

SIS/SES QUESTIONNAIRE

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For Women

INSTRUCTION

In this questionnaire you will find statements about how you might react to various sexual situations, activities, or behaviors. Obviously, how you react will often depend on the circumstances, but we are interested in what would be the *most likely* reaction for you.

Please read each statement carefully and decide how you would be most likely to react. Then circle the number that corresponds with your answer.

Please try to respond to every statement.

Sometimes you may feel that none of the responses seems *completely* accurate.

Sometimes you may read a statement which you feel is ‘not applicable’. In these cases, please circle a response which you would choose *if it were* applicable to you.

In many statements you will find words describing reactions such as ‘sexually aroused’, or sometimes just ‘aroused’. With these words we mean to describe ‘feelings of sexual excitement’, feeling ‘sexually stimulated’, ‘horny’, ‘hot’, or ‘turned on’.

Don’t think too long before answering, please give your first reaction.

Try to not skip any questions. Try to be as honest as possible.

SIS/SES QUESTIONNAIRE

version 1.0

	Strongly Agree	Agree	Disagree	Strongly Disagree
1. When I look at erotic pictures, I easily become sexually aroused.	1	2	3	4
2. If I feel that I am being rushed, I am unlikely to get very aroused.	1	2	3	4
3. If I am on my own watching a sexual scene in a film, I quickly become sexually aroused.	1	2	3	4
4. Sometimes just lying in the sun sexually arouses me.	1	2	3	4
5. Using condoms or other safe-sex products can cause me to lose my arousal.	1	2	3	4
6. When a sexually attractive stranger accidentally touches me, I easily become aroused.	1	2	3	4
7. When I have a quiet candlelight dinner with someone I find sexually attractive, I get aroused.	1	2	3	4
8. If there is a risk of unwanted pregnancy, I am unlikely to get sexually aroused.	1	2	3	4
9. I need my clitoris to be stimulated to continue feeling aroused.	1	2	3	4
10. When I am having sex, I have to focus on my own sexual feelings in order to stay aroused.	1	2	3	4
11. When I feel sexually aroused, I usually have a genital response (e.g., vaginal lubrication, being wet).	1	2	3	4
12. If I am having sex in a secluded, outdoor place and I think that someone is nearby, I am not likely to get very aroused.	1	2	3	4
13. When I see someone I find attractive dressed in a sexy way, I easily become sexually aroused.	1	2	3	4
14. When I think someone sexually attractive wants to have sex with me, I quickly become sexually aroused.	1	2	3	4
15. If I discovered that someone I find sexually attractive is too young, I would have difficulty getting sexually aroused with him/her.	1	2	3	4
16. When I talk to someone on the telephone who has a sexy voice, I become sexually aroused.	1	2	3	4
17. When I notice that my partner is sexually aroused, my own arousal becomes stronger.	1	2	3	4

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cont.

	Strongly Agree	Agree	Disagree	Strongly Disagree
18. If my new sexual partner does not want to use a condom/safe-sex product, I am unlikely to stay aroused.	1	2	3	4
19. I cannot get aroused unless I focus exclusively on sexual stimulation.	1	2	3	4
20. If I feel that I'm expected to respond sexually, I have difficulty getting aroused.	1	2	3	4
21. If I am concerned about pleasing my partner sexually, it interferes with my arousal.	1	2	3	4
22. If I am masturbating on my own and I realize that someone is likely to come into the room at any moment, I will lose my sexual arousal.	1	2	3	4
23. It is difficult to become sexually aroused unless I fantasize about a very arousing situation.	1	2	3	4
24. If I can be heard by others while having sex, I am unlikely to stay sexually aroused.	1	2	3	4
25. Just thinking about a sexual encounter I have had is enough to turn me on sexually.	1	2	3	4
26. When I am taking a shower or a bath, I easily become sexually aroused.	1	2	3	4
27. If I realize there is a risk of catching a sexually transmitted disease, I am unlikely to stay sexually aroused.	1	2	3	4
28. If I can be seen by others while having sex, I am unlikely to stay sexually aroused.	1	2	3	4
29. If I am with a group of people watching an X-rated film, I quickly become sexually aroused.	1	2	3	4
30. When a sexually attractive stranger makes eye-contact with me, I become aroused.	1	2	3	4
31. If I think that having sex will cause me pain, I will lose my arousal.	1	2	3	4
32. When I wear something I feel attractive in, I am likely to become sexually aroused.	1	2	3	4
33. If I am worried about being too dry, I am less likely to get lubricated.	1	2	3	4
34. If having sex will cause my partner pain, I am unlikely to stay sexually aroused.	1	2	3	4

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cont.

	Strongly Agree	Agree	Disagree	Strongly Disagree
35. When I think of a very attractive person, I easily become sexually aroused.	1	2	3	4
36. Once I am sexually aroused, I want to start intercourse right away before I lose my arousal.	1	2	3	4
37. When I start fantasizing about sex, I quickly become sexually aroused.	1	2	3	4
38. When I see others engaged in sexual activities, I feel like having sex myself.	1	2	3	4
39. When I see an attractive person, I start fantasizing about having sex with him/her.	1	2	3	4
40. When I have a distracting thought, I easily lose my arousal.	1	2	3	4
41. I often rely on fantasies to help me maintain my sexual arousal.	1	2	3	4
42. If I am distracted by hearing music, television, or a conversation, I am unlikely to stay aroused.	1	2	3	4
43. When I feel interested in sex, I usually have a genital response (e.g., vaginal lubrication, being wet).	1	2	3	4
44. When an attractive person flirts with me, I easily become sexually aroused.	1	2	3	4
45. During sex, pleasing my partner sexually makes me more aroused.	1	2	3	4