope to aid in the rehabilitation process and stimulate critical thinking behind bars. Volunteer Roles: Letter Writers.

Adults: Mental Health / Counseling

- **Alzheimer's Association** has as its mission to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Volunteer Roles: Memories in the Making Art Therapy.
- **Bloomington Meadows Hospital** offers mental health services to children, adolescents, and adults on an inpatient and outpatient basis. Part-time employment: Mental Health Technician.
- **Centerstone** offers a full range of mental health services, substance abuse treatment and related services. Part-time employment: Behavioral Health Technician, Rehab Specialist.
- **Crimson CORPS** (Caring, Open-Minded, Respectful, Peer Support) is a student group created by Indiana University's Counseling and Psychological Services. This group will be comprised of carefully selected undergraduate students, who will be trained to provide informal, accepting and non-judgmental peer support by the professional staff at CaPS. The mission of Crimson CORPS is to promote a culture of compassion and action on the IU Bloomington campus and to bring awareness to issues of emotional well-being within the student community.
- **Mental Health America – Monroe County** supports mental health consumers and their families by serving as a clearinghouse for information about mental health promotion, prevention, and treatment resources in our community. Volunteer Roles: Assist with MHA-MC support groups for mental health consumers and their friends and family.
- **Middleway House Crisis Line.** Practice your active listening skills by answering phone lines for crisis calls, staff, and residents. Commitment to 3-4 hour weekly shift or overnight, 11 p.m. to 8 a.m. Because this is an emergency 24-hour service, it is our most immediate need.
- **Middleway House On-Scene Advocates (O.S.A).** Develop your ability to remain calm and supportive of someone in crisis. You'll be called to hospital emergency rooms during medical care and examinations for evidence or to police stations while someone is filing a report, OSAs provide a listening ear, information, and other support to rape and sexual assault and domestic violence survivors.
- **National Alliance on Mental Illness – Bloomington Area.** The mission of NAMI is to improve the total quality of life for the families of persons with severe mental illness and their ill family members through support, education, advocacy, research, and improved community services. Volunteer Roles: Assist with NAMI educational programs and support groups for friends and family.
- **Southern Care Hospice** is one of the nation's largest hospice providers, providing hospice services to patients who reside in private homes, group homes, assisted living facilities and skilled nursing facilities. Volunteer Roles: Patient Support, Pet Therapy, Music Therapy.

Adults: Recovery from Addictions

- **Amethyst House, Inc.**, provides residential and outpatient services for people with drug and alcohol addiction and problem gambling issues. Our mission is to provide a foundation for sober living by partnering with individuals, families and communities impacted by addictions and substance abuse issues, offering quality recovery services and guidance for clean, sober and healthy living.

Adults: Senior Citizens

- **Area 10 Agency on Aging** is a private, not-for-profit corporation serving elderly persons in Monroe and Owen Counties. Our mission is to improve the quality of life and celebrate the independence, health, and dignity of all senior citizens. Volunteer Roles: Caring Companions, Social Networking Volunteer, Art Instructors, Computer Tutors, Friendly Visitors, Nursing Home Ombudsman, Telephone Reassurance.
- **Bell Trace**, located on a beautiful 15-acre campus, is a community that reflects the needs and inclinations of its residents – a community built on the belief that meeting each resident's expectations takes precedence over all else. Volunteer Roles: Buddy, Computer Helper, and Recreational Therapy.
- **Garden Villa** provides long-term care, short-term rehabilitation, an adult day program and respite care. The facility offers numerous comprehensive therapy programs and specialized Alzheimer's care. Volunteer Roles: Various.
- **Golden Living Center** is a skilled nursing facility that offers care to Alzheimer's patients and others who need short-term care as a result of physical illnesses. Volunteer Roles: Various.
- **Meadowood Health Pavilion** promotes the physical, emotional, psychosocial and spiritual wellbeing of every resident. Meadowood focuses on individual strengths and furnishes a caring, comfortable environment. Their interdisciplinary teams strive to address the needs of individual residents and provide the care necessary to achieve an optimal quality of life. Volunteer Roles: Various.
- **Redbud Hills** is a retirement community for active and independent elders. Volunteer Roles: Senior Exercise Class Leader.
- **Sterling House of Bloomington** provides care and personalized assisted living options for seniors. We take time to know senior's life stories, their family, friends and dreams. The emphasis is on providing a wonderful assisted living lifestyle, allowing seniors to do what they can and helping them remain as independent as possible.

Welfare / Behavior of Animals

- **City of Bloomington Animal Care & Control** shelters stray and unwanted animals, connects lost pets with their homes, maintains a pet adoption and a foster program, educates the community about animal care and behavior, and more. Volunteer Roles: Dog walkers, Cat care, Headstart dog trainers, Adoption Counselors, more.
- **Exotic Feline Rescue Center** provides permanent homes for exotic felines that have been abused, abandoned or for some reason have nowhere to live out their lives, while educating the public about these beautiful cats. Volunteer Roles: Greet Visitors, Give Tours, Help with Construction, Assist Keepers.
- **Monroe County Humane Association** has as its mission to responsibly and compassionately lead, advocate, and educate for animal welfare in our communities. Volunteer Roles: VIPaws Program, Pet Partners Evaluation Assistants, Special Events & Promotions.
- **People & Animal Learning Services** is dedicated to providing high-quality, safe, educational, fun and therapeutic animal assisted activities such as therapeutic horseback riding, hippotherapy, animal care and pet encounter therapy to children and adults with physical, learning, cognitive or emotional disabilities. Volunteer Roles: Horse Care.
- **Wildcare Inc.** provides professional care to sick, injured, and orphaned wildlife so they may be returned to the wild, and also presents education outreach programs focusing on the value of sharing the planet with our wild neighbors. Volunteer Roles: Care for Injured/Abandoned Wild Animals at the Wildcare Center, Public Education, Foster Animals in Your Home.