CONGRATULATIONS, GRADUATES!

We are excited to congratulate Ian Rolinson and Andrew Komarov as they earn their undergraduate degrees from IU this December. Ian plans to attend law school next fall, and Andrew has accepted a full-time position at Midtown Athletic Club in Chicago. They have been invaluable members of our operational and instructional team. Both have offered valuable contributions through their roles as Program Assistant and Instructor and we will miss them. We wish them the best in their next adventure – congratulations to both!

The Tennis Center held its first annual Student Week for IU students during the first full week of November. Students could reserve free court time, participate in Cardio Tennis, and take part in free private lessons over the weekend. A variety of students from beginner to advanced players took part in the student week activities. The Tennis Center looks forward to continuing this tradition again next year.

STUDENT WEEK

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BOYS AND GIRLS CLUB CLINIC

Nick Laskaris and Chris Chopra recently completed a six-week clinic at the Boys and Girls Club Lincoln Street location. Each week over eighteen juniors participated and learned the basics from Nick and Chris in a team setting. We are fortunate for the opportunity to give back to the community, which was possible by a generous donation by Pete and Janell Yonkman. Thank you Pete and Janell!
JUNIOR NEWS

JUNIOR CLUB
CHAMPIONSHIPS RECAP

Just like last year, we eliminated the age divisions in our Junior Club Championships. Instead, we created divisions/draws based on playing level. This format facilitates the most competitive matches and encourages sign-ups by players of all ages. That meant a 16-year-old boy who is newer to the game could play an 11-year-old girl who has been training consistently. This also goes along with our standard for players to be willing to play with anyone who can make them better. As seen by the players who participated, tournaments are a commitment. They can mean a lot of travel, a lot of time, and a lot of saying NO to other opportunities that weekend. However, anyone looking to grow their game has to gain tournament and match play experience. We try to make our Club Championships a priority for our junior members, as players do not have to travel and the cost is minimal compared to other tournaments. We also offer a doubles division, which is hard to find in junior tournaments. Huge shout-out to those that made the tournament a priority and competed!

2018 CHAMPIONS

Singles
Flight A: Nicholas Shirley
Flight B: Joy Bhattacharya
Flight C: Caleb Lian

Doubles
Flight A: Thomas Joyce and Nicholas Shirley
Flight B: Joy Bhattacharya and Quinn Vasquez
Flight C: Neal Jindal and Shaan Jindal
Flight D: Gavin Cook and Kelton O’Connell

KUDOS TO OUR JUNIORS THAT PLAYED IN USTA TOURNAMENTS OCT. - NOV.

Maddy Santner
Seth Force
Nicholas Shirley
Alexandra Shirley
Thomas Joyce
Natalie Hall
Sarah Rowe
Janet Rowe
Quinn Vasquez
Michael Asplund
Austin Spier
Chris Lian
Luke Miller
Katy Rusche
Taylor O’Neal
Briah O’Neal
David Ciucu

D Doubles Champions Gavin Cook and Kelton O’Connell
B Doubles Champions Joy Bhattacharya and Quinn Vasquez

Taylor and Briah O’Neal representing the IURSTC All Day at a USTA Junior Tournament
The most famous tournament in all of tennis (we might be biased) took place here at the IURS Tennis Center on Monday, November 19. As always the courts were full of adult members, all competing for the best prize in sports...A FROZEN TURKEY! Members played a fun round robin mixer for two hours to determine the winner. Thanks to all for making it another fun year.

Congrats to the winners!

🏆 First place: Dan Piekarsky (center)
🥈 Second place: Josh James (right)
🥉 Third place: Nuona Chen (left)

NEW!

2019 ADULT CLUB CHAMPIONSHIP TOURNAMENT SERIES

The Adult Club Championships is an annual tradition here at the Tennis Center. This year we decided to spice things up a little bit and have our very first ACC Tournament Series (similar to the US Open Series). This year participants in each tournament receive points for participating and for winning matches. At the end of the 4th tournament, we will see who has the most points. We have a very special prize for the champion. Below is the schedule for the tournament series. Sign up early as spots for each tournament are very limited. Sign up for multiple tournaments and receive a registration fee discount (discount applied upon initial registration only). Visit the Member Services desk for more information and to register.

February 16
ACC Singles
March 23
ACC Mixed Doubles
April 6
ACC 1 on 1 doubles (cross-court only)

IU DANCE MARATHON

This year’s IUDM was November 4th – 6th at the Tennis Center. Students raised more than $4.1 million for Riley Hospital for Children. Planning for next year’s event has begun – the event is set for November 15th – 17th. A special thank you to all of the University departments and colleagues that helped make the event another successful one.

Mark your Calendars for these Upcoming Super Cardio Sessions!

January 25
6:00 - 7:30pm
February 16
6:00 - 7:30pm
March 22
6:00 - 7:30pm
May 4
8:00 - 9:30am

SUPER COSTUME CARDIO

We hosted our second annual Super Costume Cardio the Friday night before Halloween. Words cannot describe how much fun everyone had - just look at some of the costumes! The Pros went all out as the All Day Boy Band.

Our very own MSA Ellyn participated in the 36-hour event as a dancer.
TENNIS TIP: UP YOUR NUTRITION GAME

by Chris Chopra

As tennis players most of us have practiced more than once in a day or played multiple matches in a day. To optimize your performance choosing the proper food to fuel you is essential. The amount of downtime you have is the determining factor in what you should eat.

< 1 hour – A combination of water and a sports drink
1-2 hours – Fluids along with a light snack such as a banana or granola bar
> 2 hours – Fluids along with a large snack such as a sandwich and a banana

Make sure to plan ahead and have the proper drinks and food on hand.

SPRING PROGRAMS

Mark your calendars – Spring programs begin the week of January 7th. More details are available for Spring Junior Clinics, Adult Clinics, Ladies Drills, Cardio and more. Visit Member Services for your copy of the Spring Programming Calendars or visit our website for more information.

For info on junior programs, contact: Nick Laskaris (nlaskari@indiana.edu)
For info on adult programs, contact: Adam Struble (astruble@indiana.edu)
For info on lessons, contact: Chris Chopra (cchopra@indiana.edu)

HAPPY HOLIDAYS FROM THE TENNIS CENTER!

Half-Price Holiday Court Time

Take advantage of your time off over the holidays and come in for HALF-PRICE holiday court time December 17-31. Bring a friend. Guest passes are available and guests are always welcome.

Holiday Gift Idea

Consider giving the gift of tennis for the holidays. Gift certificates are available in any denomination and expire 1 year from the date of purchase. They are redeemable for any program or service we provide from court time to memberships to clinics. Whether someone is new to tennis or a seasoned player, we have something for everyone.

Holiday Hours

The Tennis Center is closed on 12/24 and 12/25. We are open 7:30am-3pm on 12/31. We are open 12-5pm on 1/1. Happy Holidays!