SACNAS-IU Meeting Agenda
January 28, 2015

1. Announcements
   a. Arlington Heights Elementary School Science Night, Thursday, January 29th 6-7:30 PM (on Highway 46 next to Quality Inn west from Aver’s) VOLUNTEERS NEEDED
   b. Summit Elementary Science Night, Wednesday, February 11th; VOLUNTEERS NEEDED

2. Dustin Ritchea and Brandon Finlay, IU Graduate Emissaries, to talk about undergraduate research and the National Name Exchange

3. Brainstorm faculty to invite

4. Mentoring – tips on building your mentor team

5. Reminders:
   a. Next meeting: February 25th

Mentoring

Figure out what you need
   • Create an Individual Development Plan
     http://mvidp.sciencecareers.org/
   • Complete worksheet 2 on Mentee Expectations (reverse side)

Build a team of mentors

   • National Research Mentoring Network: Mentoring to Diversify the Biomedical Workforce http://nrmnet.com/
   • National Mentoring in STEM
     http://mentornet.org/

Read more about mentors
   • http://grad.washington.edu/mentoring/students/

Want to know what to look for in your mentors, and how to be a good mentor?
Worksheet 2: Mentee expectations

Use this worksheet to develop an understanding of what you expect to gain from your mentoring relationships. By clarifying your own expectations, you will be able to communicate them more effectively to your mentors. Add items you deem important.

The reasons I want a mentor are to:
  ___ Receive encouragement and support
  ___ Increase my confidence when dealing with professionals
  ___ Challenge myself to achieve new goals and explore alternatives
  ___ Gain a realistic perspective of the workplace
  ___ Get advice on how to balance work and other responsibilities, and set priorities
  ___ Gain knowledge of “dos and don’ts”
  ___ Learn how to operate in a network of talented peers
  ___ Other _____________________________________________________________

I hope that my mentor and I will:
  ___ Tour my mentor’s workplace/explore various teaching or work sites
  ___ Go to formal mentoring events together
  ___ Meet over coffee, lunch, or dinner
  ___ Go to educational events such as lectures, conferences, talks, or other university events together
  ___ Go to local, regional, and national professional meetings together
  ___ Other _____________________________________________________________

I hope that my mentor and I will discuss:
  ___ Academic subjects that will benefit my future career
  ___ Career options and job preparation
  ___ The realities of the workplace
  ___ My mentor’s work
  ___ Technical and related field issues
  ___ How to network
  ___ How to manage work and family life
  ___ Personal dreams and life circumstances
  ___ Other _____________________________________________________________

The things I feel are off limits in my mentoring relationship include:
  ___ Disclosing our conversations to others
  ___ Using non-public places for meetings
  ___ Sharing intimate aspects of our lives
  ___ Meeting behind closed doors
  ___ Other _____________________________________________________________

I hope that my mentor will help me with job opportunities by:
  ___ Opening doors for me to job possibilities
  ___ Introducing me to people who might be interested in hiring me
  ___ Helping me practice for job interviews
  ___ Suggesting potential work contacts for me to pursue on my own
  ___ Teaching me about networking
  ___ Critiquing my resume or curriculum vitae
  ___ Other _____________________________________________________________

The amount of time I can spend with my mentor is likely to be, on average:
1  2  3  4  hours each week/every other week/per month (circle one)