**JUNIOR CLINIC INFORMATION**

**Spring 2019 | January 7 - May 16**

**Clinics do not meet the week of Spring Break (March 11-17)**

**HIGH PERFORMANCE BEGINNER PROGRAM (Levels 1-2)**

Children learn the first stages of cooperative tennis where they develop their agility, balance, coordination, and motor skills through a variety of drills. Participants learn how to initiate a rally, how to move and judge a ball (reception skills), how to control the racquet at the contact point and control the height, direction and depth to be successful on the 36’ court. These adaptive skills will be the foundation of their future tennis development.

**HIGH PERFORMANCE BEGINNER PROGRAM (Levels 3-4)**

Students develop proper technique on the four main tennis strokes: forehand, backhand, serve, and volley. They learn the basics of tactical play from the 60’ court for singles and doubles. The children learn topspin and will learn how to differentiate between a volley and a ground stroke.

**INTERMEDIATE**

Students begin the transition to the full court using both the green dot and yellow tennis balls. All technical areas are covered including the forehand, backhand, serve and volley. A variety of hand fed and live ball drills are used to improve each student understanding of basic tennis tactics.

**ADVANCED**

This clinic develops skills essential for competition. Students focus on improving tactical and technical skills in all areas of the game. Attention is placed on improving match play performance with an emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.

**ADVANCED/INTERMEDIATE**

This clinic develops each student’s technique with an emphasis on understanding concepts of offense/defense as it relates to both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin are taught. Students learn a variety of adaptive skills that are taught during competitive play situations working on all areas of the court.

**TOURNAMENT PLAYER**

This program is designed for players seeking a district, sectional, or national ranking. Emphasis is on advanced tactical, technical and mental toughness in situation based training.

**UPCOMING EVENTS**

Mark your calendar for these upcoming junior programs.

**High Intensity Training Sessions**

- Jan. 12 | 8-11am
- Feb. 23 | 8-10am

**One-Day Showdowns**

- Intermediate | Jan. 27 | 2-5pm
- Advanced & Adv/Int | Feb. 16 | 8:30-11:30am
- Intermediate & Advanced Doubles | Apr. 27 | 10am-1pm

**Sanctioned Tournaments**

- USTA Orange Ball Tournament | Feb. 16 | 1-4pm
- USTA Orange Ball Tournament | Apr. 6 | 1-4pm

*For more information on upcoming events, contact our Head Pro or Assistant Pros.*

812.855.5750 | iutc@indiana.edu | tenniscenter.indiana.edu
JUNIOR CLINIC REGISTRATION
Spring 2019 | January 7 - May 16

CONTACT INFORMATION

Name:_______________________________________________________________
Phone Number:_________________________ Email Address:_____________________

Membership is required. Check one:  ☐ Current Member  ☐ Need to Renew/Join

Emergency Contact Name:_________________________ Phone Number:______________

<table>
<thead>
<tr>
<th>Circle Your Level</th>
<th>Day/Time</th>
<th>Circle Desired Dates</th>
<th>Cost</th>
</tr>
</thead>
</table>
| Level 1 (ages 4-5) | M/W | 5:30 - 6:15 PM  | JAN: 7, 9, 14, 16, 21, 23, 28, 30, ALL  
                      |                 | FEB: 4, 6, 11, 13, 18, 20, 25, 27, ALL  
                      |                 | MAR: 4, 6, 18, 20, 25, 27, ALL  
                      |                 | APR: 1, 3, 8, 10, 15, 17, 22, 24, 29, ALL  
                      |                 | MAY: 1, 6, 8, 13, 15, ALL  | $13.50/day for entire month, or $16.50/day |
| Level 2 (ages 6-8) | M/W | 6:15 - 7:00 PM  | JAN: 7, 9, 14, 16, 21, 23, 28, 30, ALL  
                      |                 | FEB: 4, 6, 11, 13, 18, 20, 25, 27, ALL  
                      |                 | MAR: 4, 6, 18, 20, 25, 27, ALL  
                      |                 | APR: 1, 3, 8, 10, 15, 17, 22, 24, 29, ALL  
                      |                 | MAY: 1, 6, 8, 13, 15, ALL  | $13.50/day for entire month, or $16.50/day |
| Level 3 (ages 9-10) | M/W | 5:30 - 7:00 PM  | JAN: 7, 9, 14, 16, 21, 23, 28, 30, ALL  
                      |                 | FEB: 4, 6, 11, 13, 18, 20, 25, 27, ALL  
                      |                 | MAR: 4, 6, 18, 20, 25, 27, ALL  
                      |                 | APR: 1, 3, 8, 10, 15, 17, 22, 24, 29, ALL  
                      |                 | MAY: 1, 6, 8, 13, 15, ALL  | $27/day for entire month or $30/day |
| Level 4 (ages 10+) | M/W | 5:30 - 7:00 PM  | JAN: 7, 9, 14, 16, 21, 23, 28, 30, ALL  
                      |                 | FEB: 4, 6, 11, 13, 18, 20, 25, 27, ALL  
                      |                 | MAR: 4, 6, 18, 20, 25, 27, ALL  
                      |                 | APR: 1, 3, 8, 10, 15, 17, 22, 24, 29, ALL  
                      |                 | MAY: 1, 6, 8, 13, 15, ALL  | $27/day for entire month, or $30/day |

Clinics and drills do NOT meet the week of Spring Break (March 11-17). Registration Deadline is one week prior to first meeting date for each month.

CALCULATE YOUR COST

# of Days________________   X   Daily Rate:_______________   =   Total Due: $____________________

AGREEMENT & SIGNATURE

By submitting this application, I acknowledge that I have read and understand the IURS Tennis Center rules regarding Junior Clinics. I agree to abide by the age policies for juniors. I am fully aware that IURS Tennis Center does not offer refunds or credits for absences.

Signature:___________________________________________________ Date:_____________________

OFFICE USE ONLY

Cost:___________ CASH   CHECK   CHARGE   Date Received:__________________   Initials:_____________