**HIGH PERFORMANCE BEGINNER PROGRAM (Levels 1-2)**

Children learn the first stages of cooperative tennis where they develop their agility, balance, coordination, and motor skills through a variety of drills. Participants learn how to initiate a rally, how to move and judge a ball (reception skills), how to control the racquet at the contact point and control the height, direction and depth to be successful on the 36’ court. These adaptive skills will be the foundation of their future tennis development.

**HIGH PERFORMANCE BEGINNER PROGRAM (Levels 3-4)**

Students develop proper technique on the four main tennis strokes: forehand, backhand, serve, and volley. They learn the basics of tactical play from the 60’ court for singles and doubles. The children learn topspin and will learn how to differentiate between a volley and a ground stroke.

**INTERMEDIATE**

Students begin the transition to the full court using both the green dot and yellow tennis balls. All technical areas are covered including the forehand, backhand, serve and volley. A variety of hand fed and live ball drills are used to improve each student’s understanding of basic tennis tactics.

**ADVANCED**

This clinic develops skills essential for competition. Students focus on improving tactical and technical skills in all areas of the game. Attention is placed on improving match play performance with an emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.

**ADVANCED/INTERMEDIATE**

This clinic develops each student’s technique with an emphasis on understanding concepts of offense/defense as it relates to both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin are taught. Students learn a variety of adaptive skills that are taught during competitive play situations working on all areas of the court.

**TOURNAMENT PLAYER**

This program is designed for players seeking a district, sectional, or national ranking. Emphasis is on advanced tactical, technical and mental toughness in situation based training.

**New Requirement**

All players must have participated in 6 USTA tournaments within the last 12 months and must have a UTR of 4 or higher.

**UPCOMING EVENTS**

**IU JUNIOR OPEN TOURNAMENT**  
(Friday, June 28 - Sunday, June 30)

This is Southern Indiana’s premiere Junior Tennis Tournament. The 28th annual IU Junior Open follows one of our most successful years. The 10s Division uses the Green Dot Ball and plays on the 78ft court.

Boys/Girls, Singles/Doubles: 12s, 14s, 16s, 18s  
Boys/Girls Singles: 10s

**CENTURY SET CHALLENGE**  
(Friday, May 17 – Friday, August 9)

Players’ names are listed on the big board in the lobby as they compete to play as many sets as possible in the 12 week span.

**For more information on upcoming events, contact our Head Pro or Assistant Pros.**

812.855.5750 | iutc@indiana.edu | tenniscenter.indiana.edu
JUNIOR CLINIC REGISTRATION
Summer 2019 | June 3 - July 26

CONTACT INFORMATION
Name:_____________________________________________________
Phone Number:_________________________ Email Address:______________________________
Membership is required. Check one: □ Current Member □ Need to Renew/Join
Emergency Contact Name:_________________________ Phone Number:_____________________

<table>
<thead>
<tr>
<th>Circle Your Level</th>
<th>Day/Time</th>
<th>Circle Desired Dates</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1 (ages 4-5)</td>
<td>T/TH</td>
<td>2:00 - 3:00 PM</td>
<td>JUNE: 4, 6, 11, 13, 18, 20, 25, 27, ALL</td>
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<tr>
<td>Level 2 (ages 6-8)</td>
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<tr>
<td>Level 3 (ages 9-10)</td>
<td>M/W</td>
<td>1:30 - 3:00 PM</td>
<td>JUNE: 3, 5, 10, 12, 17, 19, 24, 26, ALL</td>
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<tr>
<td>Level 4 (ages 10+)</td>
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<td>JUNE: 1, 3, 8, 10, 15, 17, 22, 24, ALL</td>
<td></td>
</tr>
<tr>
<td>Jr. Intermediates</td>
<td>M/T/W/TH</td>
<td>3:00 - 5:30 PM</td>
<td>JUNE: 10, 11, 12, 13, 17, 18, 19, 20, 24, 25, 26, 27,</td>
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<tr>
<td>Jr. Adv. Intermediates</td>
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<td>JULY: 1, 2, 3, 8, 9, 10, 11, 15, 16, 17, 18, ALL</td>
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<tr>
<td>Jr. Advanced</td>
<td>M/T/W/TH</td>
<td>8:00 - 11:00 AM</td>
<td>JUNE: 10, 11, 12, 13, 17, 18, 19, 20, 24, 25, 26, 27, ALL</td>
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<tr>
<td>Tournament Players</td>
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<td>JULY: 1, 2, 3, 8, 9, 10, 11, 15, 16, 17, 18, ALL</td>
<td></td>
</tr>
</tbody>
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Registration Deadline is one week prior to first meeting date for each month. Clinics do not meet Thursday, July 4.

CALCULATE YOUR COST

# of Days_____________ X Daily Rate:_______________ = Total Due: $_______________

AGREEMENT & SIGNATURE

By submitting this application, I acknowledge that I have read and understand the IURS Tennis Center rules regarding Junior Clinics. I agree to abide by the age policies for juniors. I am fully aware that IURS Tennis Center does not offer refunds or credits for absences.

Signature:____________________________________ Date:____________________

OFFICE USE ONLY

Cost:__________ CASH CHECK CHARGE Date Received:_____________ Initials:_____________