INTRODUCTION
In order to promote the health and well-being of employees, students, and other constituents, Indiana University has mandated that all campuses be smoke-free. The following IU-Bloomington campus policy is in response to this University-wide policy requirement and is aimed at providing a healthier work and learning environment for our entire campus community.

BLOOMINGTON CAMPUS TOBACCO POLICY
Effective January 1, 2008

The use or sale of tobacco and tobacco products is prohibited on university-owned, -operated, or -leased property.

The use or sale of tobacco and tobacco products is prohibited in university-owned, -operated, or -leased vehicles.

The use of tobacco products is permitted in privately owned vehicles.

Exceptions for the use of tobacco products near student resident facilities and the IMU conference center may be granted by the Provost.

Enforcement of this policy will depend on the cooperation of all faculty, staff, and students not only to comply with the policy, but also to encourage others to comply, in order to promote a healthy environment in which to work, study, and live.

Violations of the policy should be referred to the appropriate administrative office for review and action: for academic employees, the Dean of Faculties; for staff, University Human Resources; and for students, the Office of the Dean of Students.

Information about this policy should be incorporated into appropriate student, employee, and community newsletters and announcements from Fall 2007 through the effective date. The university will make a concerted effort to inform and educate students, employees, visitors, alumni, and the general Bloomington community about the policy.

From Fall 2007, through 2008, smoking cessation programs will be available to all employees and students at little or no cost to participants.
Bloomington Area Cessation Resources

Because smoking is a complex habit that encompasses physical, behavioral, and psychological aspects, smokers need a plan that addresses these aspects simultaneously. The best chance for long-term success happens when the quit plan includes the two components below.

1. **Consult a health or medical professional.** Your doctor, dentist, or other health professional can provide insights into the risks of smoking as it relates to you personally. They can also help you with information about the proper use of medication and nicotine replacement products.

2. **Check out all available resources.** Following is a list of cessation resources available on the Bloomington campus, in the community, and on the Web.

**Campus resources**

**Employees:**

- Free & Clear® Quit For Life™ Program is a tobacco treatment program available to all full-time IU Academic and Staff employees and their family members age 18 or older even if they are not enrolled in an IU-sponsored medical plan.

**Questions? Contact Free & Clear®, 1-866-764-0454 or crens@indiana.edu.**

**Students:**

The IU Health Center offers cessation resources to students.

**Local resources.** Before participating in an event, call to confirm location, date, and time.

- Bloomington Hospital events and classes
- Monroe County
- Indiana Tobacco Prevention and Cessation
- IN Health Connect Services for smoking in Indiana

**Free on the Web**

(programs are not endorsed by IU)

- Freedom from Smoking online program, American Lung Association

**Did you know?**

For some, a concern about weight gain can lead to a decision not to quit. But the weight gain that follows quitting smoking is generally very small. It is much more dangerous to continue smoking than it is to gain a small amount of weight.

- American Cancer Society