This preventive services list is a summary to help plan members understand their medical coverage; it is not meant to take the
place of medical care or advice. See also the preventive prescription list at hr.iu.edu/benefits/2016/pubs/Preventive_Rx.pdf.

Members should ask their doctor which exams, tests and vaccines are right for them, when they should get them and how
often. Many preventive services are advised based on age, gender, and the medical history of the patient and family.

In general, preventive services are defined by recognized government agencies and professional organizations such as:

AAFP – American Academy of Family Physicians
AAP – American Academy of Pediatrics
ACIP – Advisory Committee on Immunization Practices
ACOG – American College of Obstetrics and Gynecology
ATP III/NCEP – Adult Treatment Panel III/
National Cholesterol Education Program

**PREVENTIVE MEDICAL SERVICES**

*Effective January 1, 2016*

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**BIRTH TO AGE 18 YEARS**

**Contraceptive Services**

Counseling for Obesity and Diet
Hemoglobin or Hematocrit (blood count)
Lead Exposure
Pelvic Exams and Pap Tests
HPV Screening
Sexually Transmitted Infections
TB Screening

**Immunizations**

Diphtheria, Tetanus, Pertussis
Haemophilus Influenza b (Hib)
Hepatitis A and B

**Lab Tests**

Cholesterol and Lipid Levels

**AGE 19 AND OVER**

**Exam and Assessments**

Blood Pressure, Height, Weight and Body Mass Index (BMI)
Depression Screening
Eye Chart Vision Screening*

**Interventions and Counseling**

Alcohol Misuse
Aspirin Use for Cardiovascular Disease
Breastfeeding
Counseling for Genetic Testing for Breast and/or Ovarian Cancer
Healthy Diet
Obesity
Tobacco Use

**Screenings during Pregnancy**

Asymptomatic Bacteriuria
Chlamydia
Gestational Diabetes Screening
Gonorrhea
Hepatitis
HIV
Iron Deficiency Anemia
Rh Incompatibility
Syphilis

**Immunizations**

Diphtheria, Tetanus, Pertussis
Haemophilus Influenza b (Hib)
Hepatitis A and B

**Lab Tests**

Barium Enema
Cholesterol and Lipid Levels
Colonoscopy or Sigmoidoscopy
Colorectal Cancer Screenings
CT Colonography (as appropriate)
Diabetes (blood glucose)
Fecal Occult Blood
Hemoglobin or Hematocrit (blood count)
Prostate Cancer (PSA)
Sexually Transmitted Infections and HIV

**Well-Woman Services**

Breastfeeding support and supplies (in-network)
Cervical Cancer Screening
Contraceptive Services
HPV Screening
Mammograms
Pap Test and Pelvic Exam

*Visual chart screenings are preventive for children ages 3-5 years. For 2016, adult comprehensive eye exams are part of the Anthem
Blue View Vision plan with a co-pay of $10.00.