Speaker Luncheon Series

Thursday, February 14
University Club Presidents’ Room

Presentation at 11:30 a.m. Lunch following in the IMU Tudor Room

Love and Companionship - Relationships As We Age
Debby Herbenick, School of Public Health

Across their lifespan, human beings have a great need for intimacy and connection. For most people, this includes creating and re-creating romantic and sexual relationships. Dr. Debby Herbenick, Professor at the Indiana University School of Public Health, will share recent research-based findings about sexuality, relationships, and companionship as we age. As lead investigator of the National Survey of Sexual Health and Behavior, Dr. Herbenick’s work has focused on the intimate lives of people from 14 to 102. Her research has focused on sexual pleasure, communication, sexual identity and orientation, painful sex, connection/meaning, among other topics.

In this talk, we will consider: How are women’s and men’s experiences of sex, relationships and marriages similar or different as we age? What contributes to feelings of happiness in our most intimate relationships? What contributes to sexual pleasure and satisfaction? In addition to sharing data on what sex is like, we will also discuss evidence-based ways to enhance sexual and relationship satisfaction.

Passionate about engaging communities in conversations about sexuality, Dr. Herbenick is a bestselling author of six books about sex and love.

There will be no meal served in the University Club. After the presentation, those who desire can have lunch at the Tudor Room. Lunch will be on your own.

Reservations are required. Please call the UClub office at 812-855-1325 or email uclub@indiana.edu. We need to know how many chairs to set for the presentation and call in a group reservation for the Tudor Room.

Deadline for reservations Monday, February 11

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