

**A PARTIAL LIST OF ELIGIBLE EXPENSES  
FOR HEALTH CARE FLEXIBLE SPENDING ACCOUNT**

(Call The Nyhart Company for further updates, 800-284-8412 or 317-803-7750)

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**EXPENSES ELIGIBLE FOR FLEXIBLE  
SPENDING ACCOUNTS**

**EQUIPMENT & SUPPLIES**

Abdominal supports  
Arches\*  
Artificial limbs  
Artificial teeth  
Back supports\*  
Braces\*  
Contact lenses  
Elastic hosiery\*  
Eyeglasses / Lenses  
Hearing aid and related expenses  
Invalid chair\*  
Orthopedic shoes—excess cost over normal shoes  
Oxygen  
Prescription sunglasses  
Repair of special telephone equipment for the deaf  
Wheelchair  
Wigs, if advised by a doctor as essential to mental health  
of a person who has lost all their hair from disease  
X-rays  
*\*If prescribed by a doctor for treatment of a specific medical  
condition*

**MEDICAL TREATMENTS**

Acupuncture  
Chiropractor  
Fertility treatments  
Healing Services  
Psychiatric care  
Psychologist fees  
Radial Keratotomy  
Refractive surgeries (surgical or laser correction of  
nearsightedness)  
Sterilization  
Surgery for Obesity (with a BMI of 30 and over)  
Treatment for TMJ  
Vasectomy

**MEDICINES**

Birth control pills or other forms of  
prescription birth control  
Insulin, syringes and chem-strips  
Over-the-counter medicines  
Prescription drugs

**MISCELLANEOUS**

Braille books—excess cost over regular books  
Co-insurance or co-payments  
Deductibles

Dental care  
Heart scoring/Body scans  
Kidney donor's expenses  
Legal abortions  
Nurse's board and wages, including Social  
Security taxes  
Nursing homes, if medical care is provided  
Orthodontia  
Physician fees  
Remedial reading for child with dyslexia  
Seeing-eye dog and its maintenance  
Smoking cessation programs and prescription items  
Special school costs for physically or mentally  
handicapped children  
Telephone/teletype costs and television adaptor for  
closed-caption service for the deaf  
Travel expenses—12 cents per mile for medical care  
Wages of guide for blind person  
Weight reduction program undertaken for those with a  
BMI (Body Mass Index) over 30 as indicated by a  
physician

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**EXPENSES NOT ELIGIBLE FOR FLEXIBLE  
SPENDING ACCOUNTS**

Athletic club expenses to keep physically fit  
Babysitting fees to enable you to make doctor's visits  
Boarding school fees for healthy children  
Bottled water  
Cosmetic procedures or surgery (unless needed  
because of injury or disease)  
Cost of trips for change of environment, even if  
recommended by a physician  
Dance lessons  
Funeral, cremation or burial expenses, burial plot  
or mausoleum  
Hair replacement or growth treatments  
Kindergarten  
Marriage counseling fees  
Maternity clothes  
Nutritional supplements, unless available only with a  
prescription  
Premiums for health insurance policies (**including fees  
for health programs for dependent children away at  
college**)  
Retin-A—unless for severe acne  
Special food or beverages  
Toothpaste or toothbrushes  
Veterinary fees for pets  
Vitamins, tonics, etc., even if prescribed by a physician,  
unless available only with a prescription  
Your divorced spouse's medical bills