There are many resources available about sexuality, but sometimes it can be difficult to distinguish the medically accurate materials from the ones that are published for entertainment purposes.

Here’s a list of some credible resources on the market that we recommend you read and use as references. All of the books can be purchased from your local bookstore, favorite on-line bookstore and for a few books – even your Pure Romance Consultant. Be certain to get your hands on the most recently published edition of each book. Additionally, there are always new trends and changes in the field, so be sure to keep up-to-date on the information, medical facts, and research.

Credible Organizations and Websites

**American Association of Sex Educators, Counselors, and Therapists (AASECT)**  
[www.aasect.org](http://www.aasect.org)  
Provides a map of the United States, Canada, and Mexico to locate certified sex educators, counselors, and therapists.

**Ask Patty**  
[www.pureromance.com](http://www.pureromance.com)  
Patty Brisben, CEO and Founder of Pure Romance, tackles some of your most intimate and personal questions regarding sexuality, relationship and sexual health.

**Association for Couples in Marriage Enrichment**  
[www.bettermarriages.org](http://www.bettermarriages.org)  
Promotes better marriage by providing enrichment opportunities and exercises to strengthen couple relationships.

**Centers for Disease Control and Prevention**  
[www.cdc.gov](http://www.cdc.gov)  
A valuable source of research information about sexual behavior and related health issues in the United States.

**Go Ask Alice**  
[www.goaskalice.columbia.edu](http://www.goaskalice.columbia.edu)  
Answers to questions about sexuality and sexual health.

**The Kinsey Institute Sexuality Information Service for Students (KISISS)**  
[www.indiana.edu/~kisiss](http://www.indiana.edu/~kisiss)  
Answers to questions and information about sexuality.

**The Kinsey Institute for Research in Sex, Gender and Reproduction**  
[www.kinseyinstitute.org](http://www.kinseyinstitute.org)
Provides accurate information about sex, gender and reproductive health and research for both men and women.

**Men’s Health Center**  
[www.malehealthcenter.com](http://www.malehealthcenter.com)  
Provides information on a wide variety of issues related to male genital health, birth control, and sexual functioning, from the male perspective.

**National Organization for Women (NOW)**  
[www.now.org](http://www.now.org)  
An organization of women and men who support full equality for women in truly equal partnerships.

**National Women’s Health Network**  
[www.womenshealthnetwork.org](http://www.womenshealthnetwork.org)  
Provides information about a variety of women's health and sexuality related issues.

**Parents, Families & Friends of Lesbians & Gays (PFLAG)**  
[www.pflag.org](http://www.pflag.org)  
Provides support to help both family and friends of gay, lesbian, bisexual, and transgender (GLBT) people, and GLBT people themselves.

**Planned Parenthood Federation of America (PPFA)**  
[www.plannedparenthood.org](http://www.plannedparenthood.org)  
Provides information about relationships, sexuality and sexual health, as well as nationwide health center contact information.

**Rape, Abuse, and Incest National Network (RAINN)**  
[www.rainn.org](http://www.rainn.org)  
Operates the National Sexual Assault Hotline (1.800.656.HOPE) that provides free, confidential counseling.

**Society for the Scientific Study of Sexuality**  
[www.sexscience.org](http://www.sexscience.org)  
A nonprofit organization dedicated to the advancement of knowledge about sexuality.
Credible Books and Resources

A Lifetime of Sex: The Ultimate Manual on Sex, Women, and Relationships for Every Stage of a Man’s Life
Stephen C. George, Ken Winston Caine, and the Editors of Men’s Health Books

Anal Pleasure & Health: A Guide for Men and Women
Jack Morin, Ph.D.

Becoming Orgasmic: A Sexual and Personal Growth Program for Women
Julie R. Heiman, Ph.D. and Joseph LoPiccolo, Ph.D.

The Clitoral Truth: The Secret World at Your Fingertips
Rebecca Chalker

The Complete Dictionary of Sexuality
Robert T. Francoeur, Editor-in-Chief

The Complete Manual of Sexual Positions
Jessica Stewart

Erotic Massage Book
Kenneth Ray Stubbs, Ph.D., Louise-Andree Saulnier

Fearless Sex
Joy Davidson, Ph.D.

For Each Other
Lonnie Barbach, Ph.D.

For Women Only: A Revolutionary Guide to Reclaiming Your Sex Life
Jennifer Berman, M.D. and Laura Berman, Ph.D.

For Yourself: The Fulfillment of Female Sexuality
Lonnie Barbach, Ph.D.

The G Spot and Other Discoveries about Human Sexuality
Alice Kahn Ladas, M.S.S., Ed.D, Beverly Whipple, Ph.D., and John D. Perry, Ph.D.

The Good Vibrations Guide to Sex
Cathy Winks and Anne Semans

Great Sex: A Man’s Guide to the Secret Principles of Total-Body Sex
Michael Castleman
Human Sexuality
Bryan Strong, Christine DeVault, Barbara Sayad, and William Yarber

The Many Joys of Sex Toys: The Ultimate How-to Handbook for Couples and Singles
Anne Semans

The New Male Sexuality
Bernie Zilbergeld

Tickle His Pickle
Sadie Allison

Tickle Your Fancy
Sadie Allison

Orgasms for Two: The Joy of Partner Sex
Betty Dodson, Ph.D.

Our Bodies, Ourselves for the New Century
The Boston Women’s Health Book Collective

Science in the Bedroom: A History of Sex Research
Vern Bullough

Sex: A Man’s Guide
Stefan Bechtel, Laurence Roy Stains and the Editors of Men’s Health Books

Sex for Dummies
Dr. Ruth Westheimer

Sex for One: The Joy of Self-Loving
Betty Dodson, Ph.D.

Sexy Mamas: Keeping Your Sex Life Alive While Raising Kids
Cathy Winks and Anne Semans

The Survivor’s Guide to Sex
Staci Haines

The V Book: A Doctor’s Guide to Complete Vulvovaginal Health
Elizabeth G. Stewart, M.D. and Paula Spencer

What Your Mother Never Told You About Sex
Hilda Hutcherson, M.D.