Mental Health and Chemical Dependency Coverage

IU PPO-Plus and IU PPO $900 Deductible Plans

Medical I.D. cards for IU’s Anthem-administered PPO plans no longer contain specific information about components of the plans that are not provided by Anthem. For this reason, information about accessing mental health/chemical dependency services through IUPM are no longer described on the Anthem I.D. cards. **Detach the card below and keep it with the medical I.D. card.**

**Indiana University Psychiatric Management (IUPM)** is the third party administrator that maintains a network of credentialed professionals and provides prior authorization, case management, and claim payment services for mental health and chemical dependency services in these PPO plans.

*In-Network Benefits:* Full benefits are provided when services are authorized by IUPM and provided within the IUPM network of covered providers.

*Out-of-Network Benefits:* Partial benefits are provided when services are authorized by IUPM and received from Out-of-Network Covered Providers.

No services are covered, except for emergency care, without prior authorization by IUPM.

**IU Employee Assistance Program (IUEAP)** provides confidential counseling when day-to-day activities are interrupted by stress. Obtaining help begins with a phone call – (888) 234-8327. Professionals are available 24 hours a day to determine how IUEAP may assist. Not all problems are appropriate for EAP, but for those that are, a referral may be made for three face-to-face counseling sessions per episode up to a maximum of six visits per employee household each year.

See the respective plan documents for details of plan provisions, or go to [www.indiana.edu/~uhrs](http://www.indiana.edu/~uhrs).