

# 2009 FALL II CLINICS

October 19, 2009-December 6, 2009

Early Registration Deadline\*: October 15<sup>th</sup>

Clinics DO NOT meet the week of Thanksgiving (November 23-29<sup>th</sup>)

**ATTENTION: Please note additional dates clinics DO NOT MEET below.**

\*Register by the Early Registration Deadline and SAVE \$10!



## JUNIOR PROGRAMS

### **MIGHTY MITES**

*Friday, 5:30-6:30pm, \$85*

**Does not meet 10/23**

This clinic is designed to enhance motor skills development in basic strokes, hand-eye coordination, balance, and agility. Focus is on fun!

### **INTERMEDIATES**

*Mon & Wed, 5:30-7:00pm, \$280*

This clinic reviews the basic strokes, while placing more emphasis on movement, scoring and match play. Emphasis is on groundstrokes, court position and consistency in execution.

### **TOURNAMENT PLAYERS**

*Mon & Wed, 5:30-7:00pm, \$280*

This level player is seeking a district, sectional and national ranking and participates in USTA tournaments. Emphasis is on strategy, tactics, conditioning, mental training and competitive play.

### **BEGINNERS**

*Friday, 5:30-7:30pm, \$160*

**Does not meet 10/23**

This is ideal for the junior taking up the sport for the first time or who has little experience. Focus is on basic strokes: forehand, backhand, serve and volley. Covers scoring, sportsmanship and court position.

### **ADV/INTERMEDIATES**

**Does not meet 10/22**

*Tue & Thur, 5:30-7:00pm, \$257.50*

This program bridges the gap between Intermediates and Advanced by working on specialty shots, timing, strategy, movement and conditioning.

### **BEGINNER/ INTERMEDIATES**

*Friday, 5:30-7:30pm, \$160*

**Does not meet 10/23**

This clinic is designed to help bridge the gap between the Beginner and Intermediate levels. Emphasis is placed on combining basic strokes with movement and introduction to match play.

### **ADVANCED**

**Does not meet 10/22**

*Tue & Thur, 5:30-7:00pm, \$257.50*

Designed for any junior who plays high school tennis and in USTA tournaments. This program includes advanced drills, competitive match play, tactics, strategy, mental toughness skills and conditioning.

## ADULT PROGRAMS

### **BEGINNERS**

*Sunday, 5:00-6:30pm, \$145*

Great for a first-time player or for anyone that needs to review the basics. This class will cover four basic strokes: forehand, backhand, volley, and serve.

### **ADVANCED/INTERMEDIATES**

**Does not meet 10/22**

*Thursday, 7:00-8:30pm, \$122.50*

Basic strokes, use of specialty shots and a complete understanding of the transitional game will be covered in this clinic. Intended for the player who has control over most of the strokes and understands how to hit the ball with both topspin and underspin. Player can hit both approach and specialty shots and is rated at the 3.5 to 4.0 NTRP level.

### **INTERMEDIATES**

*Sunday, 6:30-8:00pm, \$145*

This clinic will cover forehand, backhand, serve, return, overhead, lob and volley. Aimed at the player who can direct the ball with consistency and depth and who is able to place 1st and 2nd serves, hitting frequent power on 1st serves. Player is rated at the 3.0 and 3.5 NTRP level.

### **ADVANCED**

*Wednesday, 7:00-9:00pm, \$190*

Involvement entails full comprehension of all strokes, spins, serving, volley techniques, strategy, tactics and intense match play. Aimed at the player who can control direction and depth and is able to utilize spin on all shots. Player should be rated at the 4.0/4.5 NTRP level.

Please read the following information carefully,  
then **sign and date below.**

PARTICIPATION/PARENT INFORMATION

- Clinic Check-In: **Please arrive 5-10 minutes before your clinic begins** in order to check-in for attendance. Thank you for your cooperation.
- Membership(s): **A current IUTC membership is required** for all participants and must be valid for the entire duration of the clinic session.
- Fees/Refunds: Participants **MUST** submit payment to complete the registration **PRIOR** to the first day of clinics. We accept cash, check, MasterCard or Visa. **NO REFUNDS.**
- Dress/Shoes: Tennis shoes & shirts must be worn at all times when playing. Marking shoes are not allowed on the court(s). *Marking shoes* are any pair of shoes that leave dark marks on the court(s). A \$25 fine is assessed for damage resulting from marking shoes.
- Entering Court: Enter court(s) by going across the middle of the court. Please use common courtesy when entering. *Members are not allowed behind back-drop curtains.*
- Food, etc.: **No food/gum or drinks (except water) are allowed on the courts.**
- Varsity Tennis: This schedule is contingent upon the IU Varsity team schedules and the IU Tennis Center reserves the right to make changes.
- Skill Level: The IU Tennis Center reserves the right to move any participant to a different clinic based on pro assessment and/or skill level.
- IN vs. OUT: Depending on the weather, clinics MAY be held outside. Please be prepared with sunscreen, water, and appropriate attire.
- Weather: In the case of inclement weather, clinics meet unless the University announces an official closing. Contact the Indiana University Emergency Hotline at 877-482-5486 or [emergency.service.indiana.edu/](http://emergency.service.indiana.edu/) for official announcements.
- Other: **ALL OTHER IUTC POLICIES APPLY.** See membership form for details.

# IU Tennis Center

## 2009 Fall II Clinic Registration

### CONTACT INFORMATION

<b>Participant Name</b>	
<b>Membership Status</b>	CURRENT or NEED TO RENEW
<i>REGISTRATION IS <u>NOT COMPLETE</u> WITHOUT FULL PAYMENT AND CURRENT MEMBERSHIP</i>	
<b>Home/Cell #</b>	
<b>Emergency #</b>	
<b>Email Address</b> (Used for Announcements)	

### DATES ATTENDING

Please list individual dates in which the participant is **UNABLE** to attend and we will pro-rate accordingly. **We do not offer credit or refunds.**

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

### CLINIC LEVEL/TYPE

#### Junior Programs

- Mighty Mites
- Beginners
- Beg./Int.
- Intermediates
- Advanced/Intermediates
- Advanced
- Tournament Players

#### Adult Programs

- Beginners
- Intermediates
- Advanced/Intermediates
- Advanced

### SIGNATURE/RELEASE

By signing this form, you are agreeing to abide by the IUTC policies, procedures, and guidelines.

*On behalf of myself, my spouse/partner, and any/or child of mine, I state that I understand the scope and the risks associated with participation in the activities conducted at the IUTC and that I accept those risks. I acknowledge that I have been provided a copy of the IUTC policies and I agree that I will familiarize myself with its content (including the recommendations of obtaining a pre-participation physical examination and carrying health insurance verification). I fully accept and I am aware of the responsibilities, including illness, injury, death or property damage, arising from participation in the activities at the IUTC by me, my spouse/partner, or my child(ren).*

Member Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**OFFICE USE ONLY**

TOTAL Cost: \_\_\_\_\_

Date Paid: \_\_\_\_\_

CASH

CHECK

CHARGE

Membership Expiration Date? \_\_\_\_\_

Initials: \_\_\_\_\_